

Around Kirkby Lonsdale

Name the new estate

March 2017

Kirkby Lonsdale is about to have its population increased by more than 10 percent when 78 new homes are built on the Kendal Road North site, better known locally as opposite Harling Bank.

What's it going to be called?

The developers, Russell Armer, have suggested St Marys Park (with no apostrophe!) and the district council, who gave planning permission for the site, have asked for comment. The Town Council, meeting in February, rejected the idea that the developers, based in Kendal, should decide the name for a Kirkby Lonsdale development.

Councillors agreed to offer a prize of £100 for the best suggestion for a name for the new estate, and have asked South Lakeland District Council to postpone a decision until entries are considered. It's hoped to persuade the district council to accept a name proposed from within the community who will host the new development.

Suggested names should be submitted to the Town Clerk, Kevin Price, c/o the Visitor Information Shop, 24 Main Street, Kirkby Lonsdale, LA6 2AE. You can also email your suggestion to lovethelune@gmail.com. Mark your entry 'Estate Name.' Closing date is March 31.



Fairtrade Fortnight 2017

Monday 27 February - Sunday 12 March

The food on our tables, the tea and coffee in our mugs, all from farmers who toil, sweat and slog. However hard they work to provide the things we depend on, millions of farmers in developing countries aren't paid what they deserve. It's not a new problem.

We need to amplify the voices of marginalised producers as much as ever in 2017. When we come together we can change the way people think about trade and the products on our shelves.

Join thousands of others across the UK this Fairtrade Fortnight to help our friends, neighbours, colleagues and communities to put Fairtrade in their break and take exploitation out.

Ask your local cafes and shops for Fairtrade coffee, tea, sugar and biscuits for your break-time.

If you are interested in helping the Kirkby Lonsdale supporters keep Fairtrade status for our town, please contact:

Liz Saunders 72124

Superfast Broadband

The Connecting Cumbria project, with BT providing fibre high speed broadband through the county is progressing well. Only two exchanges remain without a fibre connection. BT are under pressure to connect more rural areas to the fibre network, but they need help.

The ability to push on to reach more remote communities depends on the households who now have fibre connections to ask their internet providers to upgrade them to a superfast broadband package – this doesn't happen automatically and often doesn't cost more. To date, only 32% of properties out of the total connected have done so. BT needs this number to reach 40% to demonstrate there is a need for the service in Cumbria.

This then forces the Government to release further funds in order to cover the costs of reaching all the remote properties and communities in Cumbria. So, if you are in an area that has fibre to its local exchange, and that includes Kirkby Lonsdale, please spread the word about upgrading to 'super-fast broadband' and help get the whole of Cumbria connected!

Deadline for April AKL: Midday Wednesday 15 March. Nothing received after the deadline can be included.

Please email submissions to akl@kirkbylonsdale.co.uk.
Editorial matters: Contact the editorial team at akl@kirkbylonsdale.co.uk
Advertising: For advertising accounts email akladverts@gmail.com
Payment for adverts: Mail to AKL, Lunesdale Hall, Bective Rd, Kirkby Lonsdale, LA6 2BG. For **all other advertising matters:** email alanmuirhead@icloud.com

Kirkby Knit and Natter

Big Spring Stash-buster Sale on Saturday 1st April 1st.

Calling all crafters! Are you having a clear out, need to make room for more craft supplies, want to bust some stash? Kirkby Lonsdale Knit and Natter are hosting the Big Spring Stash-busting event. Fabric, yarn, books, frippery, haberdashery and craft equipment!

Saturday 1st April Lunesdale Hall, Kirkby Lonsdale 10 am - 3pm tables £15.

To book a table please contact Joanne on 07810496175.

Please note this is a sale of crafting equipment only not finished items.

Kirkby Lonsdale Community Trauma Relief

AGM

The Kirkby Lonsdale Community Trauma Relief Fund's AGM is scheduled for Wednesday 22nd March 7pm in the Ruskin Room of Lunesdale Hall. Everyone welcome.

THE CHURCH OF ENGLAND

Rainbow Team: Team Rector: Revd. Richard Snow, The Rectory, Vicarage Lane, Kirkby Lonsdale, Carnforth, LA6 2BA 015242 72044, rector@therainbowparish.org. Team Curate: Revd Anne Pettifor, Cross House, Whittington, Carnforth LA6 2NX 015242 71904, anne.pettifor@btinternet.com. Lay Readers: Mrs Liz Dew, 9 Burton Park, Burton in Kendal, Carnforth LA6 1JB, 01524 781645, mrs.lizdew42@outlook.com, Sue O'Loughlin, Elm Cottage, Elmsfield Lane, Holme, LA6 1RN, 015395 84028. Parish Administrator: Mrs Victoria Hazlett, Parish Office, 1 Bective Road, Kirkby Lonsdale, Carnforth, LA6 2BG, 015242 71320, office@therainbowparish.org. PCC Lay Chair: Mr Merlin Hibbs, Low Fell House, Barbon, Carnforth, LA6 2LJ, 015242 76410, merlin@hibbs.org.uk. PCC Secretary: Sue Pelter, 015242 73284. PCC Treasurer: Mr Robert Cass, 17 Mitchelgate, Kirkby Lonsdale, Carnforth, LA6 2BE, 015242 71218, pcc@casses.plus.com. Assistant Treasurer: Mrs Dilys McLaughlin, Applegarth, 3 Gallery Court, Kirkby Lonsdale, Carnforth, LA6 2AQ, 015242 71164.

Barbon: Churchwarden: Mr Charles Howarth, 3 School Lane, Barbon, LA2 2LP, 015242 76283, c-howarth2@sky.com. DCC Treasurer: Mr Roger Groves, Kemp's Hill, Moorthwaite Lane, Barbon, Carnforth, LA6 2LP, 015242 76322 roger@kempshill.co.uk. PCC Representative: Mrs Lois Neal, Oakbank, Bentinck Drive, Kirkby Lonsdale, LA6 2DE, 015242 72525, loisneal39@gmail.com, DCC Secretary: Mrs Mary Goldie, 11 The Maltings, Whittington, Carnforth, LA6 2NJ, 015242 73839, marygoldie@talktalk.net.

Casterton: Churchwardens: Ron Bulman, Brownthwaite Fold, Casterton, LA6 2SF, 015242 71075, ronald.bulman@btinternet.com and Stephen Evans, The Old Vicarage, Casterton, LA6 2SA, 07973 173546, stephen@evanshart.co.uk. Secretary and PCC Representative: Mrs Gill Sykes, Old Manor, High Casterton, Carnforth, LA6 2SD, 015242 72143, gillsykes.casterton@virgin.net. DCC Treasurer: Mr Tom Herd, Casterton Cottage, Casterton, Carnforth, LA6 2SF, 015242 71203, tom.howgill1@btinternet.com.

Hutton Roof: Churchwardens: Mrs Anne Huntington, The Post Office, Hutton Roof, LA6 2PG, 015242 71213. Mr David Read, Nanny Hall, Hutton Roof, Carnforth, LA6 2PG, 015242 71631, rread831@btinternet.com. DCC Treasurer: Mrs Alison Newton, Low House Hutton Roof, LA6 2PG, 015242 73867, alisonnewton1@gmail.com.

Kirkby Lonsdale: Churchwardens: Churchwardens Team led by Mrs Anne Foulerton, Gatelands, High Biggins, Carnforth, LA6 2NP, 015242 71281, afoulerton@hotmail.com: DCC Secretary: Vacancy. DCC Treasurer: See Mr T Herd (above, Casterton), PCC Representatives: John Preston, The Old Schoolhouse, LA6 2DX, 015242 72509, johnpreston.kirkbylonsdale@gmail.com, Anne Foulerton (as above) and Mary Blanchard.

Lupton: Churchwardens: Mrs Margaret Lambert, Brow Head, Cow Brow, Lupton, LA6 1PJ, 015395 67478, Mrs Grace Lewis, Middle Fell House, Lupton, Carnforth LA6 2QB, 015395 67406. DCC Secretary: Mrs Eleanor Higton, Hill Crest, Cow Brow, Lupton, LA6 1PJ 015395 67521, eleanor_higton@yahoo.co.uk. DCC Treasurer and PCC Representative: Mr Arthur Oakden, Tarnside House, Lupton, LA6 2PP, 015395 66945, lindseyoakden@hotmail.co.uk.

Mansergh: Churchwarden: Mrs Wendy Hadwin, Mansergh Hall Farm, Mansergh, LA6 2EN, 015242 71397. DCC Secretary: Mrs Sue Harrison, Belle Vue Farmhouse, Mansergh, LA6 2EJ, 015242 72448, harrison.bellevue@btinternet.com. DCC Treasurer: Mrs Ann Humphries, The Gate House, Old Stable Yard, Rigmaden, Mansergh, LA6 2ET, 015242 76526, ahumphries123@btinternet.com.

Middleton: Churchwarden and Treasurer: Mr Peter Yorke, Eilers, Middleton, LA6 2LZ, 015242 76420, pmyorke@aol.com, DCC Secretary: Anne Dehany, Smailthorn, Middleton, Kirkby Lonsdale, LA6 2LY, 015242 76075, anne.dehany@gmail.com.

Preston Patrick: Churchwardens: Mr Tony Mason, Mount Pleasant, Gatebeck, LA8 0HS, 015395 67353, masonsmp@btinternet.com, Mrs Sue Sanderson, The Old School, Knott Edge, Crooklands, Nr. Milnthorpe, Cumbria, LA7 7NR, 015395 66967, susansanderson@live.co.uk. DCC Representative: Mrs Yvonne Lucas, 5 Eaveslea, New Road, Kirkby Lonsdale, LA6 2AB, 015242 72791. PCC Representative: Mrs Jean Fry Apartment D, 17 Windermere Road, Kendal LA9 4QJ 01539 454365, roytfray@googlemail.com. DCC Treasurer: Mrs Tina Allen, Gatebeck Cottages, Gatebeck LA8 0FS, 015395 67687.

C. OF E. SCHOOLS: St Mary's Primary, Kendal Rd, Kirkby Lonsdale, LA6 2DN, 015242 71334. St Patrick's, Endmoor, Kendal, LA8 0HH, 015395 67388.

THE METHODIST CHURCH: Rev'd Wendy Thornton, Kendal Methodist Circuit, 015242 62758 or mobile 07788 653 000, wendy.thornton@methodist.org.uk.

ST JOSEPH'S RC CHURCH: Back Lane, Kirkby Lonsdale. Sunday Mass, 9am. During the week, as announced. Parish Priest Canon Luiz Ruscillo, The Presbytery, St Mary's RC Church, Hornby. Tel. 015242 21246.

FRIENDS' MEETING HOUSE: Preston Patrick Sundays 10.30, Warden 015395 61163. Brigflatts Sundays 10.30am, Warden, 015396 20005.

VOLUNTEER DRIVER SCHEME: 07788 52 25 11

CUMBRIA POLICE: Emergency 999, non-emergency 101

From the Team Ministry

March 'In like a Lion, out like a Lamb'

In the UK we are known for being pre-occupied with the weather! Casual conversation inevitably includes a post-mortem of yesterday's weather with our own prediction of what tomorrow will look like! Last year Cumbria experienced Storm Desmond and the terrible flooding and chaos it caused. Farmers have their own instinctive methods of predicting the weather through observing animal behaviour and reading the sky and cloud formation.

My mother used to say that cats washed their ears before it was due to rain!! Our weather can be so variable that one never knows how to dress. You can guarantee that this time of year the conditions can swing from being bright and almost warm, to hail and snow, and you're either too hot or too cold! In fact the long range forecast at time of writing predicts we may get a dose of snow in the North during March.

The seasonal proverb 'March comes in like a Lion and goes out like a lamb' is purported to date back to the 17th century, with one later citation found in Thomas Fuller's 1732 compendium of proverbs. March is the month of transition between winter and summer and of course it doesn't always go out like a lamb! According to another theory the proverb has biblical resonance, Jesus' first appearance was as the sacrificial lamb, but he will return as the Lion of Judah, hence those symbolic animals. Or perhaps the comparison is drawn from the idea of both extremes of weather in one month; a metaphor for the Prophet Isaiah's biblical Wolf led by a child lying with the Lamb, a promise of Restoration and peace.

Whatever the phrase or parable is the season of Lent is a time when the first signs of new life appear; we have seen the new lambs and snowdrops and daffodils reminding of new life and hope. Easter is on the Horizon, but we are not quite out of winter, that time of in-between, of transition. Lent is traditionally a time of waiting, of self-denial, of perhaps giving up things in order to review our lives and reflect on what is really important. Lent is an invitation to make a change, to deal with the clutter that fills our lives, to have a Spring clean if you like after the winter.

Perhaps this year as you respond to the changes in the weather, by planning a holiday, cleaning the house, washing the curtains and starting work on the garden you could consider where God may be present in the

people you meet, in the beauty of the surrounding hills and valleys, or in the changing of the seasons.

I'll leave you with with the lyrics of a favourite song of mine by Nichole Nordeman.

Every Season

Nichole Nordeman © 2009 Sparrow Records

*Every evening sky, an invitation to trace the patterned stars,
and early in July a celebration, for freedom that is ours.*

*And I notice you in children's games,
in those who watch them from the shade.
Every drop of sun is full of fun and wonder;
You are Summer.*

*And even when the trees have just surrendered
to the harvest time.*

*Forfeiting their leaves in late September and
sending us inside.*

*Still I notice you when change begins and I am
braced for colder winds,
I will offer thanks for what has been and what's
to come;*

You are Autumn.

*And everything in time and under heaven
finally falls asleep.*

*Wrapped in blankets white all creation, shivers
underneath.*

*And still I notice you when branches crack, and
in my breath on frosted glass,
even now in death you open doors for life to
enter;*

You are Winter.

*And everything that's new has bravely
surfaced teaching us to breathe.*

*What was frozen through is newly purposed,
turning all things green.*

*So it is with you and how you make me new
with every season's change and
so it will be as you are re-creating me;
Summer, Autumn, Winter, Spring.*



Sight Advice South Lakes

Are you struggling with your sight?

Sight Advice South Lakes is a voluntary organisation supporting people who have sight loss. You do not have to be registered to get help and we can offer practical support and demonstrate equipment to aid independence in the home. If you have been to the opticians within the last six months, have an up to date prescription, but are still struggling to see print you can self refer to the Kendal Low Vision Clinic by phoning 0844 824 8799. We have now moved to The Bradbury Centre, 116 Highgate in Kendal next to the Brewery Arts Centre. We have a range of lighting, easy to see equipment and talking equipment. If you are unable to get into Kendal, I can visit you at home to explain about the support available.

We have a support group that meets on the second Tuesday of the month in the Methodist Church Hall in Kirkby Lonsdale and are looking for new members and volunteers to help run the group and think about other activities we could do. If you would like a home visit or wish to chat further about our support group, please contact Scott Hemsley on 01539 769055.

Casterton WI

It was good to see so many members at the February meeting – the first of 2017 – when President Gill Sykes welcomed everyone, including two new members. Gill will be our delegate at the Annual Meeting to be held this year in Liverpool. The Famous Women Quiz, launched last year, turned out to be a very successful money-raiser – 198 copies were sold - £86 of the total raised will go to Casterton WI funds.

The speaker for the evening was local author, Jean Briggs, who spoke on the subject 'Dickens Turns Detective'. Taking his fascination with the London underworld evident in novels such as Oliver Twist and Bleak House as her starting point, Jean decided to write a series of crime novels with Dickens as the detective. Three books have now been published and a fourth is on its way. A fascinating idea, her account of its development keeping the audience enthralled. The speaker for next month's meeting on 1st March is Lynne Pritchard who will be giving 'An Introduction to Genealogy'. Members have been invited to bring an item handed down in the family that they would like to share with the group - an idea sure to start some interesting conversations.

Casterton WI is always happy to welcome new members. Our meetings are held on the first Wednesday of the month at 7.30 p.m. in Casterton Village Hall. Further information can be found on our website – caster-tonwi.co.uk.

Kirkby Lonsdale and District Civic Society

The 2016-17 series of winter talks concludes on Monday 13th March 2017 at 7.30pm in the Lunesdale Hall, New Road, Kirkby Lonsdale, with the AGM followed by:

'The Workman Brothers – Pioneers Of The Wild West' By John Sharpe

The extraordinary tale of the exploits of these two brothers from the Eden Valley will be revealed by historian, John Sharpe. They arrived in Missouri in 1822, hired Kit Carson as a saddler and led wagon trains westward with parties of settlers. Facing everything from fire and flood, to armed clashes with Indians and Mexicans, they eventually reached California. Through successful dealings they became very wealthy – even owning Alcatraz Island. John is an excellent storyteller – another unmissable evening.

Admission £2.50, including refreshments.

Everyone welcome.

Leck School News

Mini Macbeth Day

The upper juniors had a fantastic experience when two actors came in from Shakespeare4kidz to do an amazing day of Macbeth workshops. At the end of the day, the upper juniors from Leck and Hornby put on a brilliant shortened version of Macbeth. The company were very experienced and the children loved the day.

B.F.G Day

Whilst the upper juniors were having their Mini Macbeth day, the other children had a great time exploring Roald Dahl's B.F.G. They did activities like making dream-catchers in the morning then rounded it off with a screening of the film itself.

Young Voices

The juniors have been busy preparing for the young voices concert coming up in February. They have been hard at work learning the songs and Mrs Lawrence, our fantastic music teacher, has taught them really well and they are sure to be amazing on the night. A once in a lifetime experience!



Police Report

4/2 – 2 bags were stolen from outside a car near to QES, the caller left them unattended for a short while. Bags described as, a green 'jeep' bag containing a LENOVO laptop, and a Berghaus rucksack containing various branded training gear.

5/2 – A safe was stolen from the Methodist church, no money was inside. Safe is described as 3ft high by 2ft wide.

7/2 – Cold calling was reported in KL, did you know you can set up a no cold calling area? If you would like more information then please email me on Amanda.coleman@cumbria.police.uk

12/2 – Cash was stolen out of a handbag from Plato's. Please do not leave your personal items unattended.

In the surrounding area 2 persons were arrested within the hour of caller reporting the crime. Persons arrested for tool thefts from vehicles at Jct 38. A rapid response from the victim and officers.

Cumbria Police and Cumbria's Police and Crime Commissioner are urging dog owners to keep their pets on leads when near livestock. In 2016 there were 31 incidents of sheep worrying – which includes attacking or chasing livestock - reported across the force. Cumbria Police also received 44 complaints of sheep attacks last year, and in half of these (22) incidents one or more sheep were killed.

It is an offence to allow a dog to worry livestock and in some circumstances landowners have a defence in law to shoot dogs that are endangering their livestock.

Garsdale farmer Ian Calvert was forced to put some of his sheep down after becoming the victim of worrying.

'It is soul destroying, and completely out of my control. There is a footpath which goes across my field and I purposely don't put my best sheep there because I can't control other people's dogs. I understand that dogs don't do it on purpose but I won't tolerate it anymore.'

Police have the power to seize a dog to prevent worrying, and an owner can be fined up to £1,000 for the offence.

Superintendent Gary Slater said: 'Worrying is a very serious issue and one that the police take seriously. The issue of sheep worrying is more pertinent to highlight at this time of year, as lambing season approaches. A dog does not have to physically attack livestock to cause harm – even chasing them can cause distress and easily cause a pregnant sheep to miscarry lambs.

'We have provided posters for farmers to display to remind dog owners of their responsibilities, and we will be taking a proactive approach and positive action against those that allow the offence to occur.'

Cumbria's Police & Crime Commissioner Peter McCall:

'Sheep worrying is an issue that is often raised by members of the public when I am out and about, which is why I am keen to get the message out there about the need for people to take responsibility for their dogs. People need to understand that the worrying of livestock can have devastating consequences for animals and for farmers and their businesses.'

Anyone who wants to report an incident of sheep worrying should call Cumbria Police on 101 or Crimestoppers anonymously on 0800 555 111.

If you would like a poster then please email me on amanda.coleman@cumbria.police.uk
PCSO 5244 Mandy Coleman.



Avoiding debt if you're out of work

'I was made redundant last month and I've already started to fall behind on my bills. I'm looking for work, but is there anything I can do so I don't end up in debt?'

First, check that you've been paid any redundancy money you're entitled to, if you've been in the job two years or more. If this is not clear on your final payslip, contact your employer.

Then look at ways to boost your income. See if you're eligible for benefits like Jobseeker's Allowance with Citizens Advice's benefits calculator (www.citizensadvice.org.uk). You could also check if you can make savings on your bills, for example by switching to a cheaper gas or electricity deal.

Pay your rent or mortgage and council tax bills first as there can be serious consequences for missing payments. Try to negotiate lower repayments on your mortgage or credit cards to give you some breathing space.

For further help managing your money, contact South Lakes Citizens Advice.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. We have various outlets across South Lakeland and can also give advice over the phone – telephone 03444 111 444 for an appointment and help, 015394 46464 for on-going enquiries. South Lakes Citizens Advice is a registered charity, No: 1118656 and company limited by guarantee, No: 6113551. FRN: 617574

From the Chapman Family

As a family we were all devastated to lose our amazing David in January. We have been overwhelmed by the kindness and support we have received from the community and the wider area.

We would like to thank all the many friends and neighbours who looked after us by making food, cakes and for just being there with a hug and words of comfort.

Kirkby Lonsdale is definitely blessed with fantastic doctors and district nurses who have given us support over the last 4 years of David's illness and then helped us to keep David at home in the final few weeks of his life.

We also wish to mention Richard Snow who spent time with us at home and who made the funeral service so beautiful. Finally our thanks go to James Macdonald the funeral director who guided us through what were some of the hardest days just after David had passed away.

Much love to you all 'The Chapman family'

New Advertisers

Local businessmen and tradesmen know the value of advertising in AKL. It's used regularly by readers to find local help when it's needed.

Around Kirkby Lonsdale values the support it receives from advertisers, who help to defray the production costs.

We're always sad to lose an advertiser, but this month we welcome two or three new advertisers, so we urge readers to cast an eye over the advertising pages to see just what a range of services and facilities is available in and around the Lune Valley.

Christians Against Poverty

You are warmly invited to a concert by the Lakes Gospel Choir (Windermere based) on Saturday 25th March 2017 at 7pm in St Mary's Church, Kirkby Lonsdale.

Tickets are £7 each (Under 16 years free). A proportion of the money raised will be for Christians Against Poverty, a debt relief charity based in Bradford, with a percentage helping the Lakes Gospel Choir Charity No1117440.

Tickets can be purchased from the Kirkby Lonsdale Information and Gift Shop (01524271437) or from Christine Wightman (01524221410 or 07962805642) who with her daughter Sally is arranging this concert. There will be the option of purchasing on the door.

Come and enjoy a professional evening of music, worship and celebration to inspire and uplift.

NHS Emergency Eye Care

Collinge Opticians in Market Street Kirkby Lonsdale are accredited to provide a new eye service called MECS (Minor Eye Conditions Service). This is an NHS funded community service scheme which is operated on behalf of Morecambe Bay NHS trust.

The service is available to anyone who is registered with any medical practice in the South Cumbria and North Lancashire area. The Optician has undertaken further training and qualifications to manage many of the eye conditions that would normally have needed a trip to the doctor or hospital eye clinic meaning long journeys, waiting times and inconvenience.

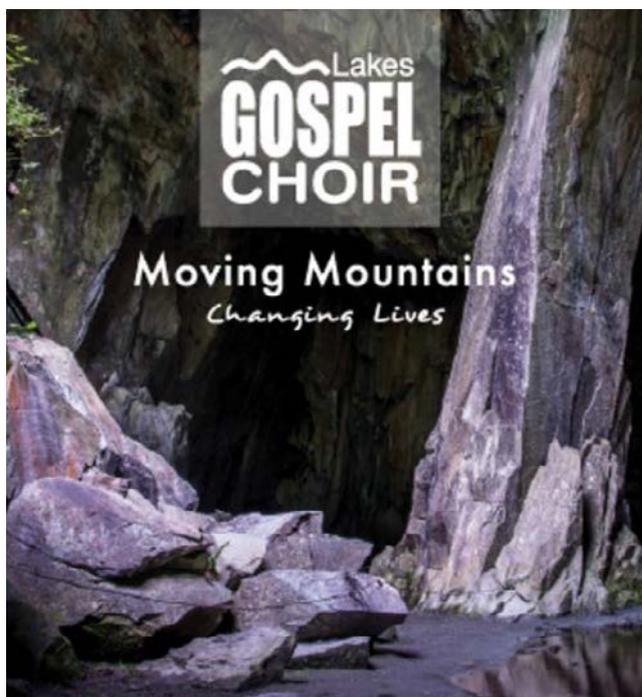
The same service is now provided locally at Collinge Opticians in a convenient and timely manner. To satisfy requirements new equipment and technology are being utilised. In many cases a same day appointment is available as well as expert advice to give you full peace of mind.

You can book a MECS appointment for yourself directly with Collinge Opticians on 015242 72944. You may also be referred to us by your GP, pharmacist, NHS111 or a non-accredited optician.

You do not have to be an existing patient to qualify for a MECS appointment, so if you have any eye related problems, simply get in touch.

MECS conditions include – Flashes and Floaters, Red or Stick eyes, Reduced vision, Foreign bodies in the eye, Eye injuries, Watering or Dry eyes, Eye lid lumps etc.

For all appointments and enquiries call 015242 72944



From Cllr Nick

January, February and March are prime months for litter picking: the vergeside vegetation has died back, making it easy to spot the motley selection of rubbish that people throw out of car windows. The equation is simple - the busier the road, the more litter you will find in the verges. It consists of what you might expect - plastic bags, cigarette packets, crisp and snack packets, sweet wrappers, empty drink cans and bottles and packaging from takeaway meals and drinks. To add variety there is the odd hub cap or car part and the ubiquitous black plastic from bales of hay.

I will have covered over 80 miles by the end of March, aiming to clear most of the B roads and minor lanes in the Sedbergh and Kirkby Lonsdale division and some neighbouring parishes, from well up the Lune Gorge near Tebay south through Sedbergh and then either side of the Lune Valley through the parishes of Firbank, Killington, Mansergh, Dent, Middleton, Barbon and Casterton.

It is clear I am not alone! There are some sections, especially the lanes between Casterton and Barbon on the east side of the river, and around Rigmaden on the west side of the river where people go out on regular picks.

The routine is fairly simple - I choose days when it's not howling with wind nor pouring with rain and certainly days when there is no snow on the ground then aim to be out for 2-4 hours. On the B roads or wider and busier minor roads I will walk up one side of the road, then walk back down the other side to where I started from.

On some of the narrower minor lanes where there is less litter I have worked out a series of loops which bring me in a circuit back to the car. The only equipment I need is a pair of 'grabbers', a roll of black bin bags, some gloves and a hi-viz jacket. As I go along I fill up the bags then leave them in laybys etc to pick up in the car when I have finished and drop them in a place agreed with SLDC for them to collect.

Walking so many miles and seeing the roads close up also gives me the chance to photo or fix other things such as drains covered over with leaves and mud or signs and lines that need some attention.

A morning spent litter picking certainly makes me feel I have achieved something and I have taught myself to be less annoyed than I used to when I see litter appearing again on sections that I have recently cleared. If anyone feels they can keep a section of road clear of litter on a regular basis I can provide them with a hi viz jacket and a pair of grabbers.

Cllr Nick Cotton n.cotton@southlakeslibdems.org.uk

Auction Mart Yard

Kirkby Lonsdale Town Council is pursuing its efforts to establish the existence of a right of way between Market Square and Back Lane through Auction Mart Yard. Many people have come forward to say they used the footway for more than 30 years, but formal evidence is required to help persuade Cumbria County Council to designate a legal right of way.

The Town Council invites anyone who has personal experience of walking unchallenged through Auction Mart Yard between Market Square and Back Lane, to contact the Town Clerk. They are asked to show - with a drawing if possible - the route they took through the yard, and to say how long they undertook such a walk.

Write to the Town Clerk, Kevin Price, at KLTC, Braeside, Low Greenhills, Crook, Kendal, LA8 8LA, enclosing a sketch of the route followed.

The [Lunesdale Hall] 100 Club

Prize Draw Results for February 2017.

Each monthly Draw offers prizes of £25, £15 and £10 respectively to the first three numbers selected at random.

February 2017

1st Prize (£25) Draw No. 87

2nd Prize (£15) Draw No. 27

3rd Prize (£10) Draw No. 34

The next draw will be held on Wednesday 1st March 2017 in The Lunesdale Hall (prior to the Town Council meeting).

For more information or to request membership details, contact The Administrator: Cllr. G. Buswell Tel.: 71630 e-mail: kl100club@gmail.com

A Festival of Sausages

Country Harvest, near Ingleton, from Thursday, May 4 to Saturday, May 6.

Free sausage tastings, fun competitions and demonstrations are being planned along with a fundraising charity event to support North West Air Ambulance. As part of the Festival the Food Hall is asking for people to come up with their favourite, unusual flavours of sausage. The winning sausage flavor will then be created by the butchery team and put on sale in store. The winner will receive a sausage-related prize. Entries should be emailed to suecountryharvest@gmail.com or send them to Sausage Competition, Country Harvest, A65, Ingleton, LA6 3PE.

The Rotary Club of Lunesdale

A Bonanza Cake Sale Saturday 25th March, Lunesdale Hall. Mother's Day will be here once again on Sunday March 26th. Why not give Mum a real tastebud treat with some delicious home baking that she has not baked herself. There will be an amazing choice so be sure to come early. Bring family, friends and neighbours and support the 10 very deserving charities who will all be selling a variety of irresistible home made cakes from 10.30am - 2pm. Tea/coffee and delicious scones will also be on sale so why not come along and enjoy enjoy a leisurely morning break and chat with friends?

A choice of home made soups and bread prepared by Kirkby Lonsdale Girl Guides and Rangers, under the expertise of Jane Sutton, will be available to buy for lunch. Members of the Rotary Club and all the participating charities look forward to seeing you at this unique event. If you would like to bake and donate a cake please call 015242 73166. It would be greatly appreciated.

February 23rd is Rotary Day and 112 years since this world wide organisation began in Chicago. Today there are 33,000 clubs around the world and 1.2 million members. As I write this article early in February I can reveal that on the morning of the 23rd of February we look forward to being featured in Radio Lancashire's morning programme from the Castle Inn Hornby 9.30 am to 12 noon. You might have heard it. It is planned that the theme of the broadcast will promote the centennial anniversary of the Rotary Foundation. This is a non-profit organisation that supports the efforts of Rotary International to achieve world understanding and peace through international humanitarian, educational, and cultural exchange programs.

In the evening of the 23rd the club holds its annual International Supper and Auction at Tunstall Village Hall. This always proves to be a great evening. About 80 people will enjoy a meal, participate in a fundraising raffle but above all be totally entertained in the fascination of the auction with numerous great "lots" up for grabs. All the money raised is donated to deserving international charities which the club supports.

www.lunesdalerotary.org.uk

Photographs?

10 Main St. Kirkby Lonsdale

We wondered if anyone has any old photographs, showing our house, we are trying to piece together its history and how it looked, especially when it had railings. We would be very grateful for anything out there.

John Short Tel. 71268

Cumbria Wildlife Trust

Wednesday 22nd March 7.30pm - 9.00pm
Worms - life in the soil: A fascinating talk by Trevor Pearce about the world beneath our feet and the importance of worms. A recommended donation for adults is £2 and children are FREE. Tea and biscuits will be served at the end.

Wednesday 12th April 2.00pm - 4.00pm
Family spring walk at Silverdale: Join Liz and Roger Neale on this circular walk as we look for signs of spring, in particular in the trees, and enjoy panoramic views of Morecambe Bay. Activity sheets will be provided for children. Booking required, donations welcome on the day. Meet at Woodwell Lane Car Park, GR: SD 464 744.

Saturday 22nd April 10.00am 12.00noon
The annual coffee morning for the Kirkby Lonsdale Local Group will be held at the Kirkby Lonsdale Lunesdale Hall. There will be a raffle, fun quiz, plant stall and home produce stall. Everyone is welcome. Entry is £1.50 for adults and Children are FREE. Refreshments are included in the entry price.

Leck Baby and Toddler Group

We run a very friendly Baby & Toddler Group every Friday, 09.30 - 11.30 at Cowan Bridge Village Hall.

Please come along, make you and your child(ren) comfortable, grab a drink and relax. We have an area for babies with plenty of seats so you can have a chat with other parents and feed your baby in comfort.

For toddlers, there are a wide selection of toys available and on nice days, we open the enclosed outside space. We provide a craft activity each week, have snacks and drinks for the toddlers and finish each week with some singing.

Our group is run by parents and carers and we are very grateful for everyone who attends for mucking in and helping. Don't worry whilst your baby is small though (we've all been there - just getting out of the house is a massive achievement, well done you!).

We welcome our Health Visitor once a month. If you would like to see her, please sign in on the sheet at the back as you arrive.

We ask for £2 per family per session towards running costs.

We hope to see you on Friday!

If you have any questions, please contact Angela anahgm@yahoo.com

LADFAS Report

“Capability Brown and the Eighteenth Century English Landscape – The Birth and Death of the English Landscape Movement”

James Bolton gave an absolutely spell-binding talk on Capability Brown and the English Landscape Movement. In the seventeenth century many of our cultural ideas and aspirations were inspired by the court of Louis XIV, and garden design was no exception. The ideal was formal geometric design, water fountain and a long green vista with one's eyes drawn towards a monumental statue. All was enclosed on each side by vistas of rows of trees – with little or no natural elements to be seen. This was exemplified by the gardens at Hampton Court. At the end of this century things began to change.

In 1703, when Vanburgh built Chatsworth House for Lord Carlisle, the English began to go on the “Grand Tour” to Italy and Italian natural landscapes began to be the vogue. The classical landscape pictures of Claude Lorraine influenced how the nobility began to see their estates. The Stuart dynasty had been replaced by the Hanoverians and English nobility no longer looked to France for their cultural inspiration! Chatsworth was the first great house to be built with a ‘Ha Ha’ – a sunken ditch which did not impede the view. This was power gardening when one's whole estate could be seen at a single glance.

Brown was born in 1716 to a farm labourer on the Kirkham Harle estate. Although there is some doubt about his actual parentage as he was nurtured and educated to a high degree by the owner of the estate, and when grown did much work in designing and modernising it. This was a time when timber was a lucrative crop as oak was used in the building of the English naval fleet. This

fitted in well with the current naturalistic garden design, as too were the expansive fields of grass which swept down from house to lake. These fields could be cropped for hay to feed the horses which were the main means of transport all over the land.

With the “Grand Tour” came the desire to build great houses in the Palladian Style and with these houses, great naturalistic looking gardens. Brown perfected these designs carving out great lakes where none had been before and designing tree plantations to give the maximum exposure to the lands of the estates. Stowe was the first great house to have its garden greatly altered by Brown and it almost became a prototype for the many other great houses he worked on. Among these great houses were Croome Court, Burley, Audley End, Syon House, Longleat, and Blenheim. When one looks at these great gardens one is totally deluded into thinking that they have always existed in these perfect landscapes! What is not often known is that not only was Brown a prolific garden designer but that he was a talented and prolific architect! Repton was to end this naturalistic fashion of garden design. But our love affair with Brown's designs continue to this day. When Rutland Water was designed it was done with roughly the same elements that Brown used in all of his designs!

The next talks will be **Tuesday 21st March** when Christopher de Hamel *BA DPhil FSA* will give a talk entitled “**Elephants and Archbishops: Matthew Parker and his Medieval Manuscripts**”, and **Tuesday 18th April** Amanda Herries *MA* will give a talk entitled “**Skin Deep – The Beastly Art of Beauty: Reality and Ridicule**”. The venue is Borwick and Priest Hutton Memorial Hall. All lectures start promptly at 2.15 pm. Lectures are for members only. Fanny Leech, Old Manor House, 14 Mill Brow, Kirkby Lonsdale.

get great rewards with MyKL Your local loyalty card



MyKL is for you if you live or work in Kirkby Lonsdale.

For just £7 per year card holders are entitled to a range of offers at local businesses in or around Kirkby Lonsdale.

You can purchase your MyKL at the Visitor Information & Gift Shop on Main Street. You will need to bring a form of ID to show that you are a resident of LA6 or work in LA6.

Reach thousands of customers from just £3 per week!



www.kirkbylonsdale.co.uk/advertise

Advertising on the Kirkby Lonsdale website is very easy, and great value for money as well. There is one simple quarterly price of £90 and each advert is shown on every page throughout the website. Kirkby Lonsdale Chamber of Trade members' enjoy a discount of 50%.

The website receives thousands of visitors every month, ranks highly in Google and is the premier source for local visitor information as well as news and events.

Book 12 months up front and you'll receive an extra 3 months of advertising for free!

MyKL LOYALTY CARD OFFERS for MARCH 2017

www.kirkbylonsdale.co.uk/mykl

Going into Kirkby? ... remember to take your MyKL card, and make the most of this month's offers, including delivery of Mother's Day cards and chocolates from The Chocolate Shop. If you don't have a card yet, apply for yours today through the Tourist Information & Gift Shop at 24 Main Street, or online, and encourage your friends and family to buy one as well. The Chamber of Trade is pleased to welcome Millybobs, The Bath House and Hipping Hall Hotel who have joined this month. If other businesses would like to get involved in supporting the town through the Chamber of Trade and MyKL, please contact Caroline on 015242 72137.

£5 off Treatments & Gift Vouchers

Dr. Zoe Pirie: Mindful Yoga, Shiatsu, Reiki, EFT

LUNESDALE THERAPY CENTRE & BARBON VILLAGE HALL

Tel: 07483 214210
www.yoga-shiatsu.com
email@yoga-shiatsu.co

10% off fragrance candles & half-price children's toys (excluding Peter Rabbit)

AT K70 OOH-LA-LA!

52 Main Street, Kirkby Lonsdale LA6 2AJ

20% off all stock

AT CARR & BLEASDALE

26-8 Main St., Kirkby Lonsdale LA6 2AE
TEL: 015242 71261

£5 off Treatments or Gift Vouchers OR an extra 10 mins passive stretching per 1 hour treatment

with Yvonne Cervetti: Clinical Massage & Myofascial Release

LUNESDALE THERAPY CENTRE

Lunesdale Hall, Bective Road, KL LA6 2BG
Tel: 015396 21303, Mob: 07795 063107
FB: YvonneCervettiMassage

5% gardening tools & sundries (not plants and seeds)

AT LUNESDALE HOME & GARDEN

54-6 Main St, Kirkby Lonsdale LA6 2AJ

Book 3 Nights and get 4th free on selected properties

Holidays must be taken by 31 March 2017

MILL HOUSE COTTAGES

info@millhousecottages.co.uk
TEL: 01524 276500

£10 off initial consultation with Marie Watson MNIMH Medical Herbalist

LUNESDALE THERAPY CENTRE

Lunesdale Hall, Bective Road, KL LA6 2BG
Tel: 015242 732665, Mob: 07538 178123
www.herb-medicine.co.uk

10% off new zips in any clothing

AT SEW WHAT?

2 Chapel Close, Kirkby Lonsdale LA6 2SH
TEL: 07766711288

Spend over £7 and receive a free ceramic mouse handcrafted by Ingleton Pottery - cute and ornamental, requires no feeding and won't chew through cables or frighten your cat!

INFORMATION/GIFT SHOP

24 Main Street, Kirkby Lonsdale LA6 2AE
Tel: 015242 71437

A free pair of girls' socks with each pair of shoes (size permitting)

AT LITTLE WALKERS

18 Mkt Street, Kirkby Lonsdale LA6 2AU
TEL: 015242 72726

10% off all pearl jewellery

AT SIENNA JEWELLERY

37 Main Street, Kirkby Lonsdale LA6 2AH
TEL: 015242 72121

10% off £40 Vouchers or 1-2-1 sessions

Alison Marsden: Alexander Technique /Healthy Eating

LUNESDALE THERAPY CENTRE

Lunesdale Hall, Bective Road, KL LA6 2BG
Tel: 015242 73291, Mob: 07929 151240

25 items ironed for £21 (not bedding)

AT THE DOBY BASKET

5 New Road, Kirkby Lonsdale LA6 2AB

Free delivery to any address in the UK plus a free greetings card (in total worth a minimum of £6) when you spend over £10

AT CHOCOLAT

3 New Road, Kirkby Lonsdale LA6 2AB
Tel: 015242 72830

PLUS 10% OFF ALL ORDERS OVER £10

Make-up advice & lessons with Lauren, on a Wed for £10

AT LOVE BEAUTY

31 Main Street, Kirkby Lonsdale LA6 2AH
TEL: 015242 73520

10% off any purchase when you spend over £10

AT THE CARD GALLERY

62 Main Street, Kirkby Lonsdale LA6 2AJ
TEL: 015242 71237

10% off, when you spend £20 or more

AT PARMA VIOLET

45 Main Street, Kirkby Lonsdale LA6 2AH
TEL: 015242 72585

10% off all purchases (not under other offers) Monday to Wednesday

AT DALES BUTCHERS

2 Main Street, Kirkby Lonsdale LA6 2AU
TEL: 015242 71278

Eating in Kirkby? Check out the food & drink offers below:

LOYALTY CARD OFFERS for MARCH 2017

Free scone with butter and jam or pastry, when ordering 2 coffees
AT PLATO'S

15% off food purchases Mon-Fri up to 5pm

AT THE ROYAL HOTEL

*Main Street, Kirkby Lonsdale LA6 2AE
Tel: 015242 71966*

10% off any full price meals (excludes special offers)

AT THE ORANGE TREE

*9 Fairbank, Kirkby Lonsdale LA6 2BD
Tel: 015242 71716*

Purchase any coffee maker (Aeropress or V60 dripper) and get a free 250g of coffee
AT KIRCABI ROASTERS

Cream Tea for £5, or Cream Tea with bubbly for £6

AT THE CROSSING POINT CAFE

*7 Market Sqr, Kirkby Lonsdale LA6 2AN
Tel: 015242 98050*

Get a free hot drink when you order the Best Bacon Bap

AT NUMBER 44

*44 Main Street, Kirkby Lonsdale LA6 2AJ
Tel: 015242 72160*

Kirkby Lonsdale Chamber of Trade Members Directory

Please support your Kirkby Lonsdale retailers and where you can SHOP LOCAL! If you are not yet part of the Chamber and particularly if you have a retail business in the town then please consider joining. You can't be part of the new MyKL scheme unless you join. See www.kirkbylonsdale.co.uk or call Caroline on 015242 72137 for more details.

Shops

Abrahams Store

015242 72299

Booths Supermarket

015242 73443

The Card Gallery (Cards & gifts)

015242 71237

Carr & Bleasdale (Home furnishings & fabrics)

015242 71261

China Bull Emprorium (Kitchenware & Gifts)

015242 71265

Chocolat (Speciality chocolates & home of the Enchanted Chocolate Mine)

015242 72830

Dales Butchers

015242 71278

Edge Of The World (Outdoor clothing, footwear & lifestyle fashion)

015242 71390

H.T. News (Newsagents)

015242 71357

Holly's Cakes & Bakes

07966 294724

Kirkabi Roasters (Freshly ground coffee)

07722 701713

Kirkby Lonsdale Visitor Information & Gift Shop

015242 71437

K70 Ooh-La-La! (Fashion & gifts)

015242 73006

La Maison (Lifestyle emporium)

015242 71223

Little Walkers (Children's shoes)

015242 72726

Lunesdale Bakery

015242 71296

Lunesdale Home, Garden & Hardware

015242 72751

No. 9 (Ladies fashion)

015242 72814

Parma Violet (Gift & homewares)

015242 72585

Post Office

015242 71233

Sienna Jewellery

015242 72121

Spar (Convenience store)

015242 71260

Sweet Shop

015242 71570

Food, Drink & Accommodation

The Barbon Inn

015242 76233

The Copper Kettle (Restaurant & guest house)

015242 71714

The Crossing Point Café

015242 98050

Devil's Bridge Snacks

Tel not available

The Green Room (Café)

015242 71588

The Highwayman (Pub)

015242 73338

Lavender House

015242 72086

Mill Brow House (B & B & self catering accommodation)

015242 71615

Mill House Cottages

015242 76500

Number FortyFour (Café)

015242 72160

The Sun Inn

015242 71965

Whoop Hall Hotel

015242 71284

Self Catering Accommodation

Apartment 52

015242 71740

The Orange Tree (Hotel, restaurant & pub)

015242 71716

New House Caravan Park

015242 71590

Woodclose Caravan Park

015242 71597

Specialist Services

The Fairbank Society (Supported Independent Living)

015242 71077

Around Kirkby Lonsdale (AKL)

07779 728206

Business Lines (Wheel Nut Safety Products)

015242 71200

Hackney & Leigh (Surveyors & Estate Agents)

015242 72111

Kirkby Lonsdale Brewery

015242 72221

Love Beauty

015242 73520

Lunesdale Hall (Community facility)

015242 71630

Off The Hook (Graphic & website design)

07887 958103

Oglethorpe, Sturton & Gillibrand (Solicitors)

015242 71388

Sew What? (Sewing & embroidery)

07766 711288

The Doby Basket (Laundry & dry cleaning)

015242 71550

Toubas (Unisex Hair Salon)

015242 74333

The Wright Design (Architects)

015242 71697

Sports Clubs

Kirkby Lonsdale Rugby Union Club

015242 71570 (Gym 72721)

March Services

1 Ash Wednesday	16 Thu Kirkby Lonsdale 10.30am Holy Communion
Barbon 10.30am Ash Wednesday Communion	17 Fri Kirkby Lonsdale 7.30pm Compline
Kirkby Lonsdale 7.30pm Ash Wednesday Communion	18 Sat Kirkby Lonsdale 4.00pm Treasure Chest
Preston Patrick 7.00pm Ash Wednesday Communion	
	19 Sun LENT 3
2 Thu Kirkby Lonsdale 10.30am Holy Communion	Kirkby Lonsdale 8.30am Holy Communion
3 Fri Kirkby Lonsdale 7.30pm Compline	11.00am Holy Communion
	6.30pm Evensong
5 Sun LENT 1	Preston Patrick 9.30am Morning Service
Kirkby Lonsdale 8.30am Holy Communion	Lupton 9.30am Mothering Sunday Service
11.00am Family Communion	Barbon 10.30am Holy Communion
6.30pm Evensong	21 Tue St Mary's 9.30am Ecumenical Prayer Group
Preston Patrick 9.30am Family Service	23 Thu Kirkby Lonsdale 10.30am Holy Communion
Lupton 9.30am Holy Communion	24 Fri Kirkby Lonsdale 7.30pm Compline
Barbon 10.30am Matins	
Middleton 6.30pm Holy Communion	26 Sun MOTHERING SUNDAY
	Kirkby Lonsdale 8.30am Holy Communion
7 Tues St Mary's 9.30am Ecumenical Prayer Group	11.00am Mothering Sunday Service
9 Thu Kirkby Lonsdale 10.30am Holy Communion	6.30pm Evening Worship
10 Fri Kirkby Lonsdale 7.30pm Compline	Preston Patrick 9.30am Holy Communion
	Barbon 10.30am Mothering Sunday Service
12 Sun LENT 2	Casterton 10.30am Holy Communion
Kirkby Lonsdale 8.30am Holy Communion	Hutton Roof 11.00am Mothering Sunday Service
11.00am Matins	
6.30pm United worship	28 Tue St Mary's 9.30am Ecumenical Prayer Group
Preston Patrick 9.30am Holy Communion	30 Thu Kirkby Lonsdale 10.30am Holy Communion
Barbon 10.30am Holy Communion	31 Fri Kirkby Lonsdale 7.30pm Compline
Hutton Roof 11.00am Holy Communion	
Casterton 6.30 pm Evening Service	(The type of service may change after AKL goes to print -
	Please check church notice boards for up to date information)
14 Tue St Mary's 9.30am Ecumenical Prayer Group	

Hornby Ramblers

March 11th 9.30a.m. Dent/River Dee
(5 miles) Ken Sedgwick 01524 770086

March 25th 9.30a.m. Grange/Hampsfell
(7/9 miles) Peter Edge 22176

A contribution of £3 per person for the greater distances and £2 for the shorter distances towards fuel costs is expected for these walks.

For all walks we assemble in Hornby car park. Start time 9.30 am prompt.

News from the Scouts

We are 1st Kirkby Lonsdale Scouts and we'd like to tell you what we've been doing so far since last summer. We like the outdoors so we've practised pitching tents and learnt how to set up a camp. We did a four hour hike at our Christmas camp and we've learnt how to take bearings in the dark using torches, compasses and fluorescent strips. We've also practised knots and learnt how to use knives safely.

We've planned and cooked a 3 course meal for four people on a budget of £10. We've also made our own woggles and last month we worked with glass to make decorative tiles with a camping theme. We had a talent show at Christmas too.

We are doing our Media badge at the moment so we have set up our own Twitter and Instagram accounts (@KLScouts, Insta: kirkbylonsdalescouts) and learnt how to use them safely. During February we interviewed Mark Elliott, the managing Editor of BBC Radio Cumbria. He showed us some equipment and explained how the radio acted as an emergency service during the Storm Desmond floods.

Plans for the rest of the year include hikes, an expedition for older scouts, tubing at Kendal Ski Club, and working through our skills badge. We meet once a fortnight on a Monday night and most of us take part in camps throughout the year.

New members are always welcome, so if you are between 10½ and 14 years old and like the sound of it, please contact one of our leaders Carolina Goodship on 015242 73179.

Country Market

The members and producers of Country Market would like to thank their customers for all their support throughout 2016 and to wish everyone a very Happy 2017.

Country Market and cafe restarts on Thursday February 6th at 10am till 12 noon in the Lunesdale Hall. We look forward to welcoming both old and new customers to shop with us for their home baking, garden plants and crafts and after shopping to enjoy a cup of coffee/tea and a slice of delicious home made cake in the café.

We are open every Thursday morning till Thursday 16 December 2017.

Casterton Online

If you haven't had a chance to visit the new Holy Trinity website <http://www.castertonchurch.org/>, we'd highly recommend a virtual stroll through its portals which are open 24 hours a day! The website is a new initiative steered by volunteers William and James Mawdsley and provides a fantastic insight into worship at Holy Trinity as well as a handy reference for concerts and other events.



Kirkby Lonsdale Methodist Church Services

March

Sunday 5th

1030 Rev Geoff Shutt with Andrew Skinner Communion
1900 Sunday @7 Len Armstrong

Sunday 12th

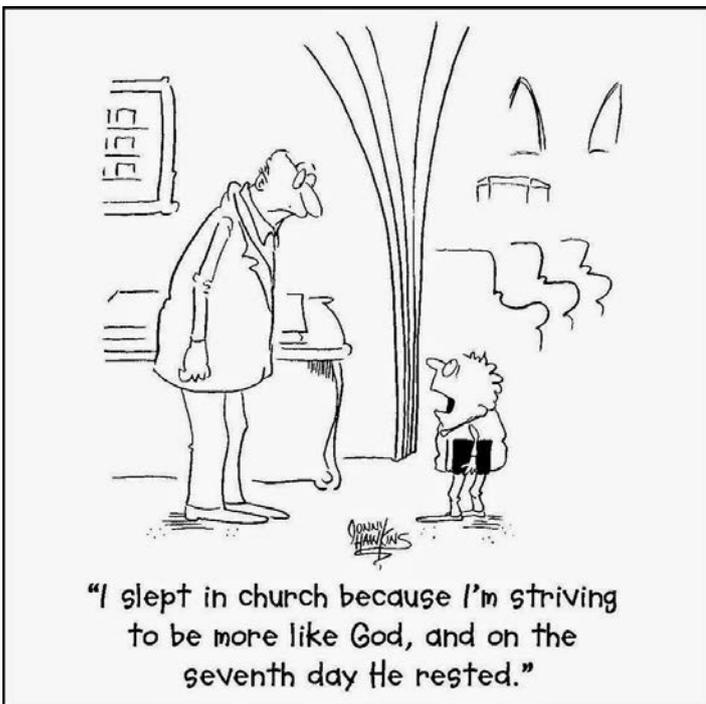
1030 Rev Christi Murgu
1830 Working with God

Sunday 19th

1030 Harry Hutchinson

Sunday 26th

1030 Harry Hutchinson



The Rainbow Parish

Lupton

Thanks to all the help at the jumble sale in January. We made £230.00. We enjoyed a community meal after the Christingle service also in January when we successfully put together and produced our Christingles. Next dance in Whittington is on Saturday 4th March at 8pm. Mothering Sunday in Lupton this year will be on 19th March with bunches of flowers to distribute.

Middleton

February was a fairly quiet month in Middleton for some of us! Entries in the visitors book show that we have had quite a few people coming to look at the Roman Milestone and families tracing their family History.

A service was held in the Church to celebrate the life of Mabel Bownass who sadly died on 1st February. The Church was packed and people were standing outside. The Rev'd D Preston gave a lovely eulogy of Mabel's life. Mabel was the daughter of Joe and Agnes German of Sowermire. She married Richard (Dick) Bownass who had started working at the Abbey, for his Aunts and Uncle when he was nineteen. They then lived at the Abbey from 1961 with their three children. Mabel was a keen baker and a member of Barbon and District Choral Society for several years. She will be sadly missed.

BBC Radio 4 were doing a feature on Rural Broadband, and on 20th January they came out to record fibre being blown into the first properties in Middleton. The interviews were on the 'You and Yours' programme. Nick Mason was the star of the show! On the 10th February the first two Middleton properties went live. By 14th February, thanks to Paul (who struggled with the most awful high winds), the fibre has been lit up all the way up the railway track as far as Tossbeck which is also now live. In the next month the fibre should be installed as far as the old railway yard bringing several more properties on line.

Hutton Roof

26th March 2017: Mother's Day Service
9th April 2017: Palm Sunday
16th April 2017: Easter Day
NO SERVICE ON 23rd APRIL 2017

Casterton

Following the successful installation of a B4RN internet router, Holy Trinity Church has launched its own informative website. Initially devised and authored by young volunteers William and James Mawdsley, the site has acquired the domain name:

www.castertonchurch.org giving access for computers, mobile phones, and other devices.

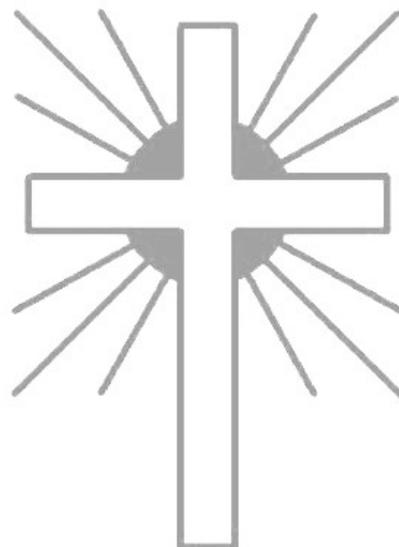
Positive comments about the freshness and modern appeal of the site have been flooding in. Local folk and friends of the church, from Scotland to the West Country, appreciate the site's wealth of historical background, bright illustrations of our late Victorian artworks and details of church events.

Readers are urged to visit the site, which will, apparently, acquire an increasingly prominent position in search engine rankings, the more 'hits' it receives.

For tourists and newcomers to the village, Casterton District Church Council has also produced a fold-out brochure with a summary of website information. These are being distributed and will soon be widely available. For more information, please contact Churchwarden Ron Bulman on 015242 71075.

We look forward to two excellent free musical treats this month. At 1.30 p.m. on Thursday 16 March, saxophonist John Woodhouse gives our next lunchtime recital. John is a prominent figure in the Sedbergh School music department and enlivens many events with professional flair and expertise. At 8.00 p.m. on Tuesday 21 March the well-established and popular choir Sing Joyfully will perform a lovely selection of songs old and new, under the direction of leader Anastasia Micklethwaite.

Decent weather this winter has allowed continuous attention to the churchyard, which looks neat and attractive, ready for spring. Thanks to volunteer Adrian Shuker, who is working hard with impressive results. We are steadily working through instructions in our Quinquennial Review, improving the appearance and safety of our church premises.



From the Parish Registers

FUNERALS

David Gladding, aged 73 years, St. Mary's Church, 17th October, 2016
Agnes Smith, aged 90 years, St. John's Church, 21st November, 2016
Jim Hadwin, aged 68 years, St. Mary's Church, 25th November, 2016
Bill Ridding, aged 67 years, St. Mary's Church, 29th December, 2016
Ada Joan Milner, aged 87 years, St. Mary's Church, 30th December, 2016
Edward Fuller, St. Mary's Church, 6th January, 2017
Glen Birtwistle, aged 93 years, St. Mary's Church, 13th January, 2017
Hilda Thompson, aged 87 years, St. John's Church, 20th January 2017
Gen Stephenson, aged 81 years, St. Mary's Church, 23rd January, 2017
Rev John Fuller, aged 83 years, St. Mary's Church, 24th January, 2017
David Chapman, aged 56 years, St. Mary's Church, 25th January, 2017

WEDDINGS

Nick Crosby and Bev Wrathall, St. Mary's Church, 31st December, 2016

BAPTISMS

Esme Burnett, daughter of Tom and Laura Burnett, St. Mary's Church, 15th January 2016

Nordic Walking

Would you like to get fitter, burn those winter calories off, and enjoy the outdoors? Come and try Nordic walking – a specific style of walking with poles, derived from cross country skiing.

As well as giving you the normal cardiovascular and health benefits of walking, Nordic walking uses more of your upper body, strengthening your core and arms as well as your legs, making walking easier, and taking strain off your knees and feet. What's more, it can really burn off those calories!

We will be running free taster sessions in Kirkby Lonsdale, as well as a range of classes & walks: developing your technique, improving skills and getting fitter, and exploring and enjoying the local area on our social and adventure walks. There may be the odd cup of coffee and cake involved too!

For activities, dates and further general information, take a look at our website page www.walkwild.uk, find us on facebook: www.facebook.com/walkwildnorth or call me, Carol Dent, on 0771 8924817

A Celebration of an Era

The Lunesdale Hall is again hosting 'A celebration of the music of Simon and Garfunkel', performed live by Tim Chu and Ian Bailey on stage in the Hall on Friday 10th March 2017. Last year's event was a great success and we were delighted when the duo asked to come back to Kirkby Lonsdale this year.

Those of us who have appreciated the music and lyrics of Simon & Garfunkel over the decades will enjoy this evening of entertainment. Do put this date in your diary; doors open at 6.45 pm, (a Licensed Bar will be operating throughout) and the show starts at 7.30 pm.

Advance Tickets are now on sale from the website (www.classicsingersongwriters.co.uk/sandg) or from the Kirkby Lonsdale CIC Shop at 24 Main Street.

Jumble Sale

Kirkby Lonsdale Brass Band's popular jumble sale, usually held on Easter Saturday, will this year be held on Saturday, April 8. Please note the change of date. The venue, the Lunesdale Hall, remains the same.

The Lass who Loved a Sailor

Three acclaimed operatic soloists come together for this year's KADGASS performance of Gilbert & Sullivan's HMS Pinafore.

The role of common sailor Ralph Rackstraw is played by strong tenor Peter Bowden who studied at The Royal Northern College of Music. His opera credits include Alfredo in La Traviata as well as several leading roles with Musica Lirica Opera and New Rosemere G&S.

Ralph is in love with, and loved by, Captain Corcoran's daughter, Josephine, portrayed by Emily Robinson, soprano, whose wide repertoire is well known in the musical community of the South Lakes area.

Also appearing is Jenny Brooks, a KADGASS regular, who starred as 'Evita' in the acclaimed KAOS production last year. She plays 'Little Buttercup' whose storyline is key to the twist that brings about the eventual resolution of the plot. Completing the strong cast are Graham Beevers as Sir Joseph Porter KCB, Keith Hildrew as Captain Corcoran, Jim Thompson as Dick Deadeye and Stella Coxon as Cousin Hebe.

HMS Pinafore is being performed at Kendal Town Hall from Wednesday 29th March to Saturday 1st April at 7.30pm and tickets are available from the Brewery Arts Centre Box Office 01539-725133 or www.breweryarts.co.uk

Dates for your Diary

(KLLH KL Lunesdale Hall; AVH Arkholme Village Hall; KLMH Kirkby Lonsdale Methodist Hall; BVH Barbon Village Hall; CVH Casterton Village Hall; CSP Casterton School Pavilion; WVH Whittington Village Hall; HRVH Hutton Roof Village Hall; WOM week of the month)

MONDAY

1:30-3:30 pm Over 50s Monday Club (1st/3rd WOM) KLLH

5:30-7:00pm Brownies – KLMH

6:15-7:15pm Beavers - St Mary's Primary School

6:00-7:30pm Cubs - CVH

6:00-8:00pm Scouts - HRVH (fortnightly)

7:30-9:00pm Bible study group - KLMH

8-10pm Barbon Bowling Club (Mon & Thur) - BVH

TUESDAY

9:30am Ecumenical Prayer Group – KL St Marys Church

9:30-11:30am Baby/Toddler Group (Tue & Fri) – CSP

10am Baby Clinic & Edward Bear (4th WOM) St Mary's Church

10:30-12pm Sight Advice Support Group (2nd WOM) – KLMH

12:30pm Over 50s Lunch Club (3rd WOM) The Orange Tree

1:30-2:15 Parent & Toddler Dance KLLH

2:15-3pm Contemp. Julian Prayer (3rd WOM) – KL St Joseph's

2:15-3pm Ballet & Pilates KLLH

2-4pm Lunesdale Quilters (term time only) - BVH

2-4:30pm Barbon Bridge Club – BVH

5:30-7pm Police drop-in (1st WOM) – KL Library

6:30-7:15 Ballet & Pilates KLLH

7:30pm Scottish Dance Class – CVH

7:30pm Lindy Hopping Dance Class – Melling Institute

7-9pm Rainbow Guides – KL St Mary's school

WEDNESDAY

10:30-12pm Hearing Aid clinic (3rd WOM) – KL surgery

12-2pm Meet to Eat – KLMH

2pm Carers Association (2nd WOM) – KLLH

3:30-6:45pm Danceworks Dance classes - KLLH

6-7pm Zumba—AVH

6:15-7:30 Mindful Yoga—BVH

7:00pm KL Town Council Meeting (2nd WOM) - KLLH

7:30pm Casterton WI (1st WOM) - CVH

7:30-9:30pm Handbell Ringers Masonic Lodge (7 Fairbank)

THURSDAY

9:15-11:30am See + Know meet 0-5yrs old - KLMH

10-12am Farmers' Market (KL Square) / Country Market (KLLH)

10-12am MacMillan / Age UK drop-in (1st & 3rd WOM) Library

10-3pm KL Embroiderers' Group (3rd WOM) - BVH

2-3pm SLDC Planning Surgery - KLLH

3:30pm-8pm Danceworks Dance classes – BVH & Fraser Hall

7pm Boxercise – CSP

7:30pm KLCS - KLLH

7:30-9:30pm KL Art Society Evening sessions - Fraser Hall, CB

8-8:30pm Ballet & Pilates CVH

8-10pm Barbon Bowling Club (Mon & Thu) - BVH

QES Police drop-in – QES

FRIDAY

9.15-10.30 Mindful Yoga— BVH

9:30-11:30am Baby/Toddler Group (Tue & Fri) – CSP

9:30-11:30am Baby/Toddler Group Cowan Bridge Village Hall

10-11am Zumba Fitness – Whittington VH

10:30-2pm Friendly Friday Coffee & Chat (2nd WOM) – KLMH

7:30-9:30pm Church Ringing Group – KL St Marys Church

SATURDAY

9:45-1:30pm Danceworks Dance classes - BVH

10:30-12am Fairtrade Coffee Morning (2nd WOM) – KLLH

SUNDAY

10:30am Preston Patrick Quakers, Sunday Worship

10:30am Briggflats Quakers, Children's Worship

Barbon Quiz (1st WOM)

Mar

Thu 2 Tech Thursday Churchmouse at Barbon 10.30-12.30

Sat 4 Dance at Whittington 8pm

Tue 7 Coffee Morning Middleton Church 10-11.30am

Fri 10 Simon & Garfunkel tribute KLLH 7.30pm

Sat 11 Hornby Ramblers, Hornby Car Park, 9.30am

Mon 13 KL & District Civic Society, KLLH, 7.30pm

Thu 16 Saxophone Recital, Holy Trinity, 1.30pm

Wed 15 Gardening Association, KLLH, 6.30 (AGM)

Sat 18 Water Aid Coffee Morning, CVH, 10-12

Tue 21 LADFAS meeting, Borwick Mem Hall, 2.15pm

Sing Joyfully, Holy Trinity 8pm

Wed 22 Cumbria Wildlife Trust, KLLH, 7.30-9pm

Tue 21 LADFAS meeting, Borwick Mem Hall, 2.15pm

Wed 22 Cumbria Wildlife Trust, KLLH, 7.30-9pm

KLCTR AGM KLLH 7pm

Sat 25 Rotary Club Cake Sale, KLLH, 10.30-2pm

Lakws Gospel Choir, St Mary's Church 7pm

Apr

Sat 1 Knit & Natter Sale KLLH 10am-3pm

Tue 4 Coffee Morning Middleton Church 10-11.30am

Sat 8 KL Brass Band Jumble Sale KLLH 2pm

Sat 22 Cumbria Wildlife Trust Coffee Morning KLLH 10-12

Notes