

AKL

Around Kirkby Lonsdale

February 2020



**Monthly news and views of Christian Churches and community in the Rainbow Parish area;
a Rainbow Parish production**

Photo ©Robin Ree 2019

Let's Make a Difference in 2020!



When you read this, we will be well into a new decade. But while 2020 has a rounded ring, are we to expect that it will be any different from 2019, which for most in the UK was an unsettled year, to put it mildly?

The global news in January so far, has been very concerning, suggesting that things are getting worse rather than better. What about New Year's resolutions, did you make any? If so, have you managed to keep them? Personally, I don't make any these days, as in the past, I couldn't cope with the disappointment if I broke even one.

When preparing a Christmas Day sermon, I was struck by a set Bible reading for the day. It was from the apostle Paul's short letter to fellow worker Titus, who was bringing the Christian gospel message to people on the island of Crete. Paul reminded Titus that because God sent Jesus Christ to earth to be the Saviour of all humans, when he went back to heaven, Jesus left his Holy Spirit on earth to live inside each Christian. God

expects us to live changed lives, as Paul put it 'self controlled, upright and godly, eager to do what is good.'

If we want 2020 to be a rounded and peaceful year, rather than the turmoil of 2019, we need to realise that the change has to start with us. We need to be that bit more considerate, patient and loving towards family, friends and those with whom we come into contact, even those we don't get along with. If God's way is proliferated throughout the UK and beyond, the world would be a happier place. Then we would be better placed to try to solve the "big issues" affecting human-kind, like conflicts in the world, fairer distribution of global resources and global warming.

Let's resolve to make a difference in 2020!

Liz Dew, Lay Reader

New Year, New Prayer Pattern

New year is known for resolutions. One I have been trying to keep for quite a while is to explore new ways of praying. Why this? Well, to quote a wise six-year-old: 'Because prayer allows us to hear what God is thinking about.'

Prayer doesn't come naturally to me. I wonder if it comes naturally to any of us. I suspect prayer is similar to connecting with a person. The more time we spend with them, the more we really hear, learn and begin to understand that person.

However, to want to spend time with someone you need to find a way of connecting with them. At the start, it often feels awkward. Given time, relationships can progress into deeper connections. For a life-enhancing relationship, time, commitment alongside grace and humour by both parties is vital. *(continued on page 4)*



picture by Hannah Dunnett

THE CHURCH OF ENGLAND

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A Market Square re-think?

Dear Editor. Quite often, when I look at the Royal, I think how nice it would be if there was more seating outside the hotel. It also crosses my mind from time to time that getting to the bus from the shelter is made uncomfortable by having to weave through parked cars. This diagram shows how one might be able to address both issues by losing about four car spaces and making the bus stop next to the shelter. I don't know whether the loss of market stall spaces would be critical, but I haven't noticed that it would be and maybe, in extremis, they could use the new Royal forecourt on a Thursday.

Nick Gillibrand

Mansergh: DCC Secretary: Mrs Sue Harrison, Belle Vue Farmhouse, Mansergh, LA6 2EJ, 015242 72448, harrison.bellevue@btinternet.com. DCC Treasurer: Mrs Ann Humphries, The Gate House, Old Stable Yard, Rigmaden, Mansergh, LA6 2ET, 015242 76526, ahumphries500@gmail.com. Churchwardens: Mrs Wendy Hadwin, Mansergh Hall Farm, Mansergh, LA6 2EN, 015242 71397.

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C. OF E. SCHOOLS: St Mary's Primary, Kendal Rd, Kirkby Lonsdale, LA6 2DN, 015242 71334. St Patrick's, Endmoor, Kendal, LA8 0HH, 015395 67388.

CHURCHES IN LUNESDALE FAMILY PROJECT: Project Leader Miss Lol Wood, 07413 689311, lol@cilfamilyproject.org.

THE METHODIST CHURCH: Rev Wendy Thornton, Kendal Methodist Circuit, 015242 73570 or mobile 07788 653 000, wendy.thornton@methodist.org.uk.

ST JOSEPH'S RC CHURCH: Back Lane, Kirkby Lonsdale. Sunday Mass, 9am. During the week, as announced. Parish Priest Canon Luiz Ruscillo, The Presbytery, St Mary's RC Church, Hornby. Tel. 015242 21246.

FRIENDS' MEETING HOUSE: Preston Patrick Sundays 10.30, Warden 015395 61163. Brigflatts Sundays 10.30am, Warden 015396 20005.

VOLUNTEER DRIVER SCHEME: 07788 52 25 11

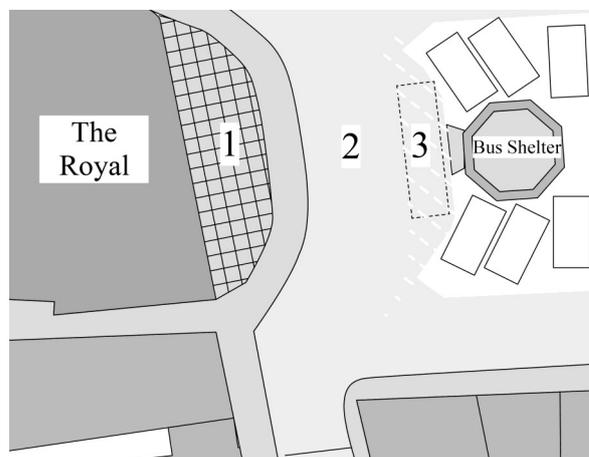
CUMBRIA POLICE: Emergency 999, non-emergency 101

Deadline for Mar AKL: Midday Sat 15 Feb

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1 = Seating and planting outside the Royal
2 = Roadway outside the extended Royal forecourt
3 = Four car spaces lost and bus stops outside shelter

New Year, New Prayer Pattern

(continued from page 2)

The most helpful tip I received in relation to prayer was when I underwent a week of guided prayer. I explained to my prayer guide my struggles with prayers, how too often I felt no connection at all when I prayed out loud. How I never seem to get close to the deeper connection. I knew logically God is there for everybody, but I wasn't experiencing that. He looked bemused and then asked "Have you tried praying differently?"

The prayer guide's question made sense when I compared prayer to learning styles. Learning styles can help us connect with God as it allows us to discover that within each of us is our own route to God.

We all learn differently and today schools deliberately use different learning styles in class, so everyone can learn using their best style. The four that are most talked about are visual learning (by seeing), auditory (by listening), kinaesthetic (by doing) or reading/writing (through words).

Knowing how we learn best I believe can help us when it comes to connecting with people or even God. Every week I visit a different class in St. Mary's School to explore new ways of praying using the different learning styles. This term we are using images to help us think about and perhaps connect with God. I have used images by the artist Hannah Dunnett. These use a combination of imagery and words- hopefully giving those who are visual or reading/writing learners the opportunity to connect, through prayer, with God. However, I also ask questions aloud to guide people in their prayer time, enabling auditory learners the opportunity to connect. This time I couldn't find a way to incorporate kinaesthetic. This means next time we will focus on a prayer style that is kinaesthetic.

I encourage you all to try a new style of prayer at some point this year. If you fancy trying some of the prayers using Hannah Dunnett imagery; I include one on page 2 and list some questions. below You can either read or speak these questions out loud to yourself. Or you can simply use the image as a way of connecting in prayer with God.

Questions to reflect on:

How does this art make me feel?

Find a word you like in your artwork. Take your time. Focus on it. What does this word make you think about?

Does this artwork help you see God differently?

Lol

Rotary Club of Lunesdale

On Saturday 28th March 7.30pm at Queen Elizabeth School The Rotary Club Will Present 'The Defenders'.

Tickets are available from the Tourist Information shop in Kirkby Lonsdale from 1st February priced £12.50 or tel Nigel Pullen 015242 732873. Cheques to be made payable to 'The Rotary Club of Lunesdale', please. We look forward to welcoming you to a great evening with this very popular and talented group, their fabulous music of The Rock & Roll years and, of course, some dancing. Tickets are limited so please purchase yours early to avoid disappointment. All the money raised by the concert will be donated to NW Air Ambulance. The Rotary Club is grateful to Kirkby Lonsdale Brewery for sponsorship support for the concert.

On behalf of President Dave a big thank to the Rotary members their family and friends who helped prior to Christmas to transport Father Christmas, in his sleigh, to visit villages in the Lune Valley braving the weather which on some evenings was really not very kind! Also to everyone who put a donation in the collection boxes a big thank you. The money raised will go to deserving local causes. *Lilian*

The Big Vision update

It's clear from the extensive consultations we did last year with both the community and our congregations that the churches (not just the church buildings) hold a very special place in the hearts of many people in Kirkby Lonsdale and the wider area. This year we intend to bring forward specific proposals as to how we can widen the use of the wonderful buildings and surroundings we have so that they can be opened up for greater community use and benefit. When our proposals are announced, we will be seeking the views of you, the community, in a further round of consultation and discussion and as always, updates will be published each month in Around Kirkby Lonsdale.

In December we hosted a meeting of senior Cumbrian Church leaders from the Church of England, the Methodist Church and the Roman Catholic Church. We updated them on progress to date with The Big Vision and they expressed their enthusiasm and support for the project. You may also have seen us featured in January's Lancashire Life as part of the article on Kirkby Lonsdale.

As ever, please get in touch with any of the Project Team if you have any questions or comments, either by email at reply@thebigvision.org.uk or in person to one of the team who are Rev Richard Snow, Rev Wendy Thornton, Rev Anne Pettifor, Anne Foulerton, Merlin Hibbs, David Dalgoutte, Mike Cunningham and Peter Gregson (Chair).

The Journey to Bethlehem—and Friends of St Mary's beyond!

A huge thank you to everyone who was part of the 'Journey to Bethlehem' Christmas celebrations in our communities during December. There was a huge variety of special services and events and every one of them had its own unique character. We are hopeful that there was something for everyone! But feel free to let us know if there is something that we need to add.

Thank you to all those who prepared and decorated the churches; to those who helped with publicity; to the musicians, singers and readers who not only took part but spent a considerable amount of time preparing and rehearsing. Thank you to the schools and the brass band who bring their own special energy to the celebration of Christmas each year. Thank you to those who provided refreshments at the different events and last, but by no means least, to those who willingly tidied things up afterwards so that all was in order for the next event.

Some of the services included special collections to support the work of local and national charities, and the work of the church here in our communities. 'Thank you' on behalf of all of them; they are all extremely grateful.

From the Ministry Team

Casterton WI

The December meeting, the final event in Casterton WI's Centenary Year of 2019, was attended by 17 members and two guests, who were treated to some beautiful singing from folk singer, Celia Ketchell. Song sheets were distributed, and members joined enthusiastically in the choruses of the various songs. The business meeting then followed. The programme for 2020 was distributed with a very interesting list of monthly speakers, together with the names of the new committee and those with various other responsibilities. It was noted that the June meeting, when local expert Tom Attwood of Halecat Garden Centre will be talking about 'Gardening for Bees', is open to the public. The list of Resolutions for 2020 was passed round with the resolution to end modern slavery receiving overwhelming support. The evening ended on a festive note with mulled wine and mince pies.

As there is no meeting in January, the first meeting of 2020 will be on 5th February at 7.30 p.m. in the Village Hall. The speaker at this event will be popular Lake District expert, Andy Lowe, whose topic is 'Discovering Lake District Villages'. The following month the meeting will be on 4th March when the speaker will be Pat Newsham, speaking on 'Guiding at Dalemian Mansion. As usual this will be at 7.30 p.m. in the Village Hall.

Firstly I should like to thank all those who helped with our Bric-a-Brac stall in St Mary's Church over the Christmas Fair weekend: we made the grand profit of £3306.10 which was wonderful, many, many thanks for emptying your cupboards and donating so much.

Secondly, as mentioned before, we are holding an Open Gardens event on 27 and 28 June. Several of the people who opened their gardens three years ago have shown an interest in doing so again this year, and I will shortly be contacting them to confirm. If any of you weren't involved then, and would like to be this year, please contact me. I look forward to hearing from you, or speaking to you. Pat France, 71740.

Activities for tots!

Every Tuesday morning during term time, The Mulberry Bush Nursery in Casterton opens its doors for a Stay and Play session for babies and toddlers! Come along and join in the fun from 9:45 to 11:30 am. £1.50 for the first child, 50p for each additional child. Call 01524 938277 to book your place or email prepoffice@sedberghprep.org.

Leap into February with A Free Sports Hour for Pre-School and Reception-aged children packed full of activities that help develop motor skills, improve physical and mental wellbeing, support communication skills and, importantly, are lots of fun! Sports hours will take place on the 1 and 29 Feb, starting at 10:00 am. Children attending other schools are very welcome to take part. Email emma.goligher@sedberghprep.org.

Developing Confident Readers and Willing Writers, Tue 25 Feb from 18:00. Whether your child is due to start school in September or you want to know more about phonics, come along to this parent workshop for information about how you can support your child's early literacy learning. Designed for parents of children aged 4 and under it will be held in the Library at Casterton, Sedbergh Prep School. To book a place please call 015242 79200 or email prepoffice@sedberghprep.org.

Glove Fairy

Thank you so much to the Kirkby Lonsdale glove fairy – you know who you are! Many thanks, Penny.

Jean Loble

Would like to thank all those people who kindly helped her with transport over the Christmas / New Year period. Unfortunately, a foot operation meant that the little Green Fiat was off road! Also a vote of thanks to H.T. News and my next door neighbours for getting my daily paper to me.

View From The Bridge

I am starting off this month with the Town Council meeting on 8th January when the 'precept' for the coming year had to be decided. The precept is the amount of money the Town Council asks South Lakeland District Council to raise on its behalf from Kirkby Lonsdale Council Tax payers to fund a range of activities in the town. It includes all the maintenance of open spaces in the town, street lighting, litter bin emptying and helping to fund the Community Interest Company (CIC) and the Christmas Market and lights.

The average final cost to a band D property will be £62: about £1.20 a week. Normally the Town Council tries to keep increases in line with inflation, but not this year. The Council has raised the precept by 10% to help fund a major issue facing the town. Storm Desmond did an enormous amount of damage across Cumbria and in Kirkby Lonsdale it caused major undercutting of The Brow below Ruskin's View. Remedial works are likely to cost over £200,000, well beyond the means of the Council. Before works are carried out, a number of investigations need to be completed and an increase in the precept will help pay for these. When it comes to the works required, major fund raising will be necessary. The overall increase this year will also depend on Cumbria County Council, SLDC and the police. If you are unable to attend the monthly meetings you can still follow proceedings by going to the KL website; alternatively, the current minutes and agenda are in the library and the Lunesdale Hall notice board.

Due to problems late last year with the server, Lunesdale Hall has a new email address for correspondence Lunesdalehallbookings@gmail.com please use this with immediate effect. Finally, the answer to the question I get asked by visitors and some locals the flag on the pole outside the hall? It is the Westmorland flag. My thanks as usual go to my fellow Councillors and Diane for their help.

Best wishes, *Cllr. Geoffrey Buswell*

Volunteers Needed

We are looking for wonderful people to come and join our friendly team at the Save the Children Shop in Kirkby Lonsdale. So, if you have a few hours to spare, whether weekly, fortnightly, monthly or ad hoc, we would love to hear from you. Either pop in to the shop and say hello or call Hannah Ellis on 07471215421 or email h.ellis@savethechildren.org.uk. You'll be helping children in the UK and overseas, as well as gaining new skills, boosting your CV and making new friends. Full training given.

Lyrics and Laughter

For people living with dementia and their carers. A singing and music group where we sing old, familiar songs and learn new ones. We have a go at singing simple rounds and at playing percussion instruments along with some of the songs. We ask that each person is accompanied by a carer: not necessarily be the same person every session.

2nd and 4th Thursday each month from 1.30pm to 3.30pm at Carnforth Free Methodist Church, Carnforth. No charge.

Marilyn Thomson, the Lyrics and Laughter co-ordinator is a former ward sister at Nottingham City Hospital with specialist training in Dementia. She is also a Dementia Champion for the Alzheimers Society and also a Safeguarding Vulnerable Adults Trainer. All the volunteers have undergone safer recruitment procedures which comply with the Policy on Safeguarding Vulnerable Adults and key leaders have DBS certificates (the new CRB.) The group is approved and supported by the Leadership Team at Carnforth Free Methodist Church

Contact: Marilyn on 07547957371; email dementiafriendlycfm@gmail.com. Upcoming dates: 13 and 27 February; 12 and 26 March; 9 and 23 April; 14 and 28 May; and 11 and 25 June.

Join the KL Town Council

Are you interested in the future of Kirkby Lonsdale? Do you believe in localism - being responsible for, say, street lighting, parking, town cleanliness, housing provision, our local environment? Have you ideas about how best to spend council tax? Can you work as a team member, but still have strong personal views?

Kirkby Lonsdale Town Council - nine councillors and the Town Clerk - works with various groups, organisations and other levels of local government on behalf of its residents, be they retired, of school age, bringing up a family or working or running a business locally. The town council is non-political, which enables it to work fairly and without prejudice across the political spectrum. Meetings are held monthly, in public, on a Wednesday evening. There is currently one vacancy on the council. Councillors, who are also trustees of the Lunesdale Hall, are able to co-opt a suitable candidate after a short interview.

If you'd like to join this team to help shape the future for the town and its residents, you are asked to write to the Town Clerk, the Rev Kevin Price, Braeside, Low Greenhills, Crook, Kendal, LA8 8LA, saying what qualities you could bring to the town council.

Allan Muirhead, deputy Chairman, KLTC



First Aid Training

Approximately 195 students have been trained in first aid by First Aid Training Plus, which is equipping our Year 10 & 11 students with invaluable life skills.

STEM Roadshow

The Science Museum, in conjunction with the University of Cumbria, delivered their first interactive workshops to students at QES and QESstudio recently, as part of their STEM Roadshow touring Cumbria.

Youth Fed Cyber Academy

Year 12 Digital Creatives students recently visited the Youth Federation Serious Organised Crime Cyber Academy in Salford. Students learned about cyber security to increase their awareness around digital safety and about career opportunities within this exciting sector. They were given the opportunity to do some live threat hunting and cyber security simulations on real-time cyber attacks.

Liverpool Art Trip

BTEC and A Level Art & Design students enjoyed a trip to Liverpool to visit the Tate Gallery and Mersey Maritime Museum to inspire future art projects.

Diary Dates

Cabaret Night, Tuesday 11 February, 7pm

Grimm's Fairy Tales Shows, Monday 16 to Friday 20 March (2 shows per evening 6pm & 8pm)

Strings & Piano Festival, Tuesday 24 March, 6pm

Contact Helen Baines for tickets: h.baines@qes.org.uk

The Book Lounge

Since last Summer I have been stocking new books alongside the second-hand books. All second-hand books are now in the front room, with new books in the back together with book-themed gifts. I am always looking for recommendations and welcome any suggestions you have. I now support several local authors, stocking and promoting their books. If there is a book you would like me to order, please ask and I will see if I can get it for you. I plan to place orders on a Thursday for a Friday delivery, stock permitting. Thank you everyone for your support, now in my second year the shop continues to grow and develop.

Valerie

QES - Rising Stars

Queen Elizabeth School is honoured to have two of Cumbria's three Rising Stars recently awarded by Active Cumbria at a prestigious event held on Fri 29 Nov at the Low Wood Bay Resort and Spa in Windermere. These talented athletes were selected by Cumbria County Council's Active Cumbria Team from nominations received.

Elliott Woodburn was nominated for his excellent contribution to the sport of swimming, winning every class he entered at the County championships earlier this year— a total of 13 events. Earlier in the year, whilst competing at the North West Regional Championships in May, Elliott was crowned NW Regional Champion in 50m, where he set a new British and English Age Group Record for 13 year old boys, as well as being crowned in 100m and 200m breaststroke and 50m backstroke, being awarded British Age Group Champion boys 14 years in 50m and 100m breaststroke. He also won silver in 100m backstroke and bronze in 200m backstroke.

Esmee Holgate was our other Rising Star chosen for her sport of Judo where she has had an amazing season winning the Midland Area Age Band Championship, gold at the British Schools Championship and silver in the Northern Ireland Open Championship. Whilst competing for England Esmee took silver in the Flevoland Open International in the Netherlands, bronze in the Alkmaar Open Championships in Holland and bronze at the Izegem Open International Tournament in Belgium. She also won numerous national awards including gold medals at the Goole Judo Championship, at the Regional England Development Squad Northern Region Open Competition and at Judofest.

Watch out for these names in years to come.

Kim Bradshaw

KL Crown Green Bowling Club

The Bowling Club is situated on Kendal Road, next to QES. The Club welcomes potential new members, from experienced players to absolute beginners. Whether you want to roll a few bowls on a sunny afternoon or test yourself against the best players in the county, we're confident you will find your level at our Club. Full equipment is provided as well as tuition. Should you enjoy the sport and wish to join the Club, we offer half-price membership for the first season at £17.50.

The green opens for the season on Saturday 14th March at 2pm so if you'd like to give the game a try please come along. Alternatively, you can contact Katrina on 015242 73220 or Janet on 015242 71055 for further information www.kirkbylonsdalebowls.co.uk.

Cllr Ian Mitchell

I hope everyone enjoyed Christmas and New Year.

YDNPA

I continue to talk to people who are considering submitting or want updates on planning applications and planning processes. It is quite a complicated procedure and I'm happy to offer advice and guidance to anyone who asks. As a member of the planning committee I vote in favour of planning applications that encourage development that will support a growing, diverse and resilient economy, and which will help make the national park a more attractive option for young adults and people of working age to live in.

CCC

In January I met with a Senior Manager for Highways delivery from Cumbria County Council. It is vitally important that members of the public report highway faults through the Cumbria County Council website; these can include Carriageways defects, doorway defects, flooding and drainage, road markings etc. As part of these discussions we talked about the upcoming permanent works on Millthrop bridge. We know there will be disruption when these works take place, but myself, Suzie Pye, Nick Cotton and CCC are working to ensure that this disruption is kept to a minimum.

I'm continuing to push CCC and SLDC to find solutions to the issue of parking in the market square, this is proving slow progress. However, with a new contact within CCC I'm more determined than ever to find a solution.

As always if there is anything you think myself or local Lib Dem team can do to help you, please don't hesitate to contact me; 07530602234 OR ian.mitchell@southlakeland.gov.uk

KLCTRF

AGM - Notice of Meeting. The Kirkby Lonsdale Community Trauma Relief Fund AGM will be held on Monday 23rd March 7pm in the Ruskin Room, Lunesdale Hall, Kirkby Lonsdale. Members of the public welcome.

Dales' Haggis Award

A haggis produced by Dales Traditional Butchers has picked up a major prize at this year's Golden Haggis Awards at the Oban Winter Festival. Although the top spot was secured by haggis makers Minicks of St Andrews, Mark Duckworth's entry won the runner-up prize against an impressive line-up of competitors – many with previous wins under their belts. Our congratulations on a prestigious achievement.

Commemorating VE75

Plans are progressing on a variety of events in Kirkby Lonsdale to mark the 75th anniversary of Victory in Europe Day, 1945 (VE-Day). The date is Friday, May 8, 2020. With a special Bank Holiday for that day now approved by the Government, many individuals, groups and organisations will be celebrating or commemorating the end of the Second World War.

At QES, BTEC Art and Design students are working on a theme of 'War and Peace' which may involve each student producing a piece of art through the techniques they are learning. Their finished work could be part of a VE75 exhibition. The school's History department is also considering how to contribute to the local events.

Our churches, too, have expressed an interest in participating, as has the town's Gardening Association, which has been part of the local community since the 19th Century. The Association is staging a Dig for Victory event at the Lunesdale Hall on Saturday morning, May 9.

At St Mary's Primary School, staff are also planning their involvement. Staff are exploring the idea of holding a 'street party' in the school yard, to which a few people will be invited. They are also proposing that classes prepare an exhibition of work related to WW2 and VE Day.

The Civic Society has been approached, and the Chamber of Trade has been asked to encourage members with shops to consider window displays and special offers, which might reflect how the town looked in 1945. It would be interesting to see if any cafes offer portions reflecting what ration books allowed 75 years ago! And charged in pounds, shillings and pence. Traders do not have to be Chamber members if this appeals to them.

Allan Muirhead, who is a town councillor and a director with the town's Community Interest Company, said: 'Both organisations are supporting this initiative, which seeks to encourage everyone to mark May 8 in their own way. We will happily publicise the events which should make our town attractive to residents and visitors alike. It is a poignant time, of course, so celebration and commemoration go hand in hand.'

'It would be lovely if we could have perhaps an afternoon tea dance with appropriate music or a display of memorabilia, or photographs, from residents had relatives in the Forces during the Second World War. There are so many ways to mark the date. Anyone with an idea for an event is asked to contact myself or the Town and Tourism Manager, Janet Nuttall, so we can collate the events and dates and then publicise them widely.'

From the Editor

I'd like to take this opportunity to wish AKL readers, contributors and advertisers a Happy New Year! We know that AKL has a special place in the community – and we're always striving to make sure it reflects Kirkby's proud heritage, while embracing new challenges.

Last year we made a number of changes to AKL, including a move to all-white printing stock and the introduction of colour on some pages. We'd like to reassure readers that we haven't significantly increased production costs in order to do this: our new printer, Howard, is able to provide excellent reproduction in both black-and-white and colour on quality paper, and is flexible enough to accommodate varying numbers of pages on a month-by-month basis.

Having the option of colour has meant that not only are we able to feature photographs on the front cover (and often inside) but has opened up increased advertising opportunities, too. The added revenue from colour advertising more than covers the slightly higher cost of colour reproduction. All profits (after costs) go to the Rainbow Parish to support the work of the churches in Lunesdale.

We now print 1900 copies of AKL each month: every home in KL and the surrounding villages has a copy hand delivered for free by a volunteer from our amazing distribution team – massive thanks to everyone involved

Hornby

Sunday 1st March. Members of the Haffner Orchestra will perform a variety of music in Hornby Institute at 3.00pm - 4.30pm - entry by donation. This will be followed by afternoon tea: admission by ticket only: Book now to avoid disappointment Tickets £8.00 from Hornby Institute.

Saturday 22nd February The Hornby Singers Concert. Around the World in 80 songs (give or take a few). Come and enjoy songs from across the globe. Admission by donation. Tea & biscuits plus a raffle.

Saturday 29th February 'A Wedding Fayre' on Leap Year's Day. There will be all the businesses needed to make a wedding perfect - florists; dresses, photographers; caterers and more - come and talk to them for ideas to make yours a truly personal day. Pre-Loved dresses available plus a Grand Raffle - prizes to make yours a wonderful day! If you have any wedding finery to sell, ring Chris on 07548 250922. Look forward to seeing you at Hornby Institute from 11am to 3pm.

in this gargantuan task. You'll also see copies in local hostelrys and at the CIC on Main Street. The December/January issue was the biggest we've ever produced – we hope you enjoyed the special 'Journey to Bethlehem' pull-out that provided information about some of the special traditions and events over the Christmas period.

We've had overwhelmingly positive feedback re the new format – thanks to everyone who has written or stopped me in the street to share their views. While AKL offers a sense of continuity for readers, we feel we also have a responsibility to advance and improve – nothing should ever be immune from change. We'd like to invite readers to have a think about subjects they'd like to see more of in AKL – we don't really receive much local sports news, for instance. Please also continue sending in your photos. We can't promise to feature every one but we will include as many as we can.

I'd really like to extend my personal thanks to all our advertisers, without whom AKL wouldn't exist in its current form. Well over a hundred businesses advertise in the classified pages and we've had excellent uptake of our full-colour ads, too, since their introduction. Please take the time to browse through these pages when you're looking for goods or services – we think we have nearly everything covered!

Here's to 2020! *Diane Nowell, Editor, AKL*

Jazz in Hornby

Saturday 15th February, at the Hornby Institute: the Tim Kliphuis Trio, Tim on violin plus Nigel Clark, guitar; and Roy Percy double bass. Doors and bar open at 7.30 p.m. Tickets £15, on the door or ring 015242 22227.

Hornby Pool

The trustees would like to thank Lune Valley residents for all the initial support and encouragement – it's your pool so why not make it a new year resolution to come along and let us know what you think. We'd love to hear from you. Please call in anytime or check our website and Facebook www.lunevalleypool.com. Facebook lune valley swimming pool (01524) 805666.

Book Fair

Hornby Institute, Sat 15 Feb 10.00am – 4.00pm. A wide range of second-hand, out of-print and antiquarian books for sale, also classical CDs – ring 01524 752968 for further details.

February Services

2 Sun THE PRESENTATION

Kirkby Lonsdale	8.30am Holy Communion 11.00am Family Communion 6.30pm Evensong
Preston Patrick	9.30am Family Service
Lupton	9.30am Holy Communion
Barbon	10.30am Matins
Middleton	6.30pm Holy Communion
Casterton	6.30pm Christingle Service
KL Methodist Church	10.30am Communion Service led by Rev James Tebbutt Chair of Cumbria District 7.00pm Sunday@Seven Informal service, speaker, music and food
Cowan Bridge Methodist	10.30am United Service at KL

6 Thu

Kirkby Lonsdale	10.30am Holy Communion
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9 Sun 3 BEFORE LENT

Kirkby Lonsdale	8.30am Holy Communion 11.00am Matins 7pm Focus at Kirkby Lonsdale Methodist Church
Preston Patrick	9.30am Holy Communion
Barbon	10.30am Holy Communion
Hutton Roof	11.00am Morning Service
Mansergh	11.00am Holy Communion
KL Methodist Church	10.30am Morning Service, Amy Sattin of Christians Against Poverty
Cowan Bridge Methodist	11am Morning Service with Claire Middleton

13 Thu Kirkby Lonsdale	10.30am Holy Communion
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15 Sat Kirkby Lonsdale	4.00pm Treasure Chest
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16 Sun 2 BEFORE LENT

Kirkby Lonsdale	8.30am Holy Communion 11.00am Holy Communion 6.30pm Evensong
Preston Patrick	9.30am Morning Service
Barbon	10.30am Holy Communion
Lupton	4pm Christingle Service
KL Methodist Church	10.30am Morning Service led by Rev Wendy Thornton
Cowan Bridge Methodist	11am Morning Service with Mrs Barbara Fryers
20 Thu Kirkby Lonsdale	10.30am Holy Communion

23 Sun 1 BEFORE LENT

Kirkby Lonsdale	8.30am Holy Communion 11.00am Family Service 6.30pm Compline
Preston Patrick	9.30am Holy Communion
Barbon	10.30am Morning Service
Casterton	10.30am Holy Communion
Hutton Roof	11.00am Holy Communion
KL Methodist Church	10.30am Morning Service
Cowan Bridge Methodist	11am Morning Service with Irene McKay

26 Ash Wednesday

Barbon	10.30am Ash Wednesday Communion
Kirkby Lonsdale	7.30pm Ash Wednesday Communion
Preston Patrick	7.00pm Ash Wednesday Communion
27 Thu Kirkby Lonsdale	10.30am Holy Communion
28 Fri Kirkby Lonsdale	7.30pm Compline

(The type of service may change after AKL goes to print - Please check church notice boards for up to date information)

Crossing Point

The Crossing Point Café has recently been bought by sisters Rachael and Helen with their partners David and Adrian. The café is now opening on a Friday and Saturday evening, offering a relaxed and cosy bistro/wine bar with a range of cheese and meat boards, fine wines and alcohol beverages. Crossing Point can also offer customers an exclusive new champagne brand – Elodie D – which isn't available anywhere else in the UK. For more information please contact the Crossing Point Café on 01524 298050 or email contact@crossingpointwines.co.uk.

Echoes of Erin

We're delighted to welcome Ireland's leading traditional musicians, singers and dancers to St Mary's Church on Monday 17 Feb for a stop-off on their concert tour of Britain. Tickets cost £12 and are available from the CIC.

KL Gardening Association

Wed 19 Feb our first meeting of 2020 in the Bective Room. We start with our brief AGM at 6.30 followed by a chance to socialise and catch up with gardening friends whilst enjoying tea and cakes. Our speaker at 7.30 is John Foley from Holden Clough nursery at Bolton by Bowland near Clitheroe. A presentation looking at plants which flower and look great in the spring, mainly using plants with a few slides. His talk also covers tips and interesting facts on how to get your garden looking great ready for the summer ahead. John will bring a wide selection of plants for sale.

KL & District Civic Society

Mon 10 Feb, Lunesdale Hall, 7.30pm. First Map of Roman Britain 1590 with Dr Bill Shannon: illustrated lecture on how the Romans created a national road network. £2.50 admission including tea and biscuits.

The Rainbow Parish

Casterton

The church was beautifully decorated with a tree, holly and candles for the first event of the Christmas season when we sang carols with Casterton, Sedbergh Prep School. Festive refreshments were provided in school afterwards. This was followed shortly afterwards by a wonderful concert given by Kirkby Lonsdale Singers and Sing Joyfully! of seasonal music by contemporary British composers.

The Village Carol Service, consisting of readings and carols, was enjoyed by all who attended. Our thanks go to Mike Neal for leading it. There was a pleasingly large congregation for the Christmas Day Holy Communion Service conducted by Deborah Preston.

February Services: Sunday 2nd February: 6.30pm - Christingle Service with Casterton, Sedbergh Prep School Junior Chamber Choir; Sunday 23rd February: 10.30am - Holy Communion.

More details of the following forthcoming events will be in the March edition of AKL: Sing Joyfully! and KL Singers on Tuesday 24th March at 7.30pm. The concert will focus on the Gospel singing journey from Africa to America. Levens Choir on Tuesday 31st March entitled 'Beyond the Planets': the music of Gustav and Imogen Holst.

Cumbria Wildlife Trust

The local branch of Cumbria Wildlife Trust organises wildlife walks and talks once a month. Everyone is welcome. If you would like to help out with any of the events please do get in touch.

Forthcoming Events

Wednesday 26th February, 7.30pm - 9pm - Bats on our Waterways. Talk by Diane Rollin of the Canal and River Trust. Find out about bats, their relationship with canals and rivers and how the Canal and River Trust are caring for them. In the Bective Room, Lunesdale Hall. Free refreshments.

Wednesday 25th March, 7.30pm - 9pm - Magnificent St. Kilda. Talk by Cumbria Wildlife Trust's Reserve Officer, Sarah Dalrymple, about her experiences with the fascinating ecology and history of this remote and impressive archipelago. Bective Room, Lunesdale Hall. Free refreshments.

For more information about any of the events call Roger Neale on 015242 41155. We ask for a donation of £2.50 for adults for walks and talks, children are FREE.

Mansergh

There will be an uniquely fascinating talk at Mansergh Community Hall on Friday, 28 February at 7.30pm entitled 'Mansergh Memoranda: memories, mysteries and miscreants of a tucked away Parish'. Tess Pike is a highly qualified and very knowledgeable local Blue Badge Guide who is a fount of information on our area. Mansergh Community Hall is sign posted down the hill from Old Town. Tickets on the door, all welcome.

Lupton

Carol Singing raised nearly £200 and sent to Cancer Care. The second night was quite wet so reduced the number of places visited. Thanks to singers and contributors. Old time dances arranged by Alan and Margaret and Bob and Grace around Christmas were really well attended. Many thanks for all the work and food prep. We enjoyed the Christmas services. The church was full for the nativity and the children did so well doing readings and singing. Mince pies and chocolate completed it. Midnight communion was also well supported, and our New Year Service ended in a lovely meal at Brow Head. Thanks to Alan and Margaret and other suppliers for that and other helpers. Christingle is on 16 February at 4pm. Next Old Time Dance at Whittington is on 1 Feb at 8pm. Music by Bon Accords.

Hubble Bubble

Kirkby Lonsdale WI invites you to our next event on Wed 5th February at 7.30pm in The Bective Room, Lunesdale Hall at which Gareth Marshall, Director of 'The Bath House' will share his experience of establishing this successful, local business, now in its 21st year and give us an insight into how their unique products and fragrances are created. Gareth will also talk about our sense of smell and run a scent / fragrance testing game. This month's competition (optional): Create a handmade pot-pourri filled sachet.

We would like to express our gratitude to Sarah Peel, founder of 'Coolcrafting', for the fascinating talk she gave at our December event, about her entrepreneurship and fabulous creations, 'Luna Lapin and Friends'.

Non-members and members from other WI branches are welcome to attend at the cost of £5.00. (Non-members are limited to attend a maximum of three events within a calendar year).

For further information: Tel: 015242 98587 / 0776548094, Email: kirkbylonsdalewi@gmail.com, Facebook: Kirkby Lonsdale WI. Website: klwi.co.uk

MyKL LOYALTY CARD OFFERS FOR FEBRUARY 2020

www.kirkbylonsdale.co.uk/mykl

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9 Fairbank, Kirkby Lonsdale
Tel: 015242 71716

THE BOOK LOUNGE

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**Kirkby Lonsdale Chamber of Trade
Members Directory**

Pease consider joining. You can't be part of the new MyKL scheme unless you're a CoT member.

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015242 72299

The Bath House (Fragrance, skincare & bathing)

015242 73189

The Book Lounge (Secondhand books & coffee shop)

015242 72319

The Card Gallery (Cards & gifts)

015242 71237

Carr & Bleasdale (Home furnishings & fabrics)

015242 71261

Chocolat (Speciality chocolates, home of the Enchanted Chocolate Mine)

015242 72830

Dales Butchers

015242 71278

Edge Of The World (Outdoor clothing, footwear & lifestyle fashion)

015242 71390

Encanto (Lifestyle boutique & interior design)

015242 72288

H.T. News (Newsagents)

015242 71357

Just n So (Quality interiors and gifts)

015242 71464

Kirkby Lonsdale Visitor Information & Gift Shop

015242 97177

La Maison (Lifestyle emporium)

015242 71223

Little Owls Emporium (traditional toy shop and children's playroom)

015242 71588

Little Walkers (Children's shoes)

015242 72726

Lunesdale Bakery

015242 71296

Lunesdale Home, Garden & Hardware

015242 72751

Parma Violet (Gift & homewares)

015242 72585

Post Office

015242 71233

Sienna Jewellery

015242 72121

Sweet Shop

015242 71570

Food, Drink & Accommodation

Avanti (Restaurant & bar)

015242 73500

The Barbon Inn

015242 76233

The Copper Kettle (Restaurant & guest house)

015242 71714

The Crossing Point Café

015242 98050

Devil's Bridge Snacks

Tel not available

Fifteen Market Square (B&B)

07900 391549

Hipping Hall (Hotel & Restaurant)

015242 71187

The Highwayman (Restaurant)

015242 73338

Mill Brow House (B & B & self catering accommodation)

015242 71615

Number FortyFour (Café)

015242 72160

The Orange Tree (Hotel, restaurant & pub)

015242 71716

Plato's (Restaurant & bar)

015242 74180

The Royal Barn (Bar & venue)

015242 71918

The Royal Hotel (Hotel and Restaurant)

015242 71966

The Sun Inn

015242 71965

Whoop Hall Hotel

015242 71284

Self Catering Accommodation

Absoluxe Suites

07944 414565

Darcy House

07968 463166

Holly Tree Cottage

07837 244 659

Jasmine Cottage

0191 478 3456

Mill House Cottages

015242 76500

New House Caravan Park

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Around Kirkby Lonsdale (AKL)

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Checkpoint Safety (Wheel Nut Safety Products)

015242 71200

Community & Seasonal Engineering (Electrical engineers & Christmas decorations)

015395 67521

The Fairbank Society (Supported Independent Living)

015242 71077

Just Company (Companions for the elderly)

015242 72919

Kirkby Lonsdale Brewery

015242 72221

Love Beauty

015242 73520

Lunesdale Hall (Community facility)

015242 71618

Mindful Yoga & Shiatsu

07483 214210

Northern Print Distribution

015242 73907

Oglethorpe, Sturton & Gillibrand (Solicitors)

015242 71388

Orchard Financial Planning

015395 67129

QEstudio (Studio School)

015242 71275

Sew What? (Sewing & embroidery)

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www.kirkbylonsdale.co.uk/advertise

Advertising on the Kirkby Lonsdale website is very easy, and great value for money as well. There is one simple quarterly price of £90 and each advert is shown on every page throughout the website. Kirkby Lonsdale Chamber of Trade members' enjoy a discount of 50%.

The website receives thousands of visitors every month, ranks highly in Google and is the premier source for local visitor information as well as news and events.

Book 12 months up front and you'll receive an extra 3 months of advertising for free!

Dates for your Diary

(KLLH KL Lunesdale Hall; AVH Arkholme Village Hall; KLMH Kirkby Lonsdale Methodist Hall; BVH Barbon Village Hall; CVH Casterton Village Hall; CSP Casterton School Pavilion; WVH Whittington Village Hall; HRVH Hutton Roof Village Hall; MCH Mansergh Community Hall

MONDAY

1:30-3:30 pm Over 50s Monday Club (1st/3rd WOM) KLLH

6:00-7:30pm Brownies – KLMH

6:15-7:15pm Beavers - St Mary's Primary School

6:00pm Fascial Fitness, BVH

6:00-7:30pm Cubs - CVH

6:00-8:00pm Scouts - HRVH (fortnightly)

7:30-9:00pm Bible study group - KLMH

8-10pm Barbon Bowling Club (Mon & Thur) - BVH

TUESDAY

9.30-10.45 Mindful Yoga AVH

9:30am Ecumenical Prayer Group – KL St Marys Church

9:30-11:30am Baby/Toddler Group (Tue & Fri) – CSP

9:30am Slimming World, KLMH

10am Baby Clinic & Edward Bear (4th WOM) St Mary's Church

10:30-12:00 Sight Advice Support Group (2nd WOM) – KLMH

11:00-12:00 Age UK gentle exercise KLLH

11.15-12.30 Mindful Meditation (& Chi Gong warm up) AVH

12:30pm Over 50s Lunch Club (3rd WOM) The Orange Tree

1:30-4pm Lunesdale Quilters (term time only) - MCH

2:15-3pm Contemp. Julian Prayer (3rd WOM) – KL St Joseph's

2-5:00pm Barbon Bridge Club – BVH

5:30-7pm Police drop-in (1st WOM) – KL Library

6:15-7pm Adult Balletfit/Pilates Fusion KLLH

7-8:30pm Youth Group (9-13), Endmoor Village Hall (term time only)

7:20-8pm Adult Tap KLLH

7:30pm Scottish Dance Class – CVH

7-9pm Guides – St Mary's primary school

WEDNESDAY

10:30-12pm Hearing Aid clinic (3rd WOM) – KL surgery

10:00-4:00pm Barbondale Quilters (2nd WOM) MCH

12-2pm Meet to Eat – KLMH

2pm Carers Association (2nd WOM) – KLLH

6-8pm Mindfulness Based Living Course— Fraser Hall

7:00pm KL Town Council Meeting (2nd WOM) - KLLH

7:00pm-9:00pm Aluna Explorers (term time only) - different venues

7:00pm-10:00pm Barbon Bridge Club—BVH

7:30pm Casterton WI (1st WOM) - CVH

7:30-9:30pm Handbell Ringers Masonic Lodge (7 Fairbank)

THURSDAY

9:15-11:30am See + Know meet 0-5yrs old - KLMH

10-12am Farmer's Market (KL Square) / Country Market (KLLH)

10-12am MacMillan / Age UK drop-in (1st & 3rd WOM) Library

10-3pm KL Embroiderers' Group (3rd WOM) - BVH

2-3pm SLDC Planning Surgery - KLLH

3:30pm-7pm Children's Dance classes 3-16yrs – Fraser Hall

6:30-7:45 Mindful Yoga Sunset—BVH

7pm Boxercise – CSP

7:30-9:30pm KL Art Society Evening sessions - KLMH

8-10pm Barbon Bowling Club (Mon & Thu) - BVH

FRIDAY

9.15-10.30 Mindful Yoga Sunrise— BVH

9:30-11:30am Baby/Toddler Group (Tue & Fri) – CSP

9:30-11:30am Baby/Toddler Group Cowan Bridge Village Hall

10-11am Zumba Fitness – Whittington VH

11am-2pm Craft Group (last WOM) - Cowan Bridge Methodist Church

10:30-2pm Friendly Friday Coffee & Chat (2nd WOM) – KLMH

7:30-9:30pm Church Ringing Group – KL St Marys Church

SATURDAY

10:30-12am Fairtrade Coffee Morning (2nd WOM) – KLLH

SUNDAY

10:30am Preston Patrick Quakers, Sunday Worship

10:30am Briggflats Quakers, Children's Worship

Barbon Quiz (1st WOM)

Please let AKL know of any changes or cancellations to diary entries

Feb

Sat 1 Old Time Dance, WVH, 8pm

Sun 2 Christingle Service, Holy Trinity, 6.30pm

Wed 5 KL WI talk, Bective Room, KLLH, 7.30pm

Mon 10 KL & District Civic Society talk, KLLH, 7.30pm

Tue 11 Cabaret Night, QES, 7pm

Sat 15 Book Fair, Hornby Institute, 10-4pm

Jazz In Hornby, Hornby Institute, 7.30pm

Mon 17 Echoes of Erin, St Mary's Church, 8.00pm

Wed 19 KL Gardening Association, Bective Room, KLLH:

AGM 6.30pm, meeting 7.30pm

Sat 22 Hornby Singers Concert, Hornby Institute, 3pm

Wed 26 Cumbria Wildlife Trust, Bective Room, KLLH, 7.30pm

Fri 28 'Mansergh Memoranda' talk, MCH, 7.30pm

Sat 29 Wedding Fayre, Hornby Institute, 11-3pm

Mar

Sun 1 Haffner Orchestra at Hornby Institute, 3pm

Sat 14 Bowling Club open afternoon, 2pm

16—20 Grimm's Fairy Tales, QES, 6pm an 8pm

Mon 23 KLCTRF AGM, Ruskin Room, KLLH, 7pm

Tue 24 Strings & Piano Festival, QES, 6pm

Sing Joyfully! and KL Singers, Holy Trinity, 7.30pm

Wed 25 Cumbria Wildlife Trust, Bective Room, KLLH, 7.30pm

Sat 28 'The Defenders', QES Theatre, 7.30pm

Tue 31 Levens Choir, 'Beyond the Planets, Holy Trinity

Haffner Orchestra

Saturday 8 February 2020

7.30pm, Ashton Hall, Dalton Square, Lancaster

Conductor: Jonathan Lo

Leader: Julian Cann

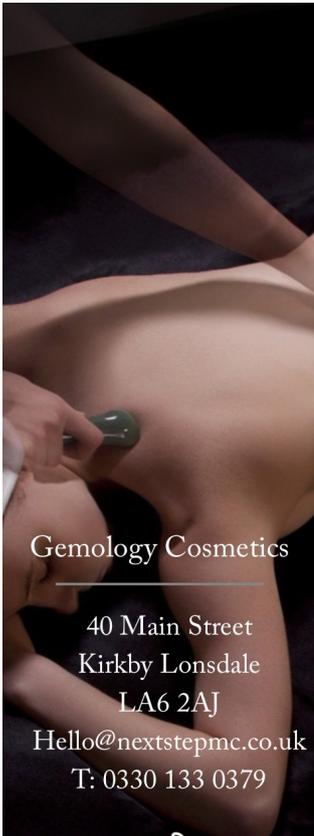
Pre-concert talk by Jonathan Lo at 6.30pm

Adult: £14.50 18 yrs. and under: Free

Students and benefit claimants: £5 on the door

Buy online: www.haffnerorchestra.org

Ring: 01524 582394 (credit card sales)



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YEAR 7 & 8 OPEN MORNING

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