

AKL

Around Kirkby Lonsdale

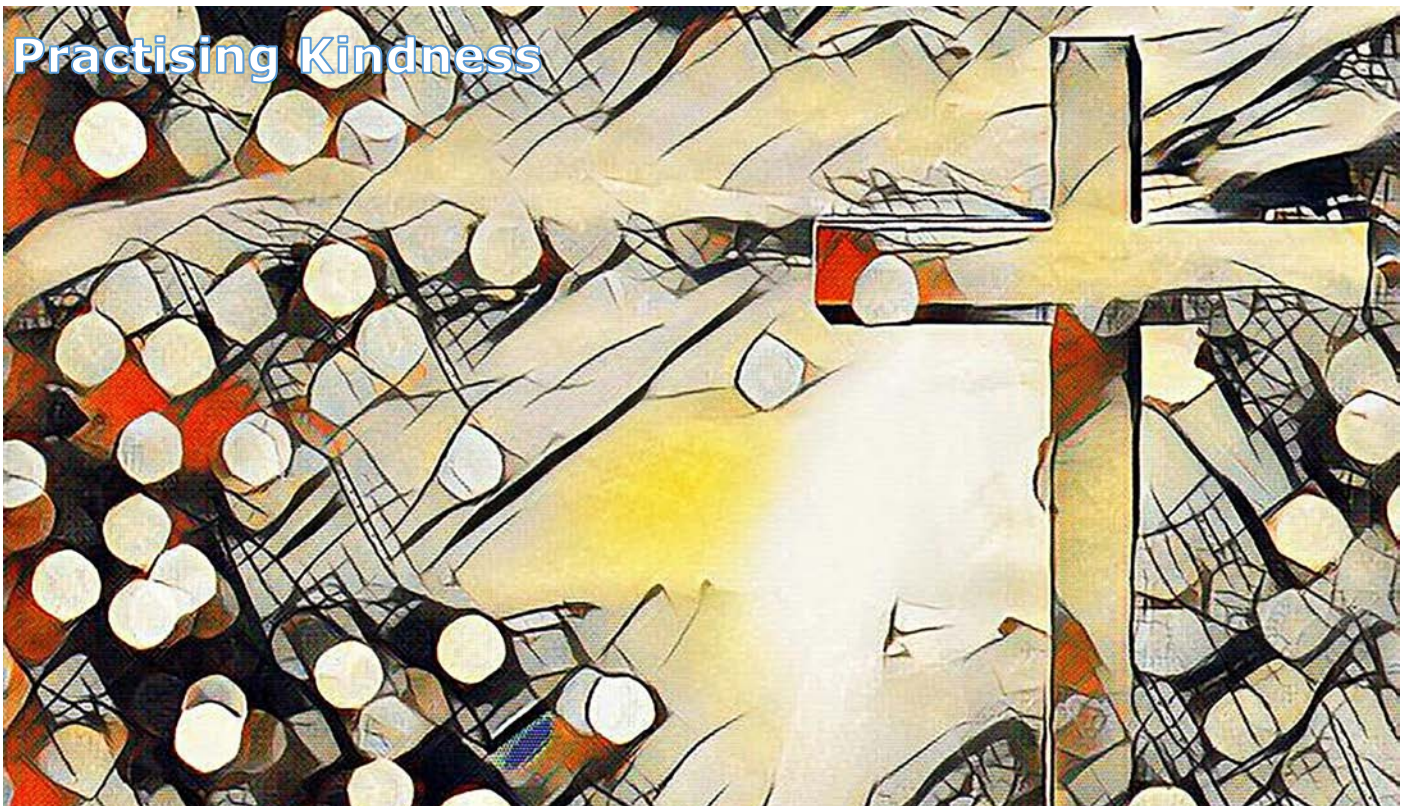
April 2022



Monthly news and views of Christian Churches and community in the Rainbow Parish area;
a Rainbow Parish production

Photo ©Rick Parker 2022

Practising Kindness



As I write this, we are part way through Lent, that time of reflection and re-grouping, realigning our priorities so that they are more in line with God's priorities for our lives and for the life of the world around us. And by the end of the month of April we will have journeyed through the dark days of Holy Week and relived once again the joy of the resurrection and all that that means for the hope we can all have for the future.

But just at the moment the broad sunlit uplands of the post-resurrection morning seem a long way away – with the situation in Ukraine worsening every day and the future there, and possibly much further afield, looking dark, chaotic and uncertain. And what has brought it about? Greed – greed for land, greed for power, greed for authority and control. We all face temptations, big and small; even Jesus was tempted – but he resisted temptation. How can we learn from his experiences and resist temptation in our own lives?

In the Bible we read that, as Jesus began his public ministry he was baptised by his cousin, John the Baptist – and just as that was happening a voice from heaven came and reassured him that he was loved and was doing the right thing. Immediately after that he spent 40 days and nights in the desert – the 40 days that we replicate in the season of Lent – and, weakened by lack of food, was then tempted by the possibility of power, glory, authority and control. But, knowing he was loved by God and was doing the right thing, he was able to resist every tempting possibility and came away from the encounter stronger and clearer in his own mission.

He then spent the next three years or so going around teaching and healing, proclaiming the good news of the Kingdom of God and encouraging and equipping his followers to continue what he started. But he knew that

his time on this earth was limited and that he would have to face the ordeal of false accusation, trial and execution. It would have been very tempting to just fade away from public view and avoid it, but before his final journey into Jerusalem he had another experience, what is called the "Transfiguration", in which he again heard a voice from heaven reassuring him that he was beloved and doing the right thing.

Why was this important? If you know you are loved and are secure in the knowledge of that love, your natural reaction is to love others in return. Knowing you are valued and loved gives you the strength to resist temptation because almost everything we are tempted to do will be bad news for someone else and we won't want our actions to make others suffer. But if you are uncertain that you are loved you may be fearful – and fear motivates us in a very different way from love.....

We are living in a broken world, fractured by people who have succumbed to temptation in small ways and in ways that have long-reaching international repercussions, maybe people who have not grown up in the security of love from others – for surely no-one who is motivated by love would do some of the things we hear about in the media?

So I hope, as you read this, that you will know that you too are loved by God and that you will be secure in that knowledge and encouraged to do what you can to show others that they are loved – it doesn't have to be by grand acts of extravagant generosity – it can be as simple as a smile, a helping hand or a listening ear. Many small acts of love and kindness, given and received – well..... together they can change the world!!

Anne Pettifor – Team Vicar

THE CHURCH OF ENGLAND

Rainbow Team: Rector: Revd Richard Snow, The Rectory, Vicarage Lane, Kirkby Lonsdale, LA6 2BA, 015242 72044, rector@therainbowparish.org. Team Vicar: Revd Wendy Thornton, The Vicarage, Vicarage Lane, Kirkby Lonsdale LA6 2BA, 015242 73570, wendy.thornton@methodist.org.uk. Team Vicar: Revd Anne Pettifor, Stonebeck, Fairbank, Kirkby Lonsdale LA6 2DU 015242 71904, anne@therainbowparish.org. Distinctive Deacon: Revd Sue O'Loughlin, 60 Paddock Drive, Stonecross Meadows, Kendal, LA9 5FH 07900 530849 sueoloughlin.so@gmail.com.
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C. OF E. SCHOOLS: St Mary's Primary, Kendal Rd, Kirkby Lonsdale, LA6 2DN, 015242 71334. St Patrick's, Endmoor, Kendal, LA8 0HH, 015395 67388.

CHURCHES IN LUNSDALE FAMILY PROJECT: Project Leader Miss Lol Wood, 07413 689311, lol@cilfamilyproject.org.

THE METHODIST CHURCH: Rev Wendy Thornton, Kendal Methodist Circuit, 015242 73570 or mobile 07788 653 000, wendy.thornton@methodist.org.uk.

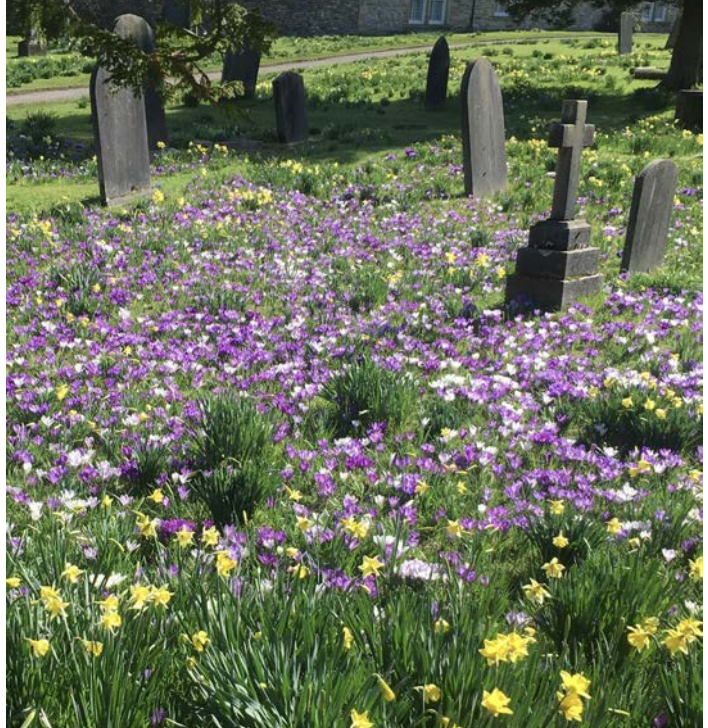
ST JOSEPH'S RC CHURCH: Back Lane, Kirkby Lonsdale. Sunday Mass, 9am. During the week, as announced. Parish Priest Very Rev. Fr. Michael Docherty, The Presbytery, St Mary's RC Church, Hornby. Tel. 015242 21246.

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Deadline for May AKL: Sun 15 April

Editorial matters: Please email queries, articles, photos and other submissions to the editorial team at akl@kirkbylonsdale.co.uk

Advertising: For all advertising matters, email: akladvertising@kirkbylonsdale.co.uk.

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Have your say about Christmas! Answer the following questions, tear this section off and hand it into the Information & Gift Shop on Main Street. You can also email your answers to lovethelunepr@gmail.com

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2. What do you want to see, hear, feel and think at the Kirkby Lonsdale Christmas Fair?

3. What entertainment would you like to see at the Kirkby Lonsdale Christmas Fair?

The next Christmas Consultation meetings will be on:
Wednesday 15th June, 5pm location TBC
Wednesday 14th September, time and location TBC

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Love Thy Neighbour

Green Warriors, our after-school club at St. Patrick's, has returned. During Green Warriors we meet to hear a Bible story that emphasizes the need to be a good steward of the earth before going outside to do some gardening. This group has run for five years now, although it did have a break during 2020, and five years on I still love being a Green Warrior leader. There is nothing more important than both learning from and enabling others to see God in the world and encouraging young people to realise that how they act and care for the world matters. Often these young people give different insights to stories I have heard before, because they look at them through the lens of wanting everyone to value the earth and all it produces. Even at ages 8-10 they are aware that our world isn't being well looked after by many people in power. They are keenly aware of the Climate Emergency and are rightly questioning what we are all doing to help slow down the rise in temperatures. I often come away thinking if the future of our planet involves minds that are as caring as these, then we might be ok!

At the start of Green Warriors this year we began by planting some sunflower seeds that were kindly donated to us. We used this time to think about and pray for the people in Ukraine. Over the last month, I have had many conversations with different people about the war that's happening in Ukraine and discussed our shared mutual concern for the ordinary civilians in Russia who are caught up in everything too, through no fault of their own. It is times like this when I turn to prayer more; this war and what it could mean feels too big for humans alone to solve. I wonder if you have found yourself doing this too? I suspect prayer is as much about God listening to us as God recognising our innate need to talk to someone during difficult times. If, like me, at times you feel lost for words, a quick google of prayers for Ukraine and Russia can help guide you in prayer for this conflict and all those caught up in it.

Listening and speaking to many parents I am aware how much this conflict has felt close to home. Many have spoken about how it is ordinary people with the sometimes spoken but often silent narrative of 'it could be us'. Children are often more keenly aware of this than adults. They see suffering anywhere in the world and question why we aren't helping or doing something to stop the hurt. Listening to children often reminds me to 'love thy neighbour' whenever possible and that my 'neighbour' is anyone in the world, not simply the people I already know and care for. During April I am going to try and live out 'love thy neighbour' more consciously through a mixture of prayer, acts of kindness and seeking opportunities to learn and care for others I have yet to meet. I invite you to join me on this journey too.

Lol

Jubilee flower-making workshops

Decorate the town

We are making flowers to decorate the Monument and Old TSB building in Market Square for the Jubilee! We will be putting on FREE, family-friendly flower-making workshops, where you will have the opportunity to make outdoor flower decorations out of sustainable materials: fabric, waterproof tissue paper, bamboo etc.

Flowers

Inspired by the beauty of St Mary's Churchyard, and Queen Elizabeth's favourite colours, we would like to make flowers in purple, inspired by crocuses and the royal jubilee purple; white, inspired by snowdrops and the queen's favourite flower the white lily; and yellow, daffodils and a nod to the poet-laureate William Wordsworth.

Workshops

The workshops will take place throughout April and May. The first workshop will take place on **Thursday 21st April at 6.30pm.**

Please email Phoebe Rodway to book your place: prodway@hotmail.com or pop into the Information & Gift Shop on Main Street.

Westmorland MENCAP

We are holding a Fashion Show on Wednesday, 6th April, 7pm at Arkholme Village Hall, £20 per ticket, to include a glass of Prosecco and canapés.

Renes of Lancaster will provide the show, and Banks Lyon also of Lancaster have a stand, within the hall. All proceeds will go to Westmorland MENCAP.

Tickets are available at The Tourist Information Centre in Kirkby Lonsdale, Renes, of Lancaster, or call 015242 71120.

We also are doing our Sponsored Swim, again for Westmorland MENCAP, hosted by The Rotary Club, at The Leisure Centre Kendal, when one of our committee, plus a supporter friend, will be swimming for us. We are very grateful to them. Saturday, 2nd April, 6pm.

If you would like any information on this, please call 015242 71120

We look forward to success with both events.

Thank you

Lynda Skinner, Chair

The Rotary Club of Lunesdale

Club members have enjoyed a very varied past few meetings. At the meeting on 24th February a quiz was on offer. Richard Parsons Club Secretary asked the questions and competition to win was fierce however, despite this, friendships remained intact! On 3rd March Club President John Clare gave an interesting talk to the club about the job he did in his working life.

On a bitter Saturday, 6th March from 9am till 6pm Rotarians collected at the entrance to Booths store in Kirkby Lonsdale in support of the people of Ukraine. Customers to the store were so pleased to have the opportunity to make a donation. The total collected on the day was in excess of £2,550. Since then, further donations pushed the total above £3,000. We have a direct contact with the Rotary Club of Lublin Centrum (located about 40 miles from the Ukraine border) to which the donation will be transferred. We shall request that the money is used to support the setting up of a reception centre for the blind children from Ukraine and for the direct support which that club is giving to help the refugees. A big thank you to Ben Cross, Manager at Booths, for allowing the collection and to all those customers of Booths who made a donation.

On May 14th the Club will be pleased to welcome back, by popular demand, the Rock 'n' Roll group "The Defenders". Posters with details of ticket sales will be appearing at the beginning of April.

Keep safe, keep well.

Lilian

Rotary Club of Lunesdale take up the challenge of increasing 'The Green Canopy'

In keeping with Rotary International's focus on environmental issues and in celebration of the Queen's Platinum Jubilee, the Rotary Club of Lunesdale will be enhancing the 'Green Canopy' by giving away 100+ tree saplings to be planted throughout the Lune Valley. Parish Councils have been approached for ideas of where to plant in their areas.

John Clare, President of Rotary Club of Lunesdale stated: 'we are very keen to have local schools and community groups involved in the planting of the saplings and we are delighted to have already provided several Crab Apple tree saplings to a community group in Tunstall where a community garden is being created.'

Million Metre Challenge Completed

In the January edition of AKL we promoted our challenge to raise funds for North West Cancer Research. Richard Day and David Higson managed to complete the Million Metre row with 5 days remaining of their 100-day target. We would like to thank everyone who has donated to this worthwhile cause but there is still time should anyone wish to contribute. Details below.

Many thanks once again. Richard and David www.justgiving.com/higgyandgabbler or contact us on 71670.

View from the Bridge

It is hard to believe that it is now April and the clocks have sprung forward. The churchyard is looking splendid with a colourful carpet of bulbs. I do get asked quite frequently by visitors why we have a clock with no hands. I have been tempted to say that it's never wrong, but I resist and tell the truth that the clock is away being repaired. The long wait to get a decision on the right of way through Auction Mart Yard has ended; Cumbria CC have rejected our application again:

'The application to add sections of public footpath at Auction Mart Yard, Kirkby Lonsdale be rejected because the statutory requirement to establish that the way has been actually enjoyed by the public as of right and without interruption for a full 20 year period cannot be met following the decision of this Committee in 2007, when it was accepted that in 2006 the owner had no intention to dedicate the public right of way.'

Understandably many will not be happy with the county council's decision.

Let us look forward with some good news Tess Batty and Joe Elliot have been selected to represent part of 1st K.L. Explorers group in 2023 at the World Scout jamboree in South Korea. But they need to raise the money and various activities are being planned over the coming months. Can we as a community give them our backing? They are looking to raise £8,000 between them and for young teenagers that's a hefty sum.

Depending on your views, the latest news on the proposed merger of the Lancaster and Preston hospitals is that it has been shelved and, at least for the time being, the A&E department will remain open at Lancaster.

The clerk to the council was unable to attend our meeting in March. Cllr. Maddy Williams deputised so the minutes might be delayed slightly but will be on the notice boards as usual. All council correspondence in the first instance should be addressed to the clerk, the Rev. Kevin Price, at kevtherev7@hotmail.com

Finally, my thanks to my fellow councillors and Diane for their help.

Stay safe and best wishes

Cllr. Geoffrey Buswell

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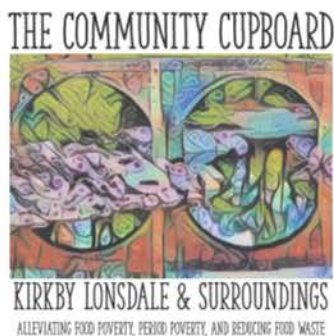
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To find out more and sign up, visit klcommunity.co.uk



Mental Health First Aid



MHFA England

The next Mental Health First Aid course will be running Tuesdays though May

(3/5, 10/5, 17/5, 24/5)

6.30 - 9pm. The course takes place online.

For more information or to register your interest please contact:

coordinator@klcommunity.co.uk

Or find out more at:
klcommunity.co.uk/mental-health-first-aid/

APRIL COMMUNITY LUNCHES

- Monday 4th April

Cottage Pie

Vegetarian Cottage Pie

- Monday 11th April

Roast Gammon, new potatoes and veg

Nutless Roast, new potatoes and veg

- Monday 18th April

Cottage pie

Vegetarian Cottage Pie

- Monday 25th April - a Saint Georges day Banquet!

Roast Beef, Yorkshire pud, and all the trimmings

Nutless Roast and all the trimmings



How to book:

Please call the Community Hub on 015242 36404, the Thursday before.

Voluntary donation, suggested Main £3.50, Dessert £1.

Delivery option available, please ask the Community Hub for more details.

COMMUNITY HUB

The Community Hub was set up in March 2020, at the beginning of the first Covid lockdown to help people with practical tasks like shopping and picking up prescriptions, and to offer a friendly ear to those who wanted to chat. The first call was answered on 26 March and since then we have answered over 1500 calls from members of our community. We have helped over 250 people overall, collected over 450 prescriptions and done over 650 Booths shops!

The Hub phone line is still running and we are here to help you, whatever the reason. Whether as a one off, on a temporary basis, or if you need support more regularly. The phone line is manned between 10am and 1pm, from Monday to Friday, when there is always a friendly voice ready to help you. We can book your community lunch (for eating in or home delivery), arrange someone to do your shopping or collect a prescription, or just have a chat.

Please ring on 015252 36404 if we can help you in any way.

VOLUNTEER WITH US!

Do you have a little time that you could offer to join our team of volunteers?

There are many ways you can get involved. Perhaps you could be part of the phone answering team? We take an average of 1-2 calls each day and operate from our own homes / offices so it fits around other commitments too. Could you be available for 3 hours once or twice a month?

Or maybe you could be part of our shopping team? No regular commitment needed, just a willingness to do a shop or pick up a prescription when it fits in for you. To find out more about these or other roles, or anything about how the Community Hub works, please ring the Hub on 015242 36404.

KL FOOD CLUB

Interested in helping reduce food waste? Want to play a part in protecting the environment? Looking for ways to reduce your food bills?

Join as a member of the KL Food Club! We run weekly on a Thursday, offering a bag of in-date food that would otherwise go into landfill. Food bags cost just £4 a week and can provide up to £30 worth of food!

Sign up at klcommunity.co.uk
Members must live in a 3 mile radius of Kirkby Lonsdale.

GENTLE EXERCISE CLASSES

The exercise classes will continue to run through April on Monday, 11am till 11:40am.

Suggested donations of £5 for each class, though as with lunches we have a pay as you feel able principle. Ensuring exercise is available for everyone.

To book your place or for more details, ring the Community Hub.

Join us and then stay on for a meal with the Community Lunches!

From the Registry

Baptisms

Elodie Isa-Lynn Kitching, daughter of Philip and Hannah Kitching, St. Patrick's Church, Preston Patrick, 13th February 2022

Louise Tripp, St. Mary's Church, Kirkby Lonsdale, 27th February, 2022

Lacey Jade and Ivy Rose Haworth, daughters of Lyam Haworth and Vicki Brooks, St. Peter's Church, Mansergh, 13th March 2022

Funerals

Peter Slater, aged 62 years, St. Patrick's, Preston Patrick, 21st August, 2021

Michael Alder, aged 92 years, St. Mary's, Kirkby Lonsdale, 1st October 2021

Ian James. Aged 58 years, Beetham Crematorium, 14th October 2021

Donald Todd, aged 86 years, St Andrew's Church, Sedbergh, 25th October 2021

June Peckston, aged 75 years, St. Mary's, Kirkby Lonsdale, 4th November 2021

John Mason, aged 88 years, St Bartholomew's, Barbon, 5th November, 2021

Andy Wild, aged 56 years, Beetham Crematorium, 21st January, 2022

Colin Wilson aged 83 years, St John's Firbank, 2nd February 2022

Russ Taylor, aged 83 years, St. Bartholmew's, Barbon, 3rd February 2022

Isobel Crooks aged 98 years, St. Mary's Kirkby Lonsdale, 11th February 2022

Mary Mortimer, Beetham Crematorium, 11th February 2022

Dilys McLaughlin, aged 77 years, St. Mary's, Kirkby Lonsdale, 17th February, 2022

Elaine Moore Clacy, aged 98 years, St. Mary's, Kirkby Lonsdale, 18th February 2022

John Burke, aged 79 years, St. Mary's, Kirkby Lonsdale, 21st February 2022

Keith Tyson, aged 75 years, St. Peter's, Mansergh, 4th March 2022

Frank Sanderson, aged 94 years, St Patrick's, Preston Patrick, 7th March 2022

Mavis Grove, Beetham Crematorium, 21st March 2022

Casterton WI

Casterton WI welcomed local author, Diane Allen, to their March meeting and enjoyed hearing her speak about her 'Saga in the Dales'. One series of novels is set in Dentdale – the beautiful rural area she knows so well – while others take place in the urban setting of Leeds. She is inspired both by stories handed down by her family as well as by her wide-ranging historical research.

Our WI has been invited by the Parish Council to take part in the celebration of this year's Platinum Jubilee by planting a tree. Members are very keen to have a tree planted in their name but are still awaiting details of where and when.

Neighbouring Barbon WI is hosting this year's Group Meeting on Tuesday 17th May when Joan Bentley will be giving one of her popular demonstrations of flower arranging. The competition this year is an A3 poster celebrating the 70 years of the Queen's reign, and members were asked to search their family photograph albums for suitable material. It will be fascinating to see the result! Barbon WI will be hosting a fashion show by Kitty Brown on 5th April when donations of £5 will be taken on the door for the Ukrainian appeal fund.

While visitors are always welcome at our meetings, next month's meeting will be an Open Meeting on Wed 6th April in Casterton Village Hall at 7.30 p.m. Friends are invited to come and hear Jennifer Lauruol of Carpe Diem Garden Design in Lancaster giving an illustrated talk: 'How to create a mini nature reserve and why it is important'. As well as the opportunity to hear more about gardening with the environment in mind, there will also be the chance to meet our members and find out more about Casterton WI.

This is what some of our newer members have said:

'I joined the WI because I was new to the area and wanted to meet other women. From the first meeting, everyone was really welcoming and I have made some really close friendships, joined a Book Club, experimented with quilting and started golf. The lectures have prompted me to visit a fantastic garden, learn about local history and explore a new range of literature.'

'I thought I was too young for WI but the women involved are a vibrant and thriving heart of the community and my life would have been considerably less enriched if I hadn't joined.'

'Casterton WI provides friendship, positivity, a sense of belonging, warmth, smiles and camaraderie.'

Our meetings take place on the first Wednesday of the month at 7.30 p.m. in Casterton Village Hall. If you'd like more information about our WI and details of the forthcoming programme have a look at our website: www.castertonwi.co.uk.

KL Gardening Association

Spring is in the air and our new programme of events and visits is now being distributed to members when subscriptions will be collected.

Our first event is on Wednesday 20 April at 7.30pm in the Lunesdale Hall when Helen Knowles from Tinnisburn Plants in Dumfriesshire will be talking about Truly Hardy Perennials which she grows in the tough conditions at her Scottish hilltop nursery. She will be bringing plants for sale grown at her nursery.

Next month our plant sale will be held on Saturday 21 May from 10am – 12 noon in the Lunesdale Hall. We have two coach trips this year, the first to the new RHS garden Bridgewater on Wed 15 June and the second on Wed 13 July to a private garden near Brampton in the morning and then we will travel south to spend the rest of the day at Lowther Castle Gardens near Penrith. The Annual Flower and Vegetable Show will take place in the Lunesdale Hall on Saturday 20 August and show schedules will be sent out at the beginning of July.

Our meetings are open to all and new members are welcome to join our group, £3 for a single person and £5 for a couple. Further information from Membership Secretary, Maureen Dwyer, tel 015242 72594.

If you would like to receive notifications about the Gardening Association by email, please register your interest via kirkbylonsdalega@gmail.com. Wishing you all an enjoyable and sunny gardening year!

Margaret Clarke, Events Secretary, 015242 72045

Kirkby Lonsdale Singers

We are delighted to be able to return to live singing under our musical director Anastasia Micklethwaite and currently are joined by our friends from Sing Joyfully! Rehearsals are held from 7.00-8.30 pm every Wed during term time at St Mary's Church, Kirkby Lonsdale.

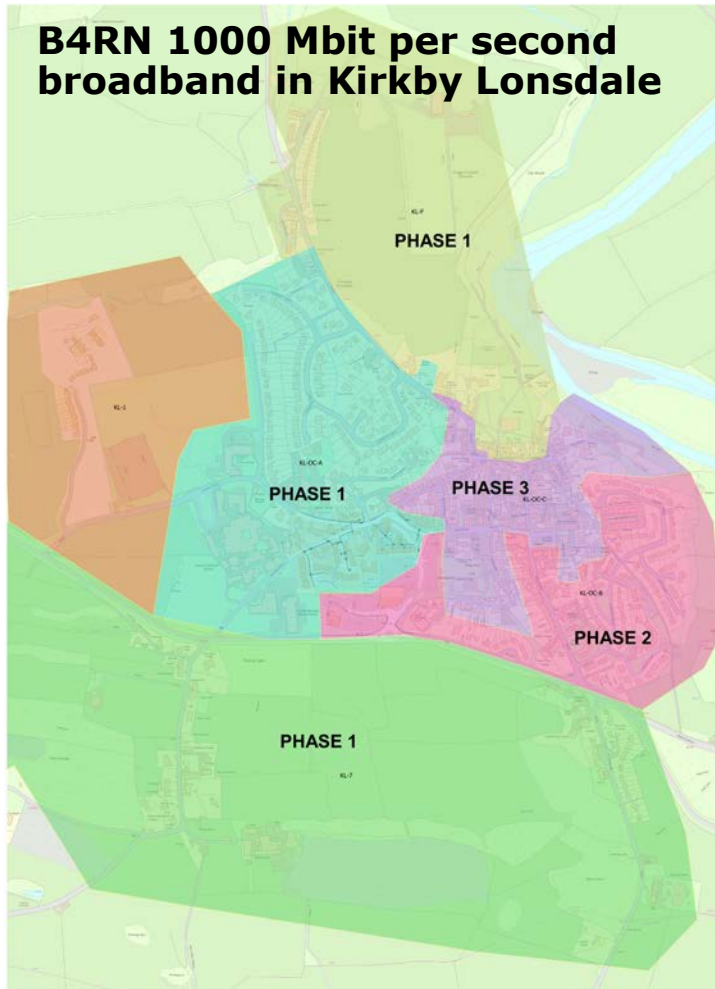
We would give a warm welcome to new members of all voice types. No audition or music reading ability is necessary. We sing a wide range of new and well-loved choral music, including unison and part singing, classical & folk traditions, stage & screen, songs from across the world, inc a range of British, European & American.

We are currently reviewing our protocols in line with government guidelines and ask that you please contact Lynne Rowling on 015242 21678 for our current guidance prior to your first attendance at a rehearsal and ask that you do not attend if you are feeling unwell.

Do come and join us.

For further information contact Lynne on 07515 685544 for Kirkby Lonsdale Singers or Anastasia on 07952 601568 for Sing Joyfully!

B4RN 1000 Mbit per second broadband in Kirkby Lonsdale



We have been working hard with B4RN over the last 6 months and are now able to provide an update. Largely, the installation in this area will be what B4RN refers to as a hard dig, that is the fibre optic ducts will be laid in the roadway and pavements. As you will appreciate this has taken a fair amount of planning and that is in part the reason for the delay.

With the complexity of Kirkby Lonsdale, the installation will take place in three phases – see the attached map. Subject to getting enough investment, it is planned to start work in May 2022.

If you want to find more information about or wish to take the B4RN service please go to the B4RN website (<https://b4rn.org.uk>) and click on 'Get B4RN'. Please encourage your friends to sign up too. Details of how to invest in B4RN are also on the website under 'Resources'.

We are having public drop-in sessions at 5:00 pm on Thursday 21st April and on Thursday 26th May, both in Kirkby Lonsdale Methodist Church. You will be able to view the B4RN network plan and see how this can be achieved for and by the community and also to understand progress. You can also ask any questions you have on the whole of the B4RN installation. You can also contact us at b4rnforkl@gmail.com We look forward to seeing you.

Being Eco Friendly Outdoors

With the weather finally turning and the days getting longer we undoubtedly turn our attention to our gardens and areas outside. Below are 5 easy tips for managing your outdoors the eco-friendly way.

Slug Repellent. Eggshells are a great deterrent for slugs. Just crush them up and scatter around your garden to protect your plants. The slugs don't like to climb over the sharp shards of eggshell and will leave your hard work alone.

Weed Spray. Weeds absolutely detest acid. That's why so many chemical weed-killing products contain acid. You don't need all of the chemicals, though, you can just mix together two tablespoons of lemon juice and one cup of white vinegar to get the same effect. Spray this mixture onto the unwanted plants in order to kill them. This method won't affect the soil, so you won't risk killing other plants and flowers.

Weed Killer. There it is once more, the all-round champ: baking soda. Sprinkle about a teaspoon of baking soda onto the plant you want to remove, especially on the root at the bottom. This will prevent any other weeds from growing there in the future. That means this trick is especially useful in places where no plants should grow in the first place, like the driveway.

Patio Cleaning. A diluted water and white vinegar solution can work wonders to clean patios. Avoid using this on limestone slabs, as the acidity of the vinegar will permanently damage the surface. In a bucket, mix a solution of white vinegar and water in equal measures. If your patio is extremely dirty, you may want to up the amount of vinegar you use. Pour your vinegar and water solution over the patio and leave for 30 minutes to an hour. You may need to use a brush to scrub away at particularly dirty regions. Clear the mixture away by swilling your patio with clean water, ensuring there is a draining point for it to flow into. Leave to dry before replacing any patio furniture.

Outdoor Furniture. Vinegar comes to the rescue again. Spray white vinegar directly onto plastic or wood furniture and scrub to remove mould and dirt. Treatment may need to be repeated for stubborn stains. Rinse off with water.

The above suggestions are all pet friendly so no need to keep our furry family members shut away when working in the garden.

Kim Bradshaw, The Zero Pantry
Kirkby Lonsdale & Sedbergh



DANCING THROUGH THE DECADES 2ND - 5TH JUNE

The Queen's Platinum Jubilee is taking place this Summer, Thursday 2nd – Sunday 5th June, and Kirkby Lonsdale will be Dancing Through The Decades in celebration of Her Majesty's 70 year-long reign. Join in with music and dance to unite our community - see below for a first look at the programme, and find out how you can get involved!



First look

Beacon ceremony

Join us Thursday night to start of the Jubilee celebrations with a traditional beacon lighting! Hosted in the play park, there will be music, poetry, food and drink leading up to the lighting of the beacon at 9.45pm.

Music in the square

There will be two stages of live music, the "Main Stage" on Market Square and a "Busker's Stage" in Jubilee Field. Everything from 50s rock n roll, blues, acapella, folk, Gaelic music, ceilidh bands, choral activities and buskers everywhere in town. All in all, a musical treat awaits!



Games in the park

Games in the Park is a programme of free outdoor activities for children to enjoy in the local playpark. On Friday we will hold a **Games Day** (e.g. egg & spoon race, sack race etc.); on Saturday a series of **Sports Minigames** with local clubs (e.g. dance, rugby etc.)

Teddy bear's picnic

On the Saturday 4th June there will be a Teddy Bears Picnic in Kirkby Lonsdale Methodist Church Hall & Garden aimed at families with toddlers. Enjoy toys, face painting, storytelling, and fun!



Heritage Exhibition

The Civic Society and Lunesdale Hall Committee will be digging through their treasures to display Jubilees of the past on Saturday in the Lunesdale Hall. Come take a wonder back in time looking at our many celebrations!

How Can You Get Involved?

Street parties

Organise your own street party during the Jubilee Weekend! Contact South Lakeland District Council at least three weeks in advance, or earlier for larger scale events.

Find out more online:

www.kirkbylonsdale.info/street-parties

Grow Jubilee flowers

Will you help us grow as many jubilee flowers as possible? We want to decorate the Monument and TSB building with purple, white and yellow flowers for the Jubilee weekend and we need your help to do it!

Contact Phoebe at the CIC to get involved:

lovethelunepr@gmail.com

Dress your decade

Join in by dressing up in the fashions of your favourite decade! Whether it's a 50's poodle skirt, a 60s inspired shift dress, 70s flares, or even some 90s grunge just go for it! There's no need to buy anything new simply: **Re-use**, **Borrow** and **Recycle**.

Share photos via our social media pages:

@KirkbyLonsdaleTown @KirkbyLonsdale.info

Green canopy saplings

Rotary Club of Lunesdale take up the challenge of increasing the green canopy. The Rotary Club of Lunesdale will be enhancing the "Green Canopy" by giving away **100+ tree saplings** to be planted throughout the Lune Valley.

Contact John Clare to enquire about a sapling:

john_clare@btinternet.com

"Through The Arches" Window Competition

Chamber of Trade are running a best shop window competition: different decades will appear in the shop windows with an abundance of arches too. Get involved and vote for your favourite "Through The Arches" shop window!

All images of old Kirkby Lonsdale are from the Kirkby Lonsdale archive. Find out more at their website www.kirkbylonsdalehistory.info.



Volunteer at the jubilee!

We need volunteers to help make this community event happen! Including: stewards, marshals, town decorators, craft leaders, music support, equipment collection etc.

Contact Phoebe at the CIC to get involved: lovethelunepr@gmail.com



The Church in and around Kirkby Lonsdale

Eleven churches comprising Anglican, Methodist and Roman Catholic congregations, committed to growing as disciples and serving our communities together.

Unless there are changes to the plan for easing restrictions these are the services during April. Cowan Bridge Methodist Chapel congregation is currently meeting with St Bartholomew's Barbon. Please continue to follow all the social distancing and hygiene guidance.

April

3 Sun LENT 5

Kirkby Lonsdale	11.00am Holy Communion
Preston Patrick	9.30am Holy Communion
Lupton	9.30am Morning Service
Barbon	10.30am Morning Service
KL Methodist Church	10.30am Morning Service
	7pm Sunday at Seven
RC Church	9am Mass

7 Thu Kirkby Lonsdale	10.30am Holy Communion
RC Church	6.30pm Mass

10 Sun PALM SUNDAY

Kirkby Lonsdale	11.00am Morning Service
	6.30pm Evensong
Preston Patrick	9.30am Holy Communion
Barbon	10.30am Morning Service
KL Methodist Church	10.30am Morning Service
RC Church	9am Mass

11 Mon Kirkby Lonsdale	7pm Holy Week Reflection
	Kirkby Lonsdale Methodist Church

12 Tue Kirkby Lonsdale	7pm Holy Week Reflection
	Kirkby Lonsdale Methodist Church

13 Wed Kirkby Lonsdale	7pm Holy Week Reflection
	Kirkby Lonsdale Methodist Church

14 MAUNDY THURSDAY

Kirkby Lonsdale	10.30am Holy Communion
	7pm Holy Week Reflection
	St Mary's Church
RC Church	6.30pm Mass

15 GOOD FRIDAY

Kirkby Lonsdale	11am Good Friday Service
	(Gather by the Queen's Square Churchyard Gates at 10.50am. There will be an informal 'procession' to the Market Square. If you will find it difficult to process, please gather in the Square by 11am. The band will be there already, and the procession will join you for the service)

	1pm-3pm Good Friday Reflection
	St Mary's

16 EASTER EVE

Kirkby Lonsdale	9pm Vigil Service
Preston Patrick	7pm Vigil Service tbc

17 EASTER DAY

Kirkby Lonsdale	11.00am Easter Service
Preston Patrick	9.30am Easter Service
Lupton	9.30am Easter Service
Barbon	10.30am Easter Service
Casterton	10.30am Easter Service
Hutton Roof	11.00am Easter Service
Mansergh	11.00am Easter Service
KL Methodist Church	10.30am Easter Service

21 Thu Kirkby Lonsdale	10.30am Holy Communion
RC Church	6.30pm Mass

24 Sun EASTER 2

Kirkby Lonsdale	11.00am Morning Service
Preston Patrick	9.30am Holy Communion
Barbon	10.30am Morning Service
KL Methodist Church	10.30am Morning Service
RC Church	9am Mass

28 Thu Kirkby Lonsdale	10.30am Holy Communion
RC Church	6.30pm Mass

(The type of service may have to change after AKL goes to print. Please check church notice boards and website for up to date information)

Julian Meetings

Waiting on God in Silence

A Julian Meeting is an ecumenical group who meet regularly for silent, contemplative prayer or meditation. A group used to meet at St Joseph's before the covid lockdowns.

We meet again on TUESDAY 5TH APRIL at 2.15pm in St Mary's Church, Kirkby Lonsdale. This will be the third time we have met since the end of Covid restrictions and so far there has been very little interest. I will not therefore plan any further meetings after April if it is not something which people wish to join.

It would be good to decide where we meet in future if further meetings are wanted and which day/time suits people best so please come along if you are interested or contact me on 01539 324483 or 07900 530849 or sueoloughlin.so@gmail.com.



Aluna Explorer Scouts

Aluna Explorer Scouts raised an impressive £661.32 for the Red Cross appeal for aid to Ukraine through a soup lunch held at The Lunesdale Hall.

With support from 1st Kirkby Lonsdale Scout Group this group of young people prepped veg and made six choices of soup over the course of a Sunday morning. Having been inspired by photos of Polish Scouts helping refugees at the start of the war in Ukraine, they wanted to do something to show solidarity with their fellow Scouts in Ukraine.

Kirkby Lonsdale community responded at short notice and came out to show their support and generosity, Aluna Explorers would like to say a huge Thank You to everyone.

Aluna Explorer Scouts are 14-18 year olds who meet weekly on a Tuesday 7-9pm to learn skills for life through a varied and stimulating programme.

No previous scouting experience required for more info email alunaesu@gmail.com

Kirkby Lonsdale Library

Yippee! We're delighted to let you know that from Tuesday 8 March, Kirkby Lonsdale is back to full opening hours, and we'd love to see you:

Tuesday: 1:30pm – 5pm and 5:30pm – 7pm

Thursday: 9:30am – 12:30pm and 1:30pm – 5pm

Friday: 1:30pm – 5pm

Saturday: 10:00am – 12:30pm

015242 71386

Kirkby Lonsdale Handbell Ringers

Fancy a ring? Let us give you a bell

Kirkby Lonsdale Handbell Ringers meet to practise on Wednesday afternoons at the Masonic Hall in Kirkby Lonsdale. You are welcome to come along, no previous experience necessary, no need to be able to read music & bells are provided.

Contact Sabine on 07597 337109 for further details

Evensong

We are pleased to announce that after a two-year covid break, Evensong will once again be held at St Mary's church, Kirkby Lonsdale at 6.30pm on the second Sunday of each month. The next Evensong will be on Sunday 10th April.

Lent Concert

Tunstall Church, Thursday 14th April at 7.30pm.

Avelina Wright (soprano) and Naomi Lidiard (mezzo soprano) are singing sacred music, accompanied by Jen Hartley (piano) and Clare Douglas (violin). The concert includes Pergolesi's Stabat Mater and works by Bach, Rossini and Purcell. Tickets are £15 to include a glass of wine and light refreshments and they are available through Trybooking: www.trybooking.co.uk/BLZ

The concert is in aid of stained glass repairs in the church and is kindly sponsored by Oglethorpe Sturton and Gillibrand, solicitors. Should you need any help with this, please phone Nick Gillibrand 015242 71231.

All are welcome to join us.

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Game, Set and Match

Kirkby Lonsdale WI invites you to attend our meeting on Wednesday 6th April, at 7.30pm, with Andrew Butcher, Line Umpire at Wimbledon. Andrew regularly played tennis during his childhood which opened the door for him to try his hand at line judging. For the past 14 years he has been an official line umpire at the All England Club, Wimbledon. He likens this work to having one of the best seats in the house where he can enjoy the unique atmosphere whilst calling the shots over the likes of Andy Murray and Roger Federer.

The competition for this event (members only) is: A handmade, three-dimensional strawberry which will be judged by Andrew.

Our meetings are very relaxed, and all are welcome including non-members and gentlemen. Entry for non-members is £5. You may also wish to bring some loose change for the raffle and refreshments.

At last month's meeting, which followed our AGM, Amy Bateman delighted us with her award-winning photography as she led us on her journey as a farmer, wife and mum, to the professional photographer she is today. Amy enlightened us with some of the techniques in capturing her breath-taking images which also conveyed her empathy for nature and the countryside. Amy also kindly donated one of her calendars as a raffle prize.

Membership fees

The WI membership fee of £44.00 which runs from April 2022 to March 2023 is due as from the 1st April 2022.

Dual members will pay £21.60 to their second WI.

Renewal payments by cash or cheque (Kirkby Lonsdale WI) will be taken at our April meeting and can also be made by either hand delivering or posting to: KLWI, 36 Fairgarth Drive, Kirkby Lonsdale LA6 2FB. It is also possible to pay online: Account Name: Kirkby Lonsdale WI; Account Number: 34663975; Sort Code: 01 04 81

NB: Remember to add your name when prompted for a reference, and in the following format: FabianPatsy. Last name followed by as many letters of your first name as possible.

Winners of our competitions 2021 – 2022

The overall winners for competitions held over the past year are Shirley Boyd, Amorelle Hughes and Jen Kell who jointly share the first prize, a discount off their membership fees for the year ahead. Thank you to all those who have participated in these competitions, your entries have not only demonstrated your creativity but also added a very pleasant dimension to our meetings.

Please follow us on social media and don't hesitate to get in touch if you would like further information about our meetings or want to join; it's always a pleasure to hear from you.

Patsy and all on the Committee

Tel: 015242 98587 / 0776548094;

Email: kirkbylonsdalewi@gmail.com;

Web: www.klwi.co.uk; Instagram: kirkbylonsdale_wi;

Meta: Kirkby Lonsdale WI



Holy Week Reflections

'Walking the way of suffering'
(finding hope in brokenness)
Begins Monday 11th April
7.00 - 8.00 pm

Mon-Wed in the Methodist church.
Thursday 14th in St Mary's Church.

**Good Friday 15th Open Air Service,
Market Square at 11.00 am
Set off from Queens Square 10.50 am**

Hornby Lunesdale Probus Club

Our first meeting in April will take place on Monday 4th April when Marine Engineer David Arris will tell us about the building and service of the Liberty Ships, which kept us supplied during WW2.

On Tuesday April 26th we will be visiting Blackpool Airport to see the Spitfire (ground display team) Centre plus a fish and chip supper on the way home. Timings and final prices tba, estimated at around £20-£30 per head. Friends, relatives and guests welcome.

Hornby Probus Club meet at 10.30 am in the Hornby Village Institute on the first and third Monday of each month. For further details or any information please contact Roger Carter. Hon. Secretary, Hornby Probus Club 015242 22283.

Hornby Institute

Saturday and Sunday 9th & 10th April: 11.00am-4.00pm 'The Lune Valley Art and Craft Exhibition'

Display of Arts and Crafts from the Lune Valley and the surrounding area. Refreshments in the Institute and light lunches in Hornby Tea Rooms. The Gardens at Hornby Castle will be open as will Coach House Antiques and our local shops.

Thursday 21st April Hornby Flower Club

We meet in the Institute at 7.30pm on the third Thu of each month. We are very privileged to have, not one but two NAFAS demonstrators in March and April. On 17th March is Joan Bentley, whose theme is 'Inspiring designs on a budget', while on 21st April Anne Morgan has an up-to-the-minute 'surprize' theme.

Sunday 24th April 'The Long Nights'

Lancaster-based band known across the circuit for their old-time folk, bluegrass and Americana. Banjo, guitar, fiddle and double base. Close harmonies and stories of romance, witches, religion and MURDER. Tickets cost £6.00 obtained from the Institute 015242 22227. Bar open 7.00pm Concert at 7.30pm.

The Lune Valley Swimming Pool

Fundraiser Party Night at Arkholme Village Hall on Saturday April 2nd.

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Bar opens 7.00pm. Admission £10.00. Ample free parking. Tickets from Hornby Pool or Arkholme Village Hall 07716 122940.

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River Lune Ramble

Date: Saturday 7th May

Time: 2pm at Devil's Bridge, Kirkby Lonsdale.

Group size: Max 16 people

Book a place: text 07988 883418 or email pgdr758@gmail.com

Local geologist, Carolina Goodship, will led a geo-walk from the Devil's Bridge to Ruskin's View to explore the rocky outcrops along the riverbank and discover how they offer a glimpse into the evolution of our Earth.

Overall walking distance is 1.1 km. Care will be required while on the rocky outcrops as these can be slippery. Sturdy footwear is recommended. Towards the end of the walk, we will be going up the steep Radical Steps, finishing at Ruskin's View. The excursion is expected to take around 1.5 to 2 hours max.

This event is being organised by Cumbria Geoconservation for Geoweeek 2022, a national initiative to introduce people of all ages to the amazing world of geoscience.

Carolina Goodship

Crown Green Bowling

Kirkby Lonsdale Crown Green Bowling Club has now opened the green for the new season. We are situated on Kendal Road, next to QES, almost directly opposite Harling Bank. The Club always welcomes potential new members, from experienced players to absolute beginners. Whether you want to roll a few bowls on a sunny afternoon or test yourself against the very best players in the county, we're confident you will find your level at our Club.

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Adult beginner competitions every 1st Sunday of the month suitable for players new to golf with or without handicaps.

For the Junior Golfer:

Junior Golf every Saturday 3 -4pm 6-16 years.

Pay as you go. £6.50 per session.

Beginner junior competitions every 1st Sunday of the month.

Suitable for all juniors with or without handicaps.

Championship Putting League in memory of John Makinson, course owner. Running 7th April - 27th August every Saturday and Thursday 10am - 3pm. Open to members and non members. Prizes for the best score each day plus overall League winner. £1 per round.

50% of entry fee goes to Cancer Research UK.

For more details ring 015242 71592

Just for Ladies:

Ladies Golf Social Nights Every Tuesday 6.30pm run by level 1 Golf Coach Ruth Kendal. 1/2 hour skills session and a few holes of golf before returning to the clubhouse for refreshments and to socialise. Informal fun sessions. £7 per person.

For all Golfers:

Adult Improvers session for golfers with some experience. Tuesday 10 - 11am. Pay as you go. £10 per session.

Skills master class session (putting, chipping etc) First Sunday of each month 11am - 12pm suitable for all adult golfers. Pay as you go. £10 per session.

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