

AKL

Around Kirkby Lonsdale

April 2020



Monthly news and views of Christian Churches and community in the Rainbow Parish area,
a Rainbow Parish production

Photo ©Jim Leeming 2018

In the midst of the darkness 'he is my refuge and my fortress' and I will trust in the hope of renewal and restoration as I look to the Sun rising on Easter Morning.

Fear or Faith?



With the global outbreak of the Coronavirus, we are confronted with a great leveller, no one is immune from the effects of this virus! Every generation has to contend with some kind of crisis or existential challenge, once more we are reminded of our common humanity. The ancients faced the same challenges which are articulated well in the Old Testament narratives as they struggled to understand themselves and their relationship to the God of Israel. The Psalms are a very real and human collection of songs, prayers and cries of the heart towards God.

Psalm 91 expresses well the hope of the psalmist in the light of the reality of the dangers faced, (there is not space here to include all 16 verses!) The whole of Psalm 91 is the Psalm used in the daily office of Night Prayer or 'Compline' which is traditionally prayed before one retires last thing at night.

- 1 Whoever dwells in the shelter of the Most High
will rest in the shadow of the Almighty
- 2 I will say of the Lord, "He is my refuge and my fortress,
my God, in whom I trust."
- 3 Surely he will save you
from the fowler's snare
and from the deadly pestilence.
- 4 He will cover you with his feathers,
and under his wings you will find refuge;
his faithfulness will be your shield and rampart.
- 5 You will not fear the terror of night,
nor the arrow that flies by day,
6 nor the pestilence that stalks in the darkness,
nor the plague that destroys at midday.....

Night-time and the darkness is often associated with danger, threat and feelings of anxiety and fear. Scholars suggest that psalm 91 was possibly written by Moses or

maybe King David, whoever wrote it captured something of the context of the ancient world and the real fears and anxieties about what was happening around them. The idea of shelter, refuge and dwelling place and being in the shadow of the Almighty is a direct reference to the 'Tabernacle' the place where God dwells on earth amongst the people. The psalmist directs the listener to consider that giving in to fear is unhelpful and that the focus should be faith in the Presence of God with them in the place of danger. Fear is a natural response to threat, but irrational fear can be debilitating and cause behaviours that damage self or others. The fear must be consciously and actively channelled into a different more positive response.

By reminding the people of God's presence with him the psalmist is also reminding them of their special calling as his community. He is addressing the whole community, they can rely on the strength of God to sustain them, their hope is in God and in the resilience of their community. The nature of the threat we now face brings particular challenges of isolation and social distancing. We need to have faith in our ability as a community to find ways to stay connected and responsive to the most vulnerable, and anyone can become vulnerable for a period of time. As we journey together through the uncertainty and negotiate the challenges we face I am mindful of Jesus's self-giving love and compassion for the bereaved, the sick, the lonely and those isolated through poverty. In the midst of the darkness 'he is my refuge and my fortress' and I will trust in the hope of renewal and restoration as I look to the Sun rising on Easter Morning.

I pray for God's grace and strength.

Rev'd Wendy

Important message from the editor

I hope this issue of AKL finds everyone in good health. Like every other community facing the coronavirus pandemic, Kirkby Lonsdale is living through challenging times, with events, advice and information changing on a near-daily basis. Lots of events that have been scheduled for the coming months may now have been cancelled or postponed. I've suspended the diary page to make room for other notices.

Regular services have been suspended in our parish churches although most churches remain open for prayer – see notices from Rev'd Richard Snow and Rev'd Wendy Thornton on page 14. It's a developing situation.

Please note that May AKL is likely to be an online-only publication available to download at www.kirkbylonsdale.co.uk.

A Kirkby mutual aid group has been set up to help support those who are self-isolating. All details on pages 12-13. The people of Kirkby always pull together in a crisis. Please be kind. Look out for your neighbours. Support local businesses if you can. Many shops, restaurants, pubs and cafes are offering takeaway or delivery services for the duration. Check Facebook groups We Are Kirkby Lonsdale and What's On in Kirkby Lonsdale for updated information. Take care of yourselves and others.

Diane

THE CHURCH OF ENGLAND

Rainbow Team: Rector: Revd Richard Snow, The Rectory, Vicarage Lane, Kirkby Lonsdale, LA6 2BA, 015242 72044, rector@therainbowparish.org. Team Vicar: Revd Wendy Thornton, The Vicarage, Vicarage Lane, Kirkby Lonsdale LA6 2BA, 015242 73570, wendy.thornton@methodist.org.uk. Team Vicar: Revd Anne Pettifor, Stonebeck, Fairbank, Kirkby Lonsdale LA6 2DU 015242 71904, anne@therainbowparish.org. Distinctive Deacon: Revd Sue O'Loughlin, Elm Cottage, Elmsfield Lane, Holme, LA6 1RN, 015395 84028, sueoloughlin.so@gmail.com. Lay Readers: Mrs Liz Dew, 9 Burton Park, Burton in Kendal, LA6 1JB, 01524 781645, mrs.lizdew42@outlook.com; Mr Alan Cox, Stedman House, 3 Hunter St, Carnforth LA5 9BP, 01524 735188, stedmanhse@gmail.com. Parish Administrator: Mrs Vicky Hazlett, Parish Office, 1 Bective Road, Kirkby Lonsdale, LA6 2BG, 015242 71320, office@therainbowparish.org. PCC Lay Chair: Mr Merlin Hibbs, Low Fell House, Barbon, LA6 2LJ, 015242 76410, merlin@hibbs.org.uk. PCC Treasurer: Mr Robert Cass, 17 Mitchelgate, Kirkby Lonsdale, Carnforth, LA6 2BE, 015242 71218, pcc@casses.plus.com.

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C. OF E. SCHOOLS: St Mary's Primary, Kendal Rd, Kirkby Lonsdale, LA6 2DN, 015242 71334. St Patrick's, Endmoor, Kendal, LA8 0HH, 015395 67388.

CHURCHES IN LUNESDALE FAMILY PROJECT: Project Leader Miss Lol Wood, 07413 689311, lol@cilfamilyproject.org.

THE METHODIST CHURCH: Rev Wendy Thornton, Kendal Methodist Circuit, 015242 73570 or mobile 07788 653 000, wendy.thornton@methodist.org.uk.

ST JOSEPH'S RC CHURCH: Back Lane, Kirkby Lonsdale. Sunday Mass, 9am. During the week, as announced. Parish Priest Canon Luiz Ruscillo, The Presbytery, St Mary's RC Church, Hornby. Tel. 015242 21246.

FRIENDS' MEETING HOUSE: Preston Patrick Sundays 10.30, Warden 015395 61163. Brigflatts Sundays 10.30am, Warden 015396 20005.

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Deadline for May AKL: Midday Wed 15 April

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Can you find faith outdoors?

Green Warriors at St. Patrick's School in Endmoor is a club that has been running now for two years. We currently have five keen members aged between 8-11 who come along to Green Warriors every week to chat about God, learn about the environment and do some gardening. The young people who come are always full of pent up energy, ready for it to be released, after working hard in school. Some who come find school tough, others enjoy school, but all are united in loving the outdoors.

We begin each week with listening to one another as they bring in their take home challenges. This is what they would call 'homework' but is a piece designed for them to continue experiencing some of the Green Warrior club at home. It involves an environmental challenge or something that will help them connect with nature. The last two weeks, for example, have been to do an outdoor scavenger hunt and bring in their pieces, the following week was to create a piece of artwork out of bits of the land. This practise is called Land Art. A quick google will show you some beautiful examples of this! Both challenges were connected to the bible passages for those weeks. Reading the Bible has taught me that God cares deeply about the environment.

After the Take Home Challenge, we read through today's bible passage and have a short discussion. Next we move outdoors ready to begin gardening. This is often met with great joy indeed as the young people put on their wellies and begin to run outdoors. They often head straight to the other end of the big wide-open space. Their happiness is infectious.

As we gather tools and discuss what the next thing is to do in the garden, talk often turns to other matters. We discuss everything and anything at Green Warriors. Topics have included the death of a pet, camping

Kirkby Lonsdale WI

It is with regret that we are obliged to inform members that our forthcoming event with Amy Bateman, British Wildlife Photographer of the Year, is cancelled. As a result, there will not be a meeting on 1st April. Please accept our apologies for any disappointment this may cause. However, it is our intention to reschedule this much-anticipated guest speaker for another time.

Our grateful thanks go to Alison O'Neill, shepherdess, designer and author from Shacklabank Farm, Sedbergh, for her inspirational talk at our last meeting, to a packed audience. Alison gave a heart-warming yet heart-breaking insight into her rich and courageous life story. How she cares for her flock, fashions their wool and leads guided walks around the beautiful countryside, all of which compounds her belief in 'Wool is my bread'.

holidays, love lost, the latest toy, worries about school, questions about God and the Big Bang, caterpillars and various insects. It feels like a community, a church even. We don't preach, we merely wonder together and listen to one another. As we chat, we dig, removing weeds, planting seeds and spotting insects. Wonder is a large part of Green Warriors. We wonder at the creatures we find in the earth. We wonder at how God created a plant that seems so complicated. Sometimes a rhythm of digging is found so for a few precious minutes a sense of calm and peace descends. It feels calm, spiritual even.

After gardening we return for biscuits and a time where we do thank you prayers. These again vary immensely but are an important way of reflecting what has happened that is good since we last met. It is a mindful practice and one we wish to encourage in these young people. Finally, they are given the next Take Home Challenge and then they whizz off, still full of energy, on to the next thing.

Many reading this, may struggle to see the moments of spirituality or faith in these encounters. I would label Green Warriors as a fresh expression of Church. We consider the Bible, we discuss, we share food and we pray together. Yet, it is the act of connecting with the outdoors that I think causes questions of faith to appear for these young people. There is so much about our world that we know. Yet, there is so much more that we don't fully understand. Being outdoors can and does bring those questions to the forefront for these young people. Often we as leaders lack the answer too, we have learnt to sit with the uncomfortable feeling of not fully understanding but wondering together.

I firmly believe spirituality and faith can be found or enhanced by connecting in and with the outdoors. I invite you to step outside this Spring and take a moment to wonder.

Lol

Please check your emails and the KL WI website over the coming months regarding future meetings. We will act under Government, Public Health and WI HQ guidance in regard to Coronavirus to ensure our members' welfare takes precedence.

In the event any meeting is to be cancelled, the following procedure will apply:

- 1) Members will be emailed to inform them of our decision in regard to each meeting.
- 2) A notice will be published on the Home Page of our website: (klwi.co.uk)
- 3) A message will be circulated via social media (Facebook: Kirkby Lonsdale WI).

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Casterton WI

Our March meeting was host to guest speaker Yvonne Middlefell, who regaled us with her wonderful adventures on a walking tour in the Galapagos Islands. Breaking her journey in Quinto, the capital of Ecuador, Yvonne was able to enjoy the full pomp and ceremony of a Head of State visit, a useful contrast to the rather simpler and tougher life of the native Ecuadorians.

Her onward journey to one of the Galapagos islands, Floreana, was not without peril, due to the party's speed boat losing two of its engines on route and having to drift into port. However it was all worth it, as Yvonne and her travelling companions were able to enjoy all that Galapagos had to offer from trekking to one of the legendary volcanic craters, witnessing the magnificent frigate bird inflating its striking red sac in mating rituals, and swimming alongside penguins. The highlight of their tour was visiting a tortoise farm and meeting the prehistoric beasts, with Yvonne managing to fit herself into an empty tortoise shell!

This fascinating evening was rounded off by Yvonne showing examples of volcanic rock and answering questions about her travels whilst everyone enjoyed tea and biscuits.

More information on forthcoming events can be found on the website www.castertonwi.co.uk

Rotary Club Of Lunesdale

What a difficult and unpredictable time we are all now facing more so because this is a new virus with little known about it. It was hoped that The Defenders concert would be a really enjoyable evening with a complete sell out.

When the decision was made to postpone The Defenders concert it was not an easy one to make because at that time nobody could foresee the seriousness of the coronavirus threat. However it proved to be a wise decision. It is planned and hoped that when things are back to normal the concert will be rescheduled.

As with all other clubs, organisations etc Rotary meetings are no longer taking place and will only be resumed when it is deemed safe to do so. At the time of writing uncertainty is rife and we all have to take heed of the advice being given to us by the government and the medical experts.

We look forward to life getting back to normal meantime we will give a helping hand where we can until that time arrives. With best wishes to you all from President Dave and the members of the Rotary Club at this seriously difficult time. Keep safe.

Lilian

The Big Vision update

We have now started detailed work on the options we are considering for the future use of the Church buildings and their surroundings and we will publish our proposals as soon as we are able. In the meantime we held a well-attended event in early March where we updated members of key organisations in the town about progress to date on The Big Vision and outlined our plans for the future.

There is more information about The Big Vision on our website www.thebigvision.org.uk or please have a word with one of the members of the Project Team - Rev Richard Snow, Rev Wendy Thornton, Rev Anne Pettifor, Anne Foulerton, Merlin Hibbs, David Dalgoutte, Mike Cunningham or Peter Gregson (Chair).

KL and District Civic Society

At the March talk the Civic Society discovered the history of Gleaston Water Mill. Or was it really Hart Mill? Vicki and Mike Brereton have spent thirty years restoring the mill and solving the jigsaw puzzle of its construction and history. Clues include old maps, family tales, reused timbers, fine worked stone in rubble walls. But references to Hart Mill kept popping up. Were they the same?

The internet and electronic indexing of previously inaccessible archives have transformed the Breretons' research and finally, just last year, a map from 1787 was found in the National Archives in Kew which showed Hart Mill in exactly the same location as the current Gleaston Mill. This also confirmed other evidence that the mill had been significantly extended and renamed in the early 1770s. The jigsaw isn't entirely solved, nor the restoration complete, but the Mill opened its mysteries again to visitors at the end of March and members will certainly be among them.

This was the last talk of the current season, but in the autumn we'll be inviting you to take a Quaker Journey, find lost inns and alehouses, travel the Corpse Road and consider the importance of Four Tins.

Royal Barn Accolade

The Royal Barn was named 'Pub/Bar of The Year' at the Cumbria Life Food and Drink Awards 2020. Owner Stu Taylor said: 'We would like to thank Cumbria Life and the judges for choosing The Royal Barn and to say cheers to our customers and to our team of staff who help make the Barn the place it is today'.

The awards ceremony took place at Kendal College on Thursday 5 March and was hosted by celebrity chef, Phil Vickery. Judges assessed the full experience of The Royal Barn - from the quality and selection of food/drink on offer, right through to the warmth of the welcome, majoring on a genuinely convivial atmosphere.

Kirkby Lonsdale Tarts Reborn!



If you've read 'The Annals of Kirkby Lonsdale', you might have seen that some years ago Jenny Metcalfe, who lived on Mill Brow, started making Kirkby Lonsdale Fair Cakes to sell at local fairs and at the weekly market, then later the 'Two Miss Taylors' carried on the tradition and the town was 'made famous by these cakes!'.

Audrey Phillips (pictured above), a long-standing resident, and daughter of Jonty Wilson the famous blacksmith, and committee member of the Kirkby Lonsdale and District Civic Society, together with fellow member Mike Marczynski, and the other committee members, decided that it would be great to revive the tradition and approached Helen and Rachael Tate at The Crossing Point Café in The Square, to develop various cakes and tarts that could rightfully lay claim to the tradition of past times. Audrey Phillips recalls the Miss Taylors from her childhood in Kirkby Lonsdale in the 1930s as quite formidable ladies and remembers these local cakes as something akin to Eccles Cakes, but having their own unique flavour and texture.

And so it came to pass that a tasting session was arranged in the Crossing Point Café with Audrey and Mike, and The Two Miss Tates of the Crossing Point, who'd made a wonderful selection of special cakes and tarts to their own secret recipes, and a clear winner emerged. These Kirkby Lonsdale Tarts will now be sold at the café every day they're open, and not just on Market Days! Audrey certainly looks pleased as Punch, and it's great to see the historic tradition continue.

Clearly, the Taste of Kirkby Lonsdale has been reborn by the Tates of Kirkby Lonsdale! Enjoy!

Mike Marczynski,

KLDCS.

The Book Lounge

Book Ordering Service

During this difficult time, I am taking book orders and can deliver for free in the local area for those in isolation. For any book orders or enquiries please contact me on 015242 72319 (shop) or email thebooklounge@lunesdalebooks.uk Secure payments can be made over the phone and the shop will stay open for as long as possible.

National Book Tokens

I have recently been accepted as a member of the Booksellers Association which allows me to sell and redeem National Book Tokens. Hopefully by the time this goes to press it will all be up and running. The only other book shops in the area that sell them are Carnforth Book shop and Waterstones or WH Smith in Lancaster or Kendal. I hope this will be a service that will benefit the community.

World Book Day

Being an ex-school librarian, I couldn't let World Book Day go by without doing something, so have been on a World Book Day tour with Danny Rurlander, author of Spylark, which is on the Cumbria Spellbinding Book Award shortlist. We visited 4 High Schools and 1 primary School, and I have also been redeeming the WBD £1 vouchers in the shop.

Children's Storytime

Unfortunately, due to the present situation the Children's Storytime is cancelled until further notice.

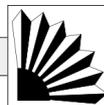
Many thanks for your support, take care everyone.

Book review from The Book Lounge

The Familiars by Stacey Halls

Stacey grew up in Rossendale and 'The familiars' is her debut novel about the Pendle witches and the Shuttleworths of Gawthorpe Hall, a work of fiction using real people in history. Part of the book is set in Kirkby Lonsdale when Fleetwood Shuttleworth stays with her mother after learning of her husband's secret. Fleetwood has had three miscarriages and is pregnant for the fourth time, and although she wants nothing more than to provide an heir for her husband, Richard, she continues to put herself in danger. She tries to protect and prove the innocence of Alice Gray who she employed as her midwife before her name was linked with the Pendle witches. I don't want to give too much away but this is an enjoyable quick and easy read.

Valerie



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From the Registers

Weddings

Ryan Ireland and Kim Beaton, St Mary's Church, 5th July 2019
Richard Sweetman and Victoria Burns, St. Mary's Church, 13th July 2019
Michael Burton and Charlotte Bunting, St. Patrick's Church, 13th July 20219
Jack Spencer and Emma Oakden, All Saints, Lupton, 27th July 2019
Nathaniel Norris and Tracy Hoggarth, St. Mary's Church, 3rd August 2019
Mark Corby and Janie Howard, St. Mary's Church, 20th September 2019
David Andrews and Hannah Horne. St. Patrick's Church, 30th November 2019

Funerals

Brian Hayley aged 81 years, St. Patricks Church, 24th June 2019
Thomas Altham, aged 76 years, St. Mary's Church, 27th June 2019
Fred Hodgson aged 89 years, St Bartholomew's Church, 7th August, 2019
Stephen Allen aged 58 years, St. Patrick's Church, 1st August 2019
Betty Lord aged 88 years, St. Bartholomew's Church, 10th September 2019

Notes from Hornby

The Wedding Fayre in February at Hornby Village Institute went better than we could have anticipated. Lots of people came into the building and made positive comments about its size and facilities.

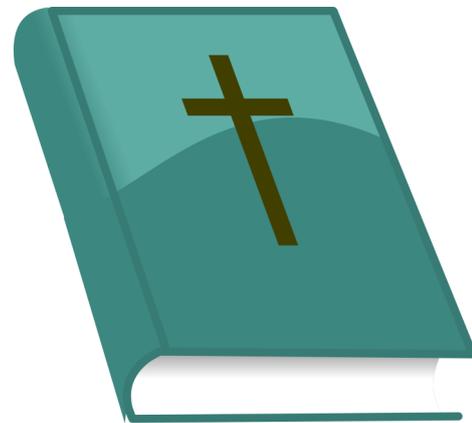
We are sure that the good numbers were in part due to an article that appeared in the Lancaster Guardian about the Wedding Fayre, a concert by some musicians from the Haffner Orchestra and afternoon teas all for the same weekend to raise funds to repair the Institute roof.

Our thanks to all those who helped us raise the great sum of £1521.00

Hornby Groups

Following the Government's announcement about over 70s self-isolating we have decided that the Hornby Singers and The Hornby Flower Club meetings will be cancelled until after Easter or until further notice.

John Craven, St. Mary's Church, 16th September 2019
Christine Thornton, aged 63 years, St. Patrick's Church, 20th September 2019
Stephanie Coward, aged 64 years, St. Mary's Church, 7th October 2019
Ethel Dewhurst, aged 98 years, St. Patrick's Church, 5th November 2019
John Kerr, aged 82 years, St. Mary's Church, 14th December 2019
Margaret Haston, aged 83 years, Beetham Crematorium, 18th December 2019
John Dale, aged 87 years, St. Mary's Church, 6th January 2020
Alwyn Worth, aged 84 years, St. Bartholomew's Church, 10th January 2020
Damien Waterhouse, Beetham Crematorium, 28th January 2020



Lune Valley Pool

With more public swimmers taking full advantage of the range of activities on offer we have recently issued a revised timetable. Just take a look at our comprehensive schedule, it's available on Facebook or at the pool reception.

Away from the water our dynamic poolside teaching team recently held a very successful Family Bingo and games night in Hornby. Thank you to everyone who organised, donated prizes, supported, attended or helped in any way with this family-friendly night. A great night and a superb result which raised a very welcome £500 for pool funds.

Obviously like every other organisation in the country we are monitoring the coronavirus threat. As we go to press the pool is operating as normal but as government advice changes and demand falls, we may well have to close. Please check our Website and Facebook page for updates.



KIRKBY LONSDALE CORONAVIRUS MUTUAL AID GROUP

Hello, we are here to help you!

We are a group of volunteers who live locally and are here to help you if you are self-isolating due to Coronavirus.

We can help you with the following:

- Picking up shopping
- Collecting prescriptions
- A friendly chat on the phone
- Posting mail
- Advising on shops that can deliver / take phone payments

More information at

<https://kirkbylonsdale.info/> and www.kirkbylonsdale.co.uk

If you need help, please call this number* to speak to one of the volunteers in our Central Hub.



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PLEASE NOTE THIS PHONE LINE IS FOR SELF-ISOLATING PEOPLE WHO NEED INFORMATION, PRACTICAL HELP OR A CALM & FRIENDLY VOICE.

When delivering anything we will leave it on your doorstep, move to a safe distance and then call you to let you know it is there. We will wait to watch you collect it before leaving.

WHEN SELF ISOLATING:

DO

- try to keep at least 2 metres (3 steps) from other people in your home, particularly people over 70, or those with long-term health conditions
- ask friends, family and delivery services to deliver things like food shopping and medicines but leave them outside
- sleep alone, if possible
- regularly wash your hands with soap and warm water for at least 20 seconds
- drink plenty of water and take paracetamol to help with your symptoms

DON'T

- do not have visitors to your home (ask people to leave deliveries outside)
- do not leave your home, for example to go to work, school, or public areas, and do not use public transport or taxis.
- If possible, you should not go out even to buy food or other essentials, other than exercise, and in that case at a safe distance from others.



KIRKBY LONSDALE CORONAVIRUS MUTUAL AID GROUP

Advice from:

www.nhs.uk/conditions/coronavirus-covid-19/

(as at 18th March 2020)

Stay at home if you have coronavirus symptoms.

Stay at home if you have either:

- a **high temperature** – you feel hot to touch on your chest or back
- a **new, continuous cough** – this means you've started coughing repeatedly

Do not go to a GP surgery, pharmacy or hospital.

You do not need to contact 111 to tell them you're staying at home.

Testing for coronavirus is not needed if you're staying at home.

How long to stay at home:

- if you have symptoms, stay at home for 7 days
- if you live with other people, they should stay at home for 14 days from the day the first person got symptoms

If you live with someone who is 70 or over, has a long-term condition, is pregnant or has a weakened immune system, try to find somewhere else for them to stay for 14 days.

If you have to stay at home together, try to keep away from each other as much as possible.

Use the NHS 111 online coronavirus service if:

- you feel you cannot cope with your symptoms at home
- your condition gets worse
- your symptoms do not get better after 7 days

<https://111.nhs.uk/covid-19/>

Only call 111 if you cannot get help online



From Rev'd Richard Snow

Following government and medical advice we are sad to have to announce that public worship in all our churches is suspended until further notice.

At the moment our church buildings will continue to be open and accessible, to enjoy some sanctuary and space to pray. Please follow the health advice that will be displayed on the church door.

Services such as weddings and funerals will continue but we encourage people to follow whatever is the latest guidance.

Please don't hesitate to contact any member of the ministry team, especially if you need a listening ear. We will be working with everyone in our communities to provide whatever practical support we can.

We stand to face the uncertain future:
God behind us in the past;
Christ before us, the way ahead;
Christ beside us in this moment;
Christ beneath us in our weakness;
Christ above us to shield us –
beneath the shadow of his wings we are safe;
Christ between us to bind us in the unity of his love;
Christ in us, equipping us with his all-sufficient grace.
Thus armed, guided and protected we face the future.

We go forth knowing that, where Christ leads,
life is a journey home.
Therefore we travel in faith, in hope, and in love,
in the name of the Father
and of the Son and of the Holy Spirit.
May the blessing of God,
Father, Son and Holy Spirit,
be upon us
and upon our families, friends, neighbours and
communities,
now and to all eternity. AMEN

Adapted from a New Year blessing

Seeking Steward

St Mary's Church is seeking to employ a steward. This person will manage and guide the attendees at weddings and funerals. The position will be a paid post and the hours variable. If you would like to find out more, please speak to: Revd Richard Snow 015242 72044 or Anne Foulerton 015242 71281.

From Rev'd Wendy Thornton

It is with great sadness to announce that in accordance with Government advice all worship services are suspended for the time being at Kirkby Lonsdale Methodist Church and Cowan Bridge. We are working hard to develop ways of offering worship differently and online and saying connected.

Our prayers are with everyone who is anxious and suffering through the effects of Covid-19

Please check our facebook page @kirkbylonsdalemethodistchurch or website kl.methodistchurch for information. Please do not hesitate to call Rev Wendy if you need more information or help 07788653000.

A Prayer by the President of the Conference:

Loving God
If we are ill, strengthen us
If we are tired
Fortify our spirits
If we are anxious
Help us to consider the lilies of the field and the birds of the air.
Help us not to stockpile treasures from supermarkets in the barns of our larders!
Don't let fear cause us to overlook the needs of others more vulnerable than ourselves
Fix our eyes on your story
And our hearts on your grace
Help us always to hold fast to the good and see the good in others.
And remember there is just one world, one hope,
One everlasting love, with baskets of bread for everyone.
In Jesus we make our prayer,
The one who suffered, died and was raised to new life,
In whom we trust, these days and all days.
Amen

Flowers in St. Mary's

As Easter approaches, and I start to think about the Easter flowers in Church, I wondered if anyone would like to donate to the cost of the Altar lilies, in memory of someone who is no longer with you. If so, please contact me.

Many thanks
Pat France 71740

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Echoes of Erin

Our concert in St Mary's last month was an uplifting evening of music song and dance from Comhaltas, the prize winning group from Fleadh, who visited us last June for our Irish weekend. Comhaltas were on their tour of the UK and we were lucky to have them back in St Mary's. We would have liked the concert to be busier but nonetheless a brilliant evening was had by all. Hopefully another visit will be planned in the near future.

Casterton

Casterton, Sedbergh Prep School, Years 3 - 8, held an excellent Exeat concert in church on 6th March. There were many piano pieces as well as other instrumentalists, singers and the Chamber choirs.

Northern Inter-Schools Christian Union (NISCU)

The Northern Inter-Schools Christian Union (NISCU) exists to provide children and young people with knowledge and understanding of the Christian faith. It works in schools across the North West of England through employed Schools Workers and local volunteer Support Groups. NISCU covers six geographical areas, the one most local to us being South Lakes. In addition to Kirkby Lonsdale, this area includes Sedbergh and Kendal, and then stretches through to the south lakes towns and villages, including Windermere, Ambleside, Hawkshead and Grasmere and all places in between.

There are 3 Schools Workers - Katy Hall, Diana Stopczynski and Bev Scott - in our area team. The work they do in primary and secondary schools and some special schools (both Church and Community schools) across the South Lakes area includes:-

Lunchtime and After School Clubs and Christian Unions, where children and students can explore their own responses to Faith in a relaxed environment, often supporting and resourcing school staff or local church volunteers in running these.

Lessons to support literacy, RE, and other parts of the curriculum.

Assemblies, which are broadly Christian and designed to offer a collective worship experience. In Primary schools, some of the assemblies or collective worship centre around a puppet performance, particularly at Christmas and Easter.

Developing Prayer Spaces as an interactive and non threatening way for children, students and staff to explore prayer.

'Reflections'

The concert due to take place on Saturday April 4th at 7.30pm in Tunstall Church has been postponed. We'll circulate details of a rescheduled date as soon as the coronavirus situation improves.

Cumbria Wildlife Trust

CWT has cancelled all events until the end of June. We'll keep you up to date with any rescheduled events as they are planned.

Friendly Friday

Please note there will NOT be a meeting of Friendly Friday in April. We will notify AKL when the group is meeting once again.

Marjorie Hanson

Spirituality or Enrichment days.

Special projects, such as the Bishops Bible Challenge, produced by NISCU on behalf of Blackburn Diocese. Transition lessons and assemblies.

Other work specifically tailored to schools' needs, where NISCU has expertise to offer, for example, listening services.

Support for Christian teachers and support staff.

The role that the Schools Workers do in our local schools - including St. Mary's and St. Patrick's primaries, and QES - is supported by the South Lakes Support Group. This group is made up of professional school staff and members of many different South Lakes churches and normally meets once each school term to review the activities that have been undertaken by the Schools Workers and to develop ideas, guidance and help for their future projects. It also organises Encouragement Evenings and other events, open to all school staff and church congregations in the area.

Financially, NISCU is supported by voluntary donations from generous individuals and churches across many denominations. However, for the work to continue in our schools, we do require financial support to grow and are always grateful to receive support from new donors, whether as a "one-off" or more regular donation. You can find further information on our giving page on the NISCU website <https://niscu.org.uk/home/giving>

If you would like to know more about the work of NISCU, to consider joining the Support Group or to offer financial support, please contact Chris Norris via St. Mary's Church, or Nick Klein (NISCU's Chief Executive Officer) at nick.klein@niscu.org.uk

Chris Norris

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The website receives thousands of visitors every month, ranks highly in Google and is the premier source for local visitor information as well as news and events.

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View From The Bridge

The recent gale force winds and torrential rain will have kept most but the hardy and dog walkers indoors apart from the essential shopping for food supplies Thanks to the Rotary Club of Kirkby the history and legend of Devil's Bridge are now available direct to your smart phone from a state-of-the-art information board opposite the entrance to the river side path. Donations received will be used for the benefit of our town. I have not had the opportunity to listen yet as my phone is due for an upgrade!

Replacement of the gravel washed away in the recent floods at Mill Ayre is due to be replaced before Easter. The Yorkshire Dales National Park are supplying the gravel and the Christopher Robins Trust funding the labour element. Talks are also taking place with the YDNP on how the area including the small spinney can be improved for the benefit of town and visitors.

The Lunesdale Hall management committee agreed to purchase 150 new mugs designed specially for the Hall and funded by the 100 Club. A request by the Chairman to the Town Council to assist in financing the essential roof repairs was submitted. It was agreed unanimously to support the application to the sum of £5,000.

At the time of writing we are still waiting for a starting date for our pedestrian crossing outside Booths but it is looking like April not March as we had hoped. CC Highways are also aware of the concerns of the Town Council and its residents of traffic entering the square by Boots. The police have added weight by expressing their concerns and pushing for clearer no entry road markings and signs.

The 100 Club winning numbers for March are 1st 45, 2nd 84, 3rd 89. Thank you to the council clerk for drawing the numbers prior to the start of the meeting.

In light of the developing coronavirus situation, April's council meeting has been cancelled. We'll review the scheduling of future meetings on a month-by-month basis.

Finally my thanks go to my fellow Councillors and Diane for editing the view.

Best wishes, **Cllr. Geoffrey Buswell**

AGE UK

We have made the difficult decision to cancel all group activities from 23rd March to April 27th due to the spread of coronavirus.

VE-75 Day

At the time of writing it is becoming increasingly obvious that many, if not all, public events will be postponed or cancelled because of coronavirus.

Various groups and organisations, along with our schools and churches, have been planning how to mark VE-75 on or around May 8. But by mid-March it was clear that our normal lives were being transformed and will continue to be for some time to come.

A number of plans have been abandoned for good reason. I fully understand that we now have to be extra-careful and can only suggest the following.

If you are able to mark this anniversary in any way, please do so and let the visitor information shop at 29 Main Street know. They will help with publicity if they can. If you decide not to go ahead with your celebration or commemoration, then please also advise 29 Main Street.

Thank you to all who did plan to mark May 8 in some way. It is more important that we protect ourselves, and others, in the coming weeks and months.

Keep safe and keep well.

Allan Muirhead,

Kirkby Lonsdale Town Council/KL Community Interest Company

Gemology

After opening just over a year ago, a business that started out as a pop-up shop is here to stay. Gemology owner Sam has been overwhelmed by the support from the community over the last 15 months. The team now includes 4 local therapists specialising in massage and facials but also providing all beauty treatments such as waxing, tinting, manicures and pedicures. All products are made through a unique process of extracting trace elements from precious stones to provide a concentrated form of natural nutrients to the skin. The company may be an international phenomenon but Sam—who many of you will know from the shop—has brought it to the UK.

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