

AKL

Around Kirkby Lonsdale

February 2023



Monthly news and views of Christian Churches and community in the Rainbow Parish area;
a Rainbow Parish production

Photo ©Rick Parker 2023

DUST ✦ GLORY

The 21 February this year is Ash Wednesday, the day that marks the beginning of the season of Lent. This is traditionally a season of penitential reflection and this is reflected in the still current practice of many of 'giving up' something that we enjoy or crave with the idea being that each time we feel the lack of the thing we have given up we pause and remember why we have given it up.

For Christians, the reason traditionally includes an analysis and acceptance of, and regret for, the ways in which we had fallen short of the best we could be in terms of the ways we behaved towards God and our neighbours.

On Ash Wednesday the services in church include the opportunity for 'ashing' – having the sign of the cross placed on our foreheads in ash (traditionally created by burning the leftover palm crosses from the previous Easter) with words 'Remember that you are dust, and to dust you shall return. Turn away from sin and be faithful to Christ'. These are sombre words – reminding us of our mortality and it would be easy to allow them to turn us to despair.

So it is important to remember that the season of Lent is to prepare us for Easter and the message that God so loves the world that he sent his only son Jesus Christ so that all who believe in him may not perish but may have eternal life (John chapter 3 verse 16 – one of the best loved verses in the whole Bible). The Easter message is a message of joy and hope and it is important to hold onto this hope as we use the season of Lent to examine ourselves, our motives and our actions.

As well as being a season of 'giving up' Lent is also an opportunity to 'take up' something positive such a consciously doing a good deed every day or setting time aside to pray for others or to study. To help with the prayer and study, which is sometimes hard to do alone, the churches in and around Kirkby Lonsdale get together to offer Lent Study Groups – details of the times and venues available elsewhere in AKL – and this Lent we will be using a course based on the new book written by Rt Revd Emma Ineson (who was previously our own Bishop of Penrith) called 'Dust and Glory' and subtitled 'What

Jesus said about sin, mistakes and messing stuff up'. In this book and this course, we are all invited to explore how we can live well with the mess of everyday life. Dust and Glory encourages us to take a fresh look at the frustrations and failings that every day brings and, rather than pretending we can always avoid them, seek to learn from them and grow closer to God through them.

Failure is human, universal and inevitable. The question is what we do with it and, even more importantly, what God does with it in partnership with us. The Bible does not shy away from the reality of human limitations and mistakes, from the story of Adam and Eve right through the struggles of the people of Israel, through to Judas' betrayal and Peter's denials of Jesus. But the Christian story is ultimately a story of failings redeemed and of sins forgiven. Our journey through Lent will lead us to the seeming failure and humiliation of Jesus' death on the cross. It is through that seeming defeat, however, that we will ultimately come to the joy of Jesus' triumphant resurrection. If we were to judge others – or ourselves – only by what we get wrong, there would not be much hope. But this year's Dust and Glory journey will remind us that the end of our story is written by God – and calls us to trust in God's merciful and hope-filled judgement.

So I hope you will be able to use this season of Lent as an opportunity to reflect honestly on our mistakes but to look to the future with hope because, as God is willing to forgive each and every one of us and set us on the right path for the future, who are we to remain sitting in the dust – let us rise, look to the future glory and play our part in making the here and now a better place for all.

Rev Anne Pettifor

THE CHURCH OF ENGLAND

Rainbow Team: Rector: Revd Richard Snow, The Rectory, Vicarage Lane, Kirkby Lonsdale, LA6 2BA, 015242 72044, rector@therainbowparish.org. Team Vicar: Revd Wendy Thornton, The Vicarage, Vicarage Lane, Kirkby Lonsdale LA6 2BA, 015242 73570, wendy.thornton@methodist.org.uk. Team Vicar: Revd Anne Pettifor, Stonebeck, Fairbank, Kirkby Lonsdale LA6 2DU 015242 71904, anne@therainbowparish.org. Distinctive Deacon: Revd Sue O'Loughlin, 60 Paddock Drive, Stonecross Meadows, Kendal, LA9 5FH 07900 530849 sueoloughlin.so@gmail.com.

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Barbon: DCC Secretary: Janine Trinder; DCC Treasurer: Mr Roger Groves, Kemps Hill, Moorthwaite Lane, Barbon, LA6 2LP, 015242 76322, jrogergroves@gmail.com.

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Kirkby Lonsdale: DCC Secretary: Ms Diane Nowell, 57 Fairgarth Drive, Kirkby Lonsdale LA6 2FB, 015242 73636, diane@copywritten.co.uk. DCC Treasurer: vacant. Churchwardens: Mrs Anne Foulerton, Gatelands, High Biggins, LA6 2NP, 015242 71281, afoulerton@hotmail.com; Mrs Maggie Venys, 8 Bective Road, Kirkby Lonsdale, LA6 2BG, 07980 009162, t_mvnyens@icloud.com.

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C. OF E. SCHOOLS: St Mary's Primary, Kendal Rd, Kirkby Lonsdale, LA6 2DN, 015242 71334. St Patrick's, Endmoor, Kendal, LA8 0HH, 015395 67388.

CHURCHES IN LUNESDALE FAMILY PROJECT: Project Leader Miss Lol Wood, 07413 689311, lol@clfamilyproject.org.

THE METHODIST CHURCH: Rev Wendy Thornton, Kendal Methodist Circuit, 015242 73570 or mobile 07788 653 000, wendy.thornton@methodist.org.uk.

ST JOSEPH'S RC CHURCH: Back Lane, Kirkby Lonsdale. Sunday Mass, 9am. During the week, as announced. Parish Priest Very Rev. Fr. Michael Docherty, The Presbytery, St Mary's RC Church, Hornby. Tel. 015242 21246.

FRIENDS' MEETING HOUSE: Preston Patrick Sundays 10.30, Warden 015395 61163. Brigflatts Sundays 10.30am, Warden 015396 20005.

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KL COMMUNITY HUB: Mon-Fri 10-1 015242 36404 klcommunity.co.uk

CUMBRIA POLICE: Emergency 999, non-emergency 101

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Diary

Feb

- Wed 1 KL WI meeting, KLLH, 7.30pm
Casterton WI meeting, CVH, 7.30pm
Friends of the Dales digital talk, 4.30pm
- Sat 11 Repair Café, KLLH, 10am-12 noon
- Sun 12 Muddy Church, St Mary's Church, 3-4pm
- Wed 15 KL Gardening Association AGM, KLLH, 6.30pm
KL Gardening Association talk, KLLH, 7.30pm
- Fri 17 Domino Drive, MVH, 7.30pm
- Wed 22 Friends of the Dales digital talk, 4.30pm
- Sat 25 Music of Cat Stevens, KLLH, 7.30pm

Mar

- 6-10 Sister Act Jr, St Mary's Church, 7pm
- Sat 11 Annual Muck Haul
Repair Café, KLLH, 10am-12 noon
- Sat 18 KL & District Civic Society course, BVH, 1-5pm
- Wed 22 Friends of the Dales Social Stroll, 9.30am-1pm
- Sat 25 KL & District Civic Society course, BVH, 1-5pm

Deadline for March AKL: Wed 15 Feb

We are changing our contact details— please note our new email addresses:

Editorial matters: Please email queries, articles, photos and other submissions to the editorial team at akl@kirkbylonsdale.org

Advertising: For all advertising matters, email: akladvertising@kirkbylonsdale.org

We will continue to monitor email traffic to the old mailboxes till 2023.

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Reflecting on the year

Revisiting New Year Resolutions

The month of February is a month I always use as the time to reflect on how my New Year Resolutions are going. I always try and start ones in January but post-Christmas, I tend to find myself wanting to continue to hibernate and so often ignore anything new that I have added to my list of things to do or try! February, however, feels different to me. The days are beginning to get lighter and trying something new feels easier consequently.

One of my resolutions this year is to try and find some time for quiet and reflection. The world can quickly feel too busy, and I always find the post-Christmas frenzy of returning to normal a bit too intense. So as February arrives I relisten to my need for finding quiet and space. Taketime has become a bit of an anchor for me to enable the stillness my busy brain and heart desires. Every Monday at 8pm, we meet online to be still and listen to stories inspired by Jesus. After a relaxation exercise, we are prompted to visualise ourselves in the story. At first this was something I struggled to do, but time and practice has meant that this has gradually changed. Some weeks the visualisation can bring great comfort and joy to me as I visualise myself having open conversations with Jesus. It is a time to share worries or rejoice in good moments. It feels healthy to spend this time meditating and I found it surprising that most weeks it is not that difficult to do. If you fancy giving Taketime a go, allowing yourself 30 minutes headspace, just email me on lol@cilfamilyproject.org for the Zoom link. It has been one of the most beneficial things I have added to my life, and I went in with low expectations as someone who doesn't typically find it easy to stop, pause and rest.

One of my other New Year Resolutions was to be outside more. This was inspired partly by the 1000 hours outside challenge I had spotted other friends doing and noticing how much better I felt if I was outside for 30 mins or more each day. This seemed like a must for me this year. I would love to tell you I have taken up a strict discipline such as weekly runs, but if you are like me, that isn't possible. Instead, I have kept the resolution flexible to 'be outside more' so that I can shape the day around time outside in any form! My love for outside comes from the sense of peace I feel when I connect with nature. I imagine it is a form of mindfulness or grounding, but it feels somehow more than that! It is like

Domino Drive

A Domino Drive will take place at Mansergh Community Hall on Friday 17 February at 7.30 p.m.

Raffle and refreshments afterwards. Everyone welcome!



Join us for 30 mins relaxation every Monday at 8pm.

Taketime is a practice of listening to guided meditations, inspired by the stories of Jesus on Zoom.

Zoom details:

Meeting ID: 847 2156 0890

Passcode: 463908

For more information email:
lol@cilfamilyproject.org or
sueoloughlin.so@gmail.com

connecting with a core part of who I am meant to be, perhaps linking back to some long-forgotten ancestry or acknowledging the wisdom in the Bible to look after the earth and be a steward of it. I love exploring nature in every sense from relishing the challenge of climbing a mountain to the quiet joy I can experience from studying a ladybird on a leaf.

One of the things I love about my job is finding ways to enable families to also experience and delight in the outdoors. Muddy Church offers the chance to do exactly this! We are keen for people to come as they are – all you need is a raincoat and some waterproof shoes (of any kind). You don't need to bring anything with you; we will provide the activities and shelter for if we do experience torrential rain! Muddy Church has the format of beginning with a fun challenge, next we gather for storytelling followed by an activity. It is one hour of connecting with others and nature. If this is something you would like to try, do come along to our next Muddy Church on Sunday 12 February, 3-4pm at Kirkby Lonsdale Methodist Church. It is totally free, and we would love to see you. **Lol**

Kirkby Lonsdale Town Council

Although it's February, a very Happy New Year to you all from the Town Council.

Every two years the Council has to tender the Town Maintenance Contract. Invitations to tender were issued before Christmas and a decision on the appointed contractor is due to be made on 24 January.

We have reviewed and refined the tender requirements and after the snow and ice before Christmas we have made one important addition. The County Council are responsible for salting the main roads, and they provide grit bins for residents or others to grit side roads, pavements etc. As many of you will have seen, Councillor Nick Cotton, and others, went around parts of the town gritting key locations – we are very grateful for this voluntary effort. To help in future, the new maintenance contract includes a provision that in periods of extreme weather the contractor will assist the Council in gritting at a number of key locations.

Prior to our December meeting we had received a number of complaints from our new residents in Oakfield Park about the condition of the estate and the lack of response from the developer on a range of issues. In early December I toured the estate with a spokesperson for the residents and some parts of the estate are in a very poor condition. Residents attended the Council meeting and we are awaiting a meeting with the developers and SLDC to resolve the issues raised.

At our January meeting we review the budget, identify commitments and set the 'precept' for the following

KL Gardening Association

No doubt there is still more cold to come but the days are gradually lengthening and green shoots are peeping through in the garden! Spring is on its way!

Wednesday 15 February in the Main Hall will be our first meeting of the year. We start with our brief AGM at 6.30 p.m. followed by a social half hour to catch up with gardening friends whilst enjoying tea and cakes. Followed at 7.30 p.m. by 'Beyond the Garden Gate of NGS Gardens' a presentation by Carol Berryman, the NGS Cumbria Publicity Officer. She will talk about the background and history of the National Gardens Scheme and show some of the highlights of gardens which are open in Cumbria and further afield.

Our new programme for April 2023 – March 2024 will be distributed in March. However, sadly it looks as though we will not be holding our Annual Flower and Vegetable Show in August as we have not yet been able to appoint someone to organise it. We are still hoping to recruit someone to lead the existing team so if there is anyone reading this who would like to find out more about what

financial year (i.e., what Council taxpayers in Kirkby pay for Town Council services).

Last year we took a decision to double the precept in order to help with the costs of Saving Ruskin's View (SRV). This enabled us to contribute £50,000 to the SRV fund, and by the end of this financial year we will also have funded an additional £50,000 of costs associated with SRV, including technical and fundraising consultants. This was in addition to funding other services and making grants to local organisations.

The good news is that we have agreed to keep the precept at the same level for 2023/24. This will enable us to meet all our normal requirements such as: funding the maintenance contract; paying for street lighting and litter bin emptying; making significant contributions to the Community Interest Company and the Christmas Fair; and maintenance of the CCTV cameras.

We also agreed to contribute £5,000 to the Play Park, giving the Working Group a resource of nearly £9,000 to cover maintenance and improvements; and £12,000 to the Community Cupboard, recognising their important work in the town.

The remaining resources will largely fund the further technical and other work on The Brow/Ruskin's View and we hope at some point during the year to put a significant sum into the fund itself. We are committed to putting £100,000 into the fund and we will do this over this year and next year.

Mike Burchnall, Chair, Kirkby Lonsdale Town Council

is involved please contact our Chairman Margaret Haygarth on 07443 589398.

Our meetings are open to all and new members are always welcome to join our group, £3 for a single person and £5 for a couple. For further information please contact Membership Secretary, Maureen Dwyer, tel 015242 72594.

If you would like to receive notifications about the Gardening Association by email, please register your interest via kirkbylonsdalega@gmail.com

Margaret Clarke, Events Secretary, 015242 72045



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Providing a bag of ambient food to those who need it, either through signing up at klcommunity.co.uk and shopping online, or through accessing a premade bag at one of our hotspots around town, e.g. the Lunesdale Surgery, St Mary's, (check our website for more places).

COMMUNITY LUNCHES

Cooking up hot and nutritious meals every Monday to be either delivered or served at the Lunesdale Hall from 12 noon onwards. Book your place through our Hub phone, 015242 36404, by Thursday.

COMMUNITY SOUP and FILM

Serving hot soup every Tuesday at 12 noon, followed by a film screening. Held at the Bective room of the Lunesdale Hall, after AGE UK's exercise class.

HOUSEHOLD BUDGETING

Running 11 am to 1pm at the Monday Community Lunches, work together with a trained member of our team to help you put together a household budget.

COMMUNITY CAFE

Serving a hot drink, snack and a place to chat every Saturday from 10 am to 12 noon at the Lunesdale Hall. Joining with the Repair Cafe on the 11th Feb to help repair your household items, and every second Saturday of the month.

THANK YOU

We want to thank everyone who has helped us over the past year, by giving your time, your financial support or donations of food. We were overwhelmed with this communities kind contributions to our Reverse Advent Calendar this Christmas, allowing us to restock our shelves for the new year. Looking forward, a big thanks also to the Town Council for their generous donation of £12,000 to support us over the coming year.



KL and District Civic Society

Spring Course 2023



Following on from our popular 2022 course on 'The English Country House' we are delighted to welcome back Roger Mitchell to take us rather further afield in 'Exporting Architecture: Georgian and Victorian Houses around the World'.

Roger studied History at Oxford and Fine Arts at Leeds. He is a former college vice-principal and now lectures for Liverpool University and adult residential colleges; organises and leads country house study tours; and tries to find time to do research on British and American country houses.

In his own words:

Through the 18th and 19th centuries, architecture was one of the most successful British exports. The British Navy and British Trade created a British Empire that left a lasting impression on the whole world. The historical

Lune Valley Swimming Pool

During February half term, the Hornby Pool will be running family swims. These will be repeated in the Easter holidays, with intensive swim lessons available in the second week. Adult lessons: in response to a number of enquiries, an adult improver session will be held on Friday afternoons, starting after Easter. All subject to demand so please register your interest.

A 'Swimathon' promotion in March will be held to raise money for the energy fund. Anyone can take part - whether it's for 100s of lengths or even just a few - with sponsorship and helping to meet the heating bills! Please check the Website for further details.

Thank you for your continuing support. Please note - the AGM will be held in March.

For all Hornby Pool general enquiries please contact Georgia or Scott on 01524 805666 or email poolmanager@lunevalleypool.com.

judgement on the Empire is complex and contentious with grounds for both shame and pride, but in these two sessions we will confine ourselves to the physical impression made by buildings and particularly houses.

In the first session, we will concentrate on Georgian architecture. Classical designs from the Mediterranean came to England via Palladio and Inigo Jones and became the norm in the 18th century. They proved adaptable and convenient throughout the Empire and in the newly independent United States.

The second session looks at the Victorian period when buildings were confident and exuberant. Architectural historians use the word 'eclectic' which can be summed up as 'anything goes'.

On each occasion, you will have a world tour starting in the British Isles, crossing the Atlantic to East Coast America and the Caribbean and returning via Hawaii, Australasia and South Africa. No Covid passes, airport delays or fuel supplements and I promise to get you back home on time.

The course will be held in Barbon Village Hall LA6 2LL on Saturdays 18 and 25 March from 13:00 to 17:00 with a refreshment break in the middle. The cost for the two afternoons is £20 for members, £25 for non-members, and for one afternoon £15.

The Hall is fully accessible and has plenty of free parking.

If you would like to join us, or for more information, please send your name, address, phone number and E mail address to kldcstalks@gmail.com or see our website <https://www.kirkbylonsdalecivicsociety.org/>. Payment will be taken later.

Everyone is welcome on what is sure to be an informative and entertaining tour!

Vale O' Lune Young Farmers Annual Muck Haul

Saturday 11 March 2023 in aid of Muscular Dystrophy UK

Do you need some muck for your garden? Look no further, Vale O' Lune Young farmers are holding their annual muck haul.

We deliver from Lancaster to Bentham through the Lune valley including melling, Arkholme, Caton and surrounding areas.

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Please contact Josh on 07739461710 with your name, address and how many bags or trailer loads you would like.

Kirkby Lonsdale Brass Band



Kirkby Lonsdale Brass Band is saddened by the recent deaths of two of our longest serving and well-respected players.

GORDON HOLMES passed away 7 November 2022 at the age of 93. He had joined the band in 1943 and played until Covid19 stopped him; even then he would often come to rehearsals and listen. He will be remembered as a trombone player and as Chairman of the band for many years. He was one of the founder members of the Kirkby Lonsdale Band Contest. Bandsmen will remember that he always made the draw, insisting on using the same equipment which he had used at Hardraw Scar Contest. Members of KLBB, under Raymond Ainscoe, revived this historic contest in the early 1970s. The band were honoured to be asked to play the music for Gordon's funeral.

REGINALD (Reg) GARDNER passed away on 24 December 2022. He, along with his brother Les, played with the band for over 60 years. He was our principal cornet player and latterly a fine flugel horn player. Reg was a first-class player, an excellent soloist who loved to perform. He also played trumpet in dance bands and in clubs and also played steel guitar.

Some members of the band were able to play for Reg at Dolphinlee Care Home in Lancaster a few weeks ago. Though very frail he was determined to be with us. Wrapped up in his coat and blankets he came to be with us: his now silent cornet in his hands. The pride and enjoyment on his face will stay with me for a long time.

RIP Gordon and Reg.

Allan Greenwood



The Music of Cat Stevens

Saturday 25 February, Lunesdale Hall

It was good to see the return in 2022 of so much LIVE music to the Town, especially so after the 'quiet' days and months of lockdown.

The team that brought you the KL Music Festival and the musical happenings of both the Jubilee and Christmas weekends is planning a series of events for 2023. The first of these will take place at the Lunesdale Hall on Saturday 25 February, when renowned performer Keith James will treat us to an evening of the Music of Cat Stevens. Those of us of a certain age will remember the fabulous songs written by Cat Stevens, many of which were brim-full of social comment, not to mention beautiful melodies.

Tickets for the concert are now on sale at the Tourist Information Shop on Main Street, or can be obtained directly from Dave Sapsford (on 015242 71942). Tickets cost £16.50 and a portion of the proceeds will be donated to the UNICEF fund for Syrian Children. The show starts at 7:30 p.m. and there will be a licensed bar.

Tickets are selling fast for what is going to be a musical night to remember!

Dave Sapsford on behalf of the KL Music Festival Team



Digital Talk: Plastic Free Woodlands

Wednesday 1 February 2023, 4.30 p.m.

50 million trees must be planted each year to counteract Britain's contribution to climate change. Trees often need protecting from grazing animals or harsh weather conditions to become established, however without radical changes to the way we plant trees, 1.5 billion plastic tubes may end up littering the environment and damaging ecosystems by 2050.

Mike Appleton, Plastic Free Woodlands Project Officer for Yorkshire Dales Millennium Trust and Vice President of Friends of the Dales, Mark Corner will talk about the YDMT project to break our reliance on plastic and find sustainable alternatives in woodland creation.

Digital Talk: Raptor Persecution

Wednesday 22 February 2023, 4.30pm

Investigations Officer for the RSPB, Howard Jones will bring to life the cases and day to day work of fighting wildlife crime, with a focus on North Yorkshire – the worst place in the UK for bird of prey persecution.

Both these talks are free and by Zoom, to book your place email victoria.benn@friendsofthedales.org.uk

Social Stroll

Wednesday 22 March 2023, 9.30 a.m. – 1pm

The first of our Social Strolls, created for people who want to walk over less arduous terrain with time to chat and socialise. This walk promotes the benefit of using buses to get out into the Yorkshire landscape, this one incorporating a linear route back. After meeting at Skipton Bus Station, walkers will take the bus to Gargrave, returning to Skipton by the Leeds Liverpool canal tow path.

This walk is free, but booking is essential as numbers are limited. To secure your place email:

victoria.benn@friendsofthedales.org.uk

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WISE OWL WILLS AND ESTATES

Casterton WI

Despite the cold weather, 11 members attended our last event of the year on Wednesday 7 December, a Christmas candlelight evening. Several members of the group read out thoughtful seasonal texts and poems, and the readings were interspersed with carols, which got us all into the Christmas spirit. The evening was rounded off with mulled wine and Christmas nibbles which were delicious.

We were able to celebrate the good news that our delegation to the Federation Quiz night were successful, beating a dozen other teams to the top spot! Well done to Julie, Carolyn, Melanie and Jill.

On Saturday 10 December, we were concerned that the heavy snowfall would spoil our plans for a Christmas Coffee morning but valiant Castertonians battled the weather to enjoy tea, coffee, cake, crafts and a Tombola, enabling us to raise £238.00. Many thanks to all those who contributed towards the morning.

As usual, there will be no meeting in January, so our next meeting is planned for Wednesday 1 February at 7.30, when we will be entertained by a 'Self-care with essential oils and gentle exercise session' led by Zoe Pirie.

All are very welcome, so please do come along to the meeting if you are free.

If you are interested in joining our group please call Gill Sykes on 015242 72143.

Repair Cafe

The Repair café offers FREE repairs on a variety of household items (such as fabrics and sewing, small electrical goods, bicycle repairs, etc), alongside FREE refreshments and small breakfast items. No appointment is necessary but be prepared to stay whilst your item is being repaired – and maybe you can learn a new skill too through watching! The repair café is held on the SECOND SATURDAY of every month at the Lunesdale Hall, 10 am to 12 noon. Check out our facebook for more info (Kirkby Lonsdale Repair Cafe) or email jssybradshaw@outlook.com for more info/ to volunteer with us.

Scout Leader Assistants Wanted

Our irreplaceable Scout Leader Carolina Goodship is stepping back from Easter and, being irreplaceable, we're building a team of people to take over.

We need 2 more people, each able to commit to a minimum of 2 Monday nights a month, to complete the team. Full training and support provided. If you are interested please contact Skip (Nigel Bradshaw) at [Kirkby Lonsdale Scouts@live.co.uk](mailto:Kirkby_Lonsdale_Scouts@live.co.uk) or on 07812 058979.

Friends of St Mary's

The Christmas Fair seems a long time ago now, but what a wonderful weekend it was. We were busy all weekend in St Mary's Church, so much so that on our bric-a-brac stall, and with tea, coffee and cakes; we took the grand total of £4,339.34. We sent some things that hadn't sold to the Auction Rooms at Crooklands, and so there will be more money to come; finally anything that was left went to another charity: so nothing was wasted. This is an absolutely superb amount, and of course because of great generosity of so many people, particularly the cake-bakers, and the soup-makers, there are no costs.

I should like to thank all those who gave the bric-a-brac, baked the cakes, made the soup, helped on the bric-a-brac stall, poured the tea and coffee and who washed up!! Without you all it wouldn't happen!

Pat France, Chairman of The Friends of St Mary's

QES Musical

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WE NEED YOU

We, The Friends of Ruskin's View', have had a busy few months working hard behind the scenes to launch 'Save Ruskin's View' as a recognisable brand so we can reach out far and wide to raise the money we desperately need to repair the pathway so we can re-open the access and once again enjoy our splendid view. We wanted to share with you what we have been up to so far and how you can help.

We have held numerous events over the past few months and have been delighted to see many of you there. We have really appreciated your thoughts, ideas and feedback and we are working hard to implement many of these. A particular success was our chalet at The Christmas Market. We loved being part of such a wonderful community event and importantly we raised awareness and money for Save Ruskin's View. Within the chalet we put up a selection of your photos that many of you kindly sent in after our call out on the Kirkby Lonsdale Facebook page. If anyone else has photographs of the view which they would be happy to share, or specific memories or stories we'd love to receive them.

We thoroughly enjoyed the launch of '1822' at The Royal Barn. A donation from the sale of each pint goes to the 'Save Ruskin's View' fund, so pop into The Barn. It was lovely to meet with many of you at our community roadshow events and we'd like to thank Churchmouse Cheese, Casterton Golf Club and Cowan Bridge Tea Rooms for hosting us. We will be holding another roadshow event next month so look out for posters in town or on social media.

We have now established a partnership with Cumbria Tourism and have already had a great deal of support from them. We have set up a Just Giving page where you can donate online. The QR codes for these can be found here and on all of our posters, leaflets and notices.

We have grant applications up to the value of £50K submitted and the National Lottery Heritage Fund first stage approach has been drafted. Our fundraising total to date stands at £58,855. So, we have a long way to go but it is a great start. We are grateful to the Chamber of Trade who have collected donations from many of our shops in town. We have distributed posters in the shops with donation information on there too but if anyone needs any more information please don't hesitate to contact us.

You may have seen us in the news too on BBC North

West tonight, BBC Cumbria, and appeared in The Guardian, Westmorland Gazette in print, Westmorland Gazette online and in Country Life and hopefully will be in the news again soon so we can raise the profile of the campaign.

We have set up social media pages; Facebook and Instagram and would love it if you could follow us and share our page with your friends and family. All the details are below. Our website is coming soon.



ONLINE: Via our online Just Giving page – see QR code

BY CARD: At the Visitor Information Centre, The Old Bank, 29 Main Street, Kirkby Lonsdale, LA6 2AH

BY CHEQUE: made payable to 'KLTC Ruskin's View' and posted to: The Friends of Ruskin's View, Visitor Information Centre, The Old Bank, 29 Main Street, Kirkby Lonsdale, LA6 2AH

BY BACS: KLTC Ruskin's View. Sort code: 01.04.81. Account Number: 34680829

Or contact us directly to talk about making a donation or how you can help. Email: admin@saveruskinsview.com.

With thanks for your support and generosity, The Friends of Ruskin's View Instagram: [ruskinsviewkirkbylonsdale](https://www.instagram.com/ruskinsviewkirkbylonsdale) Facebook: [ruskin'sview](https://www.facebook.com/ruskin'sview) T: 07787 753670

Other ways to see Ruskin's View



Local writer, activist and organiser of Kirkby Lonsdale's Poetry Festival Matt Sowerby has written a moving article exploring the impact of climate change on our landscape and revisiting the legacies of John Ruskin and J. M. W. Turner on Ruskin's View. You can read Matt's article at [The Dark Mountain Project](https://darkmountain.net/other-ways-to-see/) <https://darkmountain.net/other-ways-to-see/>.

Beautifully bespoke!

After a break in January, the Kirkby Lonsdale WI's monthly meetings resume on Weds 1 February 2023 at 7.30 p.m. in the Lunesdale Hall with Sarah Jane Nielsen, Design Director of Nielsen Design, an international design company based in the Lake District. Sarah will take us on her journey from when she gained her degree in fine art and design to making her mark around the globe. Her signature style can be seen in properties in London, Moscow, Paris, and Saudi Arabia. She also restores and renovates many traditional Lakeland properties. As always all are welcome to this evening in addition to members – it's just £5 for the evening.

Our meetings are very relaxed and informal. We all thoroughly enjoyed our meeting in December when we tasted various wines brought to us by Graeme Gladwinfield, our local wine expert. He provided advice on the delicate process of wine pairing, the technique of matching complementary flavours that combines food dishes with the perfect wine to elevate the dining experience. All wines tasted on the evening are available from Avanti.

Our meeting on 1 March with Mary Smith, CEO of the mental health charity Growing Well, will be preceded by the KLWI AGM. Starting at 6.30 p.m. the AGM is for members only and will be a chance to hear how the first full year of KLWI has gone and hear about our various charitable contributions. More details to follow nearer the time.

Please follow us on social media and don't hesitate to get in touch if you would like further information about our meetings or want to join.

Amanda and all on the Committee.

If you wish to get in touch, please contact us: Tel: 015242 98587 / 0776548094 Web: www.klwi.co.uk
Email: kirkbylonsdalewi@gmail.com Meta: Kirkby Lonsdale WI Instagram: [kirkbylonsdale_wi](https://www.instagram.com/kirkbylonsdale_wi)

Haffner Orchestra Concert

Saturday 4 March 2023

Great Hall, Lancaster University, 7:30 p.m.

Conductor: Robert Guy

Leader: Julian Cann

Soloist: Callum Smart

Byström: 'A Walk to Beethoven'

Sibelius: Violin Concerto

Brahms: Symphony No 1

Adults: £15

18 and under: Free

Students and benefits claimants: £5 on the door

Essential carers of the disabled are free

Tickets can be purchased on the door by card or cash or, in advance through the Haffner web

site: www.haffnerorchestra.org

Settle Orchestral Society

Did you know that there is a full-sized symphony orchestra based in Settle? Settle Orchestral Society began life in 1967, when a small group of local musicians who provided the music for Settle Amateur Operatic Society productions decided that they would like to keep playing together. The numbers were further increased thanks to a collaboration with Settle High School.

The orchestra has developed enormously since those early days, to a large extent thanks to Howard Rogerson's 15-year tenure as conductor. Howard was particularly keen to provide opportunities for youngsters to experience orchestral playing.

In 2017 we developed a partnership with the Royal Northern College of Music (RNCM), who recommend each year a conducting student. This season's conductor is Xinjie Yang from China who has already made her mark with an ambitious programme of Schubert and Tchaikovsky. The partnership gives us access to some very talented instrumental and vocal soloists, another way of encouraging young musicians.

We are fortunate in having two very experienced co-principals – Anne Heaton (violin), who has for many years taught in music centres in the region; and Bob Buller (cello), who will be playing Tchaikovsky's Rococo Variations at our next concert.

We are always glad to hear from anyone who might like to join Settle Orchestra or write music for us. We particularly welcome young instrumentalists and composers, and currently have vacancies for string and brass players. Rehearsals take place on Friday evenings in Settle. We sometimes need additional players for specific concerts and would be happy to hear from any local professionals interested in playing.

Why not come along to one of our concerts, in Settle or in Skipton, to enjoy an exhilarating evening, support local musicians and help keep music live? Full details of future concerts and contacts are on our website www.settleorchestra.org.uk. We look forward to seeing you soon!

AKL needs you!

Couples / or friends with transport to deliver AKL bags and boxes to various homes around Kirkby Lonsdale. To be collected from Lower Abbotsgate. The bags and boxes are labelled and a delivery list with addresses and a possible route is given.

The deliveries occur ten times over the year and with sufficient helpers it is usually only twice per couple.

We do need some volunteers to assist with this.

The round takes between 1 – 1 1/2 hours.

Please contact: Marjorie York on 07811 280348.

The Church in and around Kirkby Lonsdale

Eleven churches comprising Anglican, Methodist and Catholic congregations, committed to growing as disciples and serving our communities together.

Unless there are changes to the plan for easing restrictions these are the services during February. Cowan Bridge Methodist Chapel congregation is currently meeting with St Bartholomew's Barbon. Please continue to follow all the social distancing and hygiene guidance.

February

2 Thu Kirkby Lonsdale 10.30am Holy Communion
St Joseph's 6.30pm Mass

5 Sun 3 before Lent

Kirkby Lonsdale 11.00am Holy Communion
Preston Patrick 9.30am Holy Communion
Lupton 4.30am Christingle Service
Barbon 10.30am Morning Service
KL Methodist Church Sunday @7
St Joseph's 9.00am Mass

9 Thu Kirkby Lonsdale 10.30am Holy Communion
St Joseph's 6.30pm Mass

12 Sun 2 before Lent

Kirkby Lonsdale 11.00am Morning Service
Preston Patrick 9.30am Holy Communion
Barbon 10.30am Morning Service
Hutton Roof 11.00am Morning Service
Mansergh 11.00am Holy Communion
KL Methodist Church 10.30am Morning Service
St Joseph's 9.00am Mass

16 Thu Kirkby Lonsdale 10.30am Holy Communion
St Joseph's 6.30pm Mass

19 Sun Sunday before Lent

Kirkby Lonsdale 11.00am Morning Service

Preston Patrick 9.30am Morning Service
Lupton 9.30am Holy Communion
Barbon 10.30am Holy Communion
KL Methodist Church 10.30am Morning Service
St Joseph's 9.00am Mass

22 ASH WEDNESDAY

Barbon 10.30am Ash Wednesday Service
Preston Patrick 7.00pm Ash Wednesday Service
Kirkby Lonsdale 7.30pm Ash Wednesday Service

23 Thu Kirkby Lonsdale 10.30am Holy Communion
St Joseph's 6.30pm Mass

26 Sun Lent 1

Kirkby Lonsdale 11.00am Morning Service
Preston Patrick 9.30am Morning Service
Barbon 10.30am Morning Service
Casterton 10.30am Holy Communion
Hutton Roof 11.00am Morning Service
KL Methodist Church 10.30am Morning Service
St Joseph's 9.00am Mass

(The type of service may have to change after AKL goes to print—please check the latest notice sheet on <https://kl.church> for up to date information.)

The six weekly group sessions are available for anyone who wishes to join in. In addition to the regular small groups there will be an extra group meeting in person on Thursday evenings 7.30-8.30 p.m.. We will also run an online group meeting on Zoom on Wednesday mornings 10.30 a.m.

We start the week beginning 27th of February:

- Tuesdays 6.30 p.m. in St Joseph's
- Wednesdays 10.30 a.m. on Zoom, access details via email to info@kl.church or from the notice sheet (followed by Coffee & chat at 11.15am)
- Thursdays 7.30-8.30 p.m. in the Methodist Church

Please contact Wendy to register your interest. 015242 73570/07788 653000 wendy@kl.church

A booklet of daily readings which relate to weekly group sessions are available for anyone who wishes to join in. Copies are available if you would prefer just to use them at home.



A Lent journey of faith, failure, and forgiveness!

This Lent we are all invited to explore how we can live well with the mess of everyday life. Dust and Glory encourages us to take a fresh look at the frustrations and failings that every day brings and, rather than pretending we can always avoid them, seek to learn from them and grow closer to God through them.

Failure is human, universal and inevitable. The question is what we do with it and, even more importantly, what God does with it in partnership with us.

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Hello to all AKL readers, it is now just over 2 years since I made the decision to apply for the post of manager at The Fairbank Society in Kirkby Lonsdale, this has turned out to be one of the best decisions I have made in my life, especially as I was offered the post and happily accepted.

The Fairbank Society endeavours to provide a high-quality lifestyle for our residents, a large part of this being due to its location within Kirkby Lonsdale and the community feel that this beautiful market town offers. This is why when I realised that the British Heart Foundation (BHF) still had a grant scheme for part funded Public Access Automated External Defibrillators (AED) available, I asked our Trustees if we could apply as a Society to see if our application would be successful. I saw this as a potential way of us adding our support to the community by taking on the guardianship of one of these devices. We were successful and now have our AED sited at Travers House on Fairbank.

I naturally have mixed feelings about our being granted this device, very pleased that we have the means to potentially help people in time of need, but at the same time not wanting anyone to have need to use it. This aside I feel that it is an asset for the town to have this additional resource at their disposal, and a way of us giving back to our community, acknowledging the support that The Fairbank Society receives from many people within Kirkby Lonsdale.

As part of our successful application, we agreed to promote the RevivR training which is advocated by the BHF to work alongside the AED if the need arises. All you need to do the training is to enter the following bhf.org.uk/revivr into a phone/tablet with a camera facility and follow the instructions, it takes 15 minutes. Thank you in anticipation of your participation. It could help you to save a life.

Janet Farrington-manager of The Fairbank Society in Kirkby Lonsdale.

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