

AKL

Around Kirkby Lonsdale

November 2021



Monthly news and views of Christian Churches and community in the Rainbow Parish area;
a Rainbow Parish production

Photo ©Pete Farrington 2021

Tackling Climate Change: Playing Our Part

'God saw everything that he had made, and indeed, it was very good.' (Genesis 1.31)



This year the United Nations, Climate Change Conference (COP26) is being hosted in Glasgow from 31st August to 12th November. Climate change can be a polarising issue, I have heard many arguments over the years, but I am prepared to stick my head above the parapet and declare that I am persuaded that human activity is currently the key contributory factor to the rapid rise in global temperatures and the increasingly devastating consequences.

COP21 took place in Paris in 2015. For the first time ever, something momentous happened: every country agreed to work together to limit global warming to well below 2 degrees and aim for 1.5 degrees, to adapt to the impacts of a changing climate and to make money available to deliver on these aims. Progress has been made in recent months to bend the temperature curve closer to 2 degrees; but the science shows that much more must be done to keep 1.5 degrees in reach.

The world needs to halve emissions over the next decade and reach net zero carbon emissions by the middle of the century if we are to limit global temperature rises to 1.5 degrees (ukcop26.org).

Most of the above I was aware of but was I was less well informed of was the effect on biodiversity. The recent Government Environmental Audit Committee states,

'The world is witnessing a colossal decline in global biodiversity. One million animal and plant species are threatened with extinction. Most terrestrial biomes are damaged. Since 1970 there has been a 68 percent decrease in population sizes of mammals, birds, amphibians, reptiles, and fish. This global picture is reflected in the UK, one of the most nature-depleted countries in the world. 15 percent of UK species are threatened with extinction. The abundance of the species of greatest conservation concern; the UK's priority species, have declined by 60 per cent.'

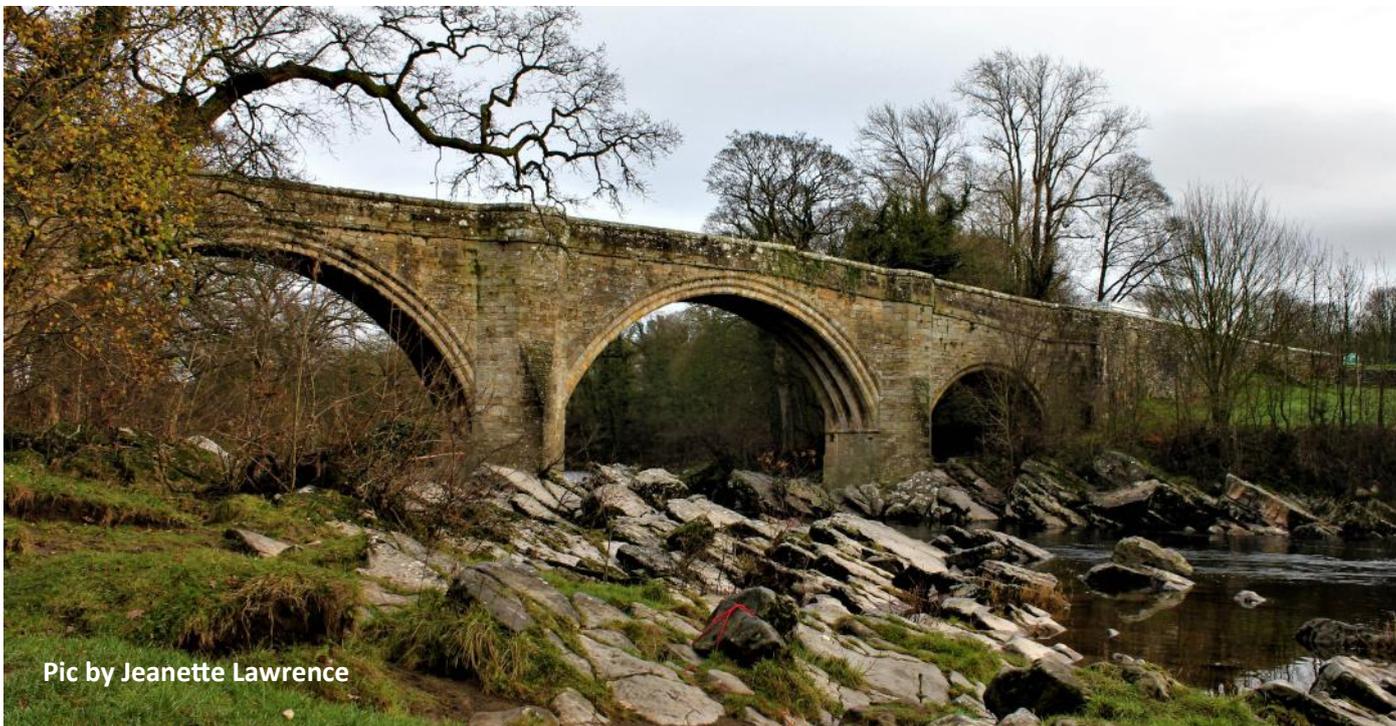
Of the G7 countries, the UK has the lowest level of biodiversity remaining. At a minimum, the UK has failed to meet 14 of the 19 Aichi biodiversity targets, the global nature goals the UK committed to meet by 2020 (HC 136 Published on 30 June 2021 by authority of the House of Commons).

The Creation story in Genesis describes the relationship between the earth its creatures and plants: a mutual dependency and synergy between all living things. Whether you are a creationist or evolutionist, I think we can agree that it is imperative to work together to protect the natural world our shared home for our immediate well-being but more importantly for the future of generations to come.

Recently we enjoyed the visit of two groups of pilgrims journeying through to COP26. One group called 'Camino to COP' introduced us to the 'Coat of Hopes', brought along by the pilgrims which has collected embroidered and decorated patches on the way. The coat carries and represents the hopes and concerns of all the people it has encountered on the journey. When I tried it on, I felt the physical weight of it and all of the collective concerns for our planet and the voices of the peoples who have told their stories as it has passed through their community. We have added our stories and prayers and will be contributing a patch to be sewn into the coat.

So, we send our prayers with them and all who gather for COP26 and pray for God to continue to transform our response to his Creation and to take responsibility for the part we play as individuals and communities to protect our world for all peoples and creatures everywhere.

Rev Wendy Thornton



Pic by Jeanette Lawrence

THE CHURCH OF ENGLAND

Rainbow Team: Rector: Revd Richard Snow, The Rectory, Vicarage Lane, Kirkby Lonsdale, LA6 2BA, 015242 72044, rector@therainbowparish.org. Team Vicar: Revd Wendy Thornton, The Vicarage, Vicarage Lane, Kirkby Lonsdale LA6 2BA, 015242 73570, wendy.thornton@methodist.org.uk. Team Vicar: Revd Anne Pettifor, Stonebeck, Fairbank, Kirkby Lonsdale LA6 2DU 015242 71904, anne@therainbowparish.org. Distinctive Deacon: Revd Sue O'Loughlin, 60 Paddock Drive, Stonecross Meadows, Kendal, LA9 5FH 07900 530849 sueoloughlin.so@gmail.com.

Lay Readers: Mrs Liz Dew, 9 Burton Park, Burton in Kendal, LA6 1JB, 01524 781645, mrs.lizdew42@outlook.com; Mr Alan Cox, Stedman House, 3 Hunter St, Carnforth LA5 9BP, 01524 735188, stedmanhse@gmail.com. Parish Administrator: Mrs Vicky Hazlett, Parish Office, 1 Bective Road, Kirkby Lonsdale, LA6 2BG, 015242 71320, office@therainbowparish.org. PCC Lay Chair: Mr Merlin Hibbs, Low Fell House, Barbon, LA6 2LJ, 015242 76410, merlin@hibbs.org.uk. PCC Treasurer: Mr Robert Cass, 17 Mitchelgate, Kirkby Lonsdale, Carnforth, LA6 2BE, 015242 71218, treasurer@cassworks.net.

Barbon: DCC Secretary: Vacant, 015242 73839, marygoldie@icloud.com; DCC Treasurer: Mr Roger Groves, Kemps Hill, Moorhwaite Lane, Barbon, LA6 2LP, 015242 76322, jrogergroves@gmail.com.

Casterton: DCC Secretary: Mrs Gill Sykes, Old Manor, High Casterton, LA6 2SD, 015242 72143, gillsykes.casterton@outlook.com. DCC Treasurer: vacancy—contact PCC treasurer, above. Churchwarden: Stephen Evans, The Old Vicarage, Casterton, LA6 2SA, 07973 173546, stephen@evanshart.co.uk.

Kirkby Lonsdale: DCC Secretary: Ms Diane Nowell, 57 Fairgarth Drive, Kirkby Lonsdale LA6 2FB, 015242 73636, diane@copywritten.co.uk. DCC Treasurer: vacant. Churchwardens: Mrs Anne Foulerton, Gatelands, High Biggins, LA6 2NP, 015242 71281, afoulerton@hotmail.com; Mrs Maggie Venys, 8 Bective Road, Kirkby Lonsdale, LA6 2BG, 07980 009162, t_mvvenys@icloud.com.

Lupton: DCC Secretary: Mrs Eleanor Higton, Hill Crest, Cow Brow, Lupton, LA6 1PJ 015395 67521, eleanor_higton@yahoo.co.uk. DCC Treasurer: Mr Arthur Oakden, Tarnside House, Lupton, LA6 2PP, 07561605582 lindseyoakden@hotmail.co.uk. Churchwardens: Mrs Margaret Lambert, Brow Head, Cow Brow, Lupton, LA6 1PJ, 015395 67478; Mrs Grace Lewis, Middle Fell House, Lupton, LA6 2QB, 015395 67406.

Middleton: DCC Secretary and Treasurer: Mrs Anne Dehany, Smailthorn, Middleton, LA6 2LY, 015242 76075, anne.dehany@gmail.com.

Hutton Roof: DCC Treasurer: Mrs Paula Hall, Kilnerfoot, Hutton Roof LA6 2PQ, 015242 71268, phall355@btinternet.com

Mansergh: DCC Secretary: Mrs Sue Harrison, Belle Vue Farmhouse, Mansergh, LA6 2EJ, 015242 72448, harrison.bellevue@btinternet.com. DCC Treasurer: Mrs Ann Humphries, The Gate House, Old Stable Yard, Rigmaden, Mansergh, LA6 2ET, 015242 76526, ahumphries500@gmail.com. Churchwardens: Mrs. Wendy Hadwin, Marlan, School Lane, Barbon LA6 2LR 015242 71397.

Preston Patrick: DCC Secretary: Mrs Tina Allen, 4 Grayrigge Croft, Kents Bank Road, Grange over Sands LA11 7HD tina.allen812@gmail.com 015395 34684. DCC Treasurer: Mr Andrew Hardwick, 12 Mowbray Drive, Burton in Kendal LA6 1NF ajhardwick@waitrose.com 01524 782913. Churchwardens: Mr Anthony Mason, Mount Pleasant, Gatebeck, LA8 0HS, 03301135289, masonsmp@btinternet.com; Mrs Sue Sanderson, The Old School, Knott Edge, Crooklands, LA7 7NR, 015395 66967, susansanderson@live.co.uk.

C. OF E. SCHOOLS: St Mary's Primary, Kendal Rd, Kirkby Lonsdale, LA6 2DN, 015242 71334. St Patrick's, Endmoor, Kendal, LA8 0HH, 015395 67388.

CHURCHES IN LUNSDALE FAMILY PROJECT: Project Leader Miss Lol Wood, 07413 689311, lol@cilfamilyproject.org.

THE METHODIST CHURCH: Rev Wendy Thornton, Kendal Methodist Circuit, 015242 73570 or mobile 07788 653 000, wendy.thornton@methodist.org.uk.

ST JOSEPH'S RC CHURCH: Back Lane, Kirkby Lonsdale. Sunday Mass, 9am. During the week, as announced. Parish Priest Very Rev. Fr. Michael Docherty, The Presbytery, St Mary's RC Church, Hornby. Tel. 015242 21246.

FRIENDS' MEETING HOUSE: Preston Patrick Sundays 10.30, Warden 015395 61163. Brigflatts Sundays 10.30am, Warden 015396 20005.

VOLUNTEER DRIVER SCHEME: 07788 52 25 11

KL COMMUNITY HUB: Mon-Fri 10-1 015242 36404 klcommunity.co.uk
CUMBRIA POLICE: Emergency 999, non-emergency 101

Deadline for Dec/Jan AKL: Mon 15 November

Editorial matters: Please email queries, articles, photos and other submissions to the editorial team at akl@kirkbylonsdale.co.uk

Advertising: For all advertising matters, email: akladvertising@kirkbylonsdale.co.uk.

<p>Lunesdale Home & Garden <i>Traditional Ironmongers</i> Trade & DIY tools, fertilisers & garden sundries, paints & sundries 54-56 Main St. KL 015242 72751 Email: lunesdalehg@uwclub.net</p>	<p>Your Local Estate Agents Thomson Hayton Winkley</p>  <p>Our quality estate agency service is now available in our Kirkby Lonsdale office. Pop in and meet our award winning team to discuss your sales and letting requirements. 29 Main Street, Kirkby Lonsdale 015242 71999 www.thwestateagents.co.uk</p>	<p>Ridding Joinery Internal & Ext joinery work Energy efficient windows & doors Timber & engineered wood floors 07818 408 050 riddingjoinery@gmail.com</p>
<p>THE CARD GALLERY Kirkby Lonsdale. Tel: 015242 71237 New Order Online Option www.kirkbylonsdalecardgallery.co.uk Free deliveries over £10 within a 5 mile radius of Kirkby Lonsdale</p>	<p>Around Kirkby Lonsdale is printed by Kent Valley Colour Printers Ltd Kendal 07818 45 54 60</p>	<p>THOMAS CONSULTING <small>STRUCTURAL & CIVIL DESIGN ENGINEERS</small> Chartered Engineers Established 1979 The Institution of Structural Engineers</p> <p>Services: Structural Engineering Expert Witness Highways & Drainage CDM Principal Designer Flood Studies Forensic Engineering Structural Inspections and Surveys Contaminated Land Surveys</p> <p>Industries: Domestic Properties and Residential Developments, Education, Leisure, Health Care, Petrochemical, Nuclear and Defence</p> <p>Tel: 01524 846022 www.thomasconsulting.co.uk</p>
<p>LT Locksmiths & Security Your local locksmith and mobile key cutter, UPVC specialist 24/7 emergency work carried out. NO CALL OUT FEE. 07969 288538 / 015242 41046 www.ltlocksmiths.co.uk</p>	<p>LUNE VALLEY PHYSIOTHERAPY Have you had: a new joint? <i>On screen appointments for people having chemo or shielding and fascial facials until you can get back to the spa</i> 07934 78 57 97 www.leahthephysio.co.uk</p>	<p>CHRIS POTTS BSc MRIIs Design and Construction Consultants</p> <p>Planning advice Full architectural design Extensions & Alterations Internal re-design</p> <p>015242 73228 07540 610582 info@cnpassociates.co.uk CNP Associates Ltd, 3 Market Square Kirkby Lonsdale, LA6 2AN</p>
<p>FISHWICKS FUNERAL SERVICE Inc: R.J. Lowery, Kirkby Lonsdale Private Chapel of Rest: 24 hour service Pre-payment plans available: Members of NAFD & SAIF Beetham Hall, Beetham, Milnthorpe, Cumbria, LA7 7BQ Tel: 015242.71400</p>	<p><i>Champagne & Strawberries</i> Bridal Boutique Private, appointment only boutique in Arkholme Offering Bridal, Prom and Bridesmaid T:07427506431 Find us on Facebook lynn@champagneandstrawberries.biz</p>	<p>CASTERTON GOLF COURSE TEL. 015242 71592 Full Annual Membership £340 Junior Membership from £50 Visitor Golf from £7.50 per adult NEW - UNLIMITED GOLF AFTER 5.30pm £12 Footgolf/Rugbygolf from £7.50 per adult. Driving Range from £2 Junior Academy Monday 4-5pm & Saturday 11am - 12pm Monday Night Ladies Social Golf From 6.30pm £4 per person www.castertongolf.co.uk</p>
<p>DAVID CARR—Removals Part loads - London & Scotland Piano removal specialists Local removals 07710 287670, 01524 732350 2 Hazelmont Drive, Warton, Carnforth, Lancs., LA5 9HR</p>	<p>Tree & Garden Work Walling & Fencing Firewood FRED GIBSON Kirkby Lonsdale 015242 71921 E-mail: s.willan@btinternet.com</p>	<p>W Dawson and Son Fuelling the UK since 1895 Multi-Fuel Stove Fuels & Kiln Dried Logs House coal & Smokeless Fuels BSL Approved Wood Pellets Kiln Dried Logs in loose loads, crates & tote bags Call: 015396 20210 Email: sales@dawsonsfuels.co.uk</p>
<p>MANSERGH HALL FARM HOG ROAST Professional Hog Roast service, with an attention to detail. Serving outdoor reared pork, beef & lamb. Weddings, birthdays, Corporate events, Fund-raising. www.manserghhall.co.uk 07825 424981</p>	<p>Temptations Craft Boutique 31 Main Street, Bentham, LA2 7HQ 015242 61868</p> <p>Patchwork Cottons, Dressmaking Fabrics, Knitting Wool, Patterns, Haberdashery, Books Agents for Brother Sewing Machines Classes and workshops</p>  <p>www.temptationsbentham.co.uk</p>	<p>Sheila Shuttleworth Experienced Dressmaker Made to Measure Skirts, Jackets, Dresses, Bridal etc. Alterations also undertaken All made to the highest quality Tel. Tunstall 015242 74322</p>
<p>CHAPMAN'S CHIMNEY VAC SERVICE Ring G. Moore when it 'soots' you! 015396 20353</p>	<p>LUNE VALLEY ACCOUNTING 35 years' experience and based in the Lune Valley</p> <p>Bookkeeping and Accounts production for Sole traders, Partnerships & Limited companies. Personal and corporate tax returns Wages/PAYE/ CIS Company formation, and VAT registration. Contact Peter Scott on 07341 388 109 peterlunevalley@yahoo.com</p>	

**MARK DODD
PAINTER
DECORATOR**

15 YEARS' EXPERIENCE

CONTACT FOR A QUOTE

07896 67 92 63

markdodd1969@hotmail.co.uk

MARK WATSON HOME & GARDEN MAINTENANCE

Digging, fencing, hedge trimming, mowing, paving, planting, power washing, rotavating, seeding, spraying, strimming, turfing, gutters, demolition, insulating lofts, pointing, rendering, painting. No job too small, reasonable rates, estimates given

07759 680938 / 07759 680943
01524262038



Westmorland Veterinary Group
PETS

'Experienced vets for your much loved pets'

Kendal: 01539 722692 Kirkby Lonsdale: 015242 71221

24hr Emergency Service

www.westmorland-vets.co.uk

Nick Brown Chimneys

All aspects of chimney and fireplace construction and maintenance undertaken. Specialising in lining & multi-fuel stove fitment.

Call anytime 07795 188073 or email nick@nickbrownchimneys.co.uk

P.W.T. Alarms

Domestic or Commercial Alarms

Installation or repairs

Contact Will Thompson

Tel: 01539 726942

Mobile: 07767 87 83 16

Sole to Soul

Holistic Chiroprody, Podiatry & Therapy Centre

Offering a full range of treatments & a wide range of therapies, seminars, courses & workshops to promote health & wellbeing.

Grasmere Drive, Bentham LA2 7JP
Tel 015242 63067 www.sole-to-soul.net

Abbot Hall

DOG GROOMING

Stylist for small dogs

Professional full grooms
Experienced & fully qualified
New in Kirkby Lonsdale
Customer parking

Kate Paget-Tomlinson
Tel. 07385 890609
abbothalldoggrooming.com



The Whoop Hall Country Club

OFFERS HEALTHY OPTIONS
SWIMMING | SPA | STEAM SAUNA | GYM

EXTENSIVE CLASSES
Including - Aqua Aerobics
Boxercise, Kettlebells, Core conditioning and TBW

Call in or Call us
Tel. 015242 71326

whoophallclub@gmail.com
whoophallcountryclub.co.uk

Lakes & Dales

Cleaning & other services

Seasonal-Catering-Horticulture

Contact 07495 297312

lakesanddales.my-free.website

KLRUFC

CLUBHOUSE FOR HIRE

Catering facilities available. Competitive rates.

For more information or bookings,
roy@klrufc.co.uk

Trusted Solicitors & Advisers

Thomson Hayton Winkley

Your local solicitors

Agriculture, Family, Inheritance
Business, Dispute resolution
Property.

29 Main Street,
Kirkby Lonsdale, LA6 2AH
015242 71222

info@thwlegal.co.uk
www.thwlegal.co.uk



GREENARB TREE SERVICES
Domestic & Commercial Tree Care

Dismantling Crown reduction
Crown lifting Felling & Hedge care

TPO/Conservation area checks with local authorities
Woodland management

GreenArb Tree Services are fully qualified and insured arborists providing a wide range of professional services to meet all your Domestic and Commercial tree care needs.

07949 006 464

greenarb.bc@gmail.com greenarbtreeservices.co.uk

City & Guilds NPTC



Marquees & Teepees
KILLINGTON

MARQUEE, TEEPEE & FURNITURE HIRE

T: 01539 620602
E: office@marqueeteeppee.co.uk
W: www.marqueeteeppee.co.uk

GB Building & Electrical Contractors Ltd

All aspects of building or electrical work undertaken. Building work includes, new builds, renovations, extensions etc

Electric car points fitted

Fully insured and NAPIT registered electrician

Ring Graham
07766 468 984



CASTERTON SEDBERGH PREPARATORY SCHOOL

- Outstanding, independent education for children aged 4 - 13 years
- Small class sizes, individualised learning, specialist, dedicated staff
- Wrap around care from 8.00am to 5.00pm
- Boarding options available from Year 3

EVERY DAY IS OPEN DAY!
CONTACT US TO BOOK YOUR VISIT

www.sedberghprep.org | 015242 79200
admissions@sedberghprep.org

Casterton, Sedburgh Preparatory School, Nr Kirkby Lonsdale, LA6 2SG

MATHS TUITION

Key Stage 2, Key Stage 3, GCSE, A-Level

Regular or occasional lessons with an experienced teacher to suit individual needs.

Marjory Glover Tel: 015396 25438



The Family Project

Picture by Robin Ree

Forgiveness and Looking for the Light

During October, I had the pleasure of spending time at St Mary's School with Year 3, looking at the topic of forgiveness. Together we thought about various Bible stories that explore forgiveness and the power behind the word 'sorry'.

One explanation that a young person gave me as to why forgiving is important was: 'You must forgive because one day you will probably do something that upsets that person and then they will need to forgive you back'. It captured the deep understanding that all humans will make errors and that by living and working alongside other humans there is a need for harmony.

This harmony can only be found by learning how to forgive when a person hurts you but also with the understanding that one day you too will be the person

seeking forgiveness perhaps from the person you are forgiving now. Something about this explanation struck a chord, capturing the connected nature of being community.

Throughout December the Family Project and See and Know are co-ordinating the Living Advent Trail. The trail is a display of windows throughout Kirkby Lonsdale decorated with a display that reflects this year's theme of 'Looking for the Light'. We will have one window opening on the eve of the 1st Sunday of Advent (Saturday 27th November) and then the rest will open one day at a time, from 1st December until 24th December, just like an advent calendar. Each window will be lit from 6pm until dusk. If you would like to take part in creating a window for this year's Living Advent Trail, please be in touch: lol@cilfamilyproject.org mob: 07413689311 or Heather on 07727845226

Volunteers Needed

Save the Children shop

We are looking for wonderful people to come and join our Kirkby Lonsdale team. So, if you have a few hours to spare, whether weekly, fortnightly, monthly or ad hoc, we would love to hear from you.

Please do get in touch:
Pop into the shop and say hello or call on 07976710154.

You'll be helping children in the UK and overseas.
You'll gain new skills, boost your CV and make new friends.

Join our friendly team
Full training given

Barbon and Middleton Branch North West Cancer Research

Wednesday 10th November

at Whelprigg, Barbon by kind permission of Mr Henry Bowring.

From 10 am to 12noon

Cake, white elephant, tombola stalls,

Christmas cards, big raffle.

Coffee and mince pies £3

Come and support the great research work being done at Lancaster University.

The Rotary Club of Lunesdale

During the past month club members have enjoyed a fellowship meeting which provides an opportunity, when we do not have a speaker, for members to enjoy having a meal together and then relax and catch up with personal news. We did have an excellent talk by Alistair Richards and his colleague Charlotte Ellwood from North West Cancer Research. Alistair explained that the priorities are to tackle the cause, improve the care and to find the cure of this dreadful disease. Charlotte's job is a community fund raiser in Lancashire.

There are occasions also when some members are away attending meetings at other Rotary Clubs within our localities. Occasionally you know from previous reports that sometimes clubs link up for a special event using the Zoom facility so we certainly have variety.

At the time of writing we are looking forward to an event at Hornby Institute on 20th October at 7.30pm which is about how we as individuals can do something to mitigate climate change. There will be speakers from Lancaster University and an opportunity for questions from the audience.

Tickets for The Defenders concert on Saturday 6th November are on sale at the Tourist Information in Kirkby Lonsdale or from Nigel Pullen on tel 01524 732873.

We are looking forward to a really enjoyable evening with this popular group and their music at QES. Hope to see you there.

Keep well, keep safe.

Lilian

Kirkby Lonsdale First Responders

The First Responders give initial emergency support with oxygen and a defibrillator while awaiting the arrival of the ambulance. As well as assisting the person who is ill, the First Responders can also help, reassure, support and advise relatives and friends.

Kirkby Lonsdale First Responders were one of the first groups set up in Cumbria, 20 years ago! Many of you have done sterling service in the past, providing a literally life-saving service to the community.

The group covers a very large area around Kirkby Lonsdale, including Middleton, Barbon, Casterton, Whittington, Hutton Roof, Lupton and Mansergh and we urgently need more volunteers in every area.

You do not need to have any medical experience; you will be fully trained in conjunction with the North West Ambulance Service with regular refreshers with the rest of the team. Training is both online and practical sessions.

You will meet different people and become part of a group – you will also get a lot of satisfaction from helping local people when they most need it.

If you are interested in finding out more check out <https://www.nwas.nhs.uk/get-involved/volunteering/community-first-responder/> or contact Karen Hodgson (76226).

Thank You!

KL Gardening Association

Our next meeting will be on Wednesday 17 November at 7.30pm in the Lunesdale Hall when we welcome back the excellent Sarah Hopps from Thirsk who will talk about Touring the Gardens of Europe. Her passion for plants and gardening developed when she ran her own hardy plant nursery from her garden near Thirsk.

A former panellist on BBC Radio York gardening programmes, Sarah now enjoys escorting groups as a tour guide around gardens in Britain and Europe. She is also very involved with the Harrogate Flower Shows as a judge and a contributor in the question-and-answer sessions in the gardening theatre. She will be bringing plants for sale.

We then take our winter break in December and January and resume evening talks in February.

Our meetings are open to all and new members are always welcome to join our group, £3 for a single person and £5 for a couple.

For further information please contact Membership Secretary, Maureen Dwyer, tel 015242 72594.

If you would like to receive notifications about the Gardening Association by email, please register your interest via kirkbylonsdalega@gmail.com

Margaret Clarke, Events Secretary, 015242 72045

Examination Invigilators QES

We have opportunities to join our Exams Team as an Invigilator. Invigilators work on a casual basis and assist the Lead Invigilators and Exams Team with running internal and external exams for students aged between 11 and 18. For further details about the post or to apply please visit the website www.qes.org.uk/vacancies or if you have any specific queries please email recruitment@qes.org.uk

**CHARLESWORTH
TREE CARE & FENCING LTD**
Firewood – Bark Peeling – Woodchips
Turning Wood – Burr Wood
Middleton Woodyard, nr Sedbergh,
Open Mon-Fri 8am-4pm
Office 015242.71840 – Yard 01539620006



JUST COMPANY
Enriching Wellbeing in Later Life

Lonely, isolated, in need of some support and or just need some company?
A trusted and safe companion service.
Call us on:
07879 606 636
justcompany.co.uk



Specialist hearing aid advice
Ear wax removal by microsuction
iPhone compatible hearing aids
Accessories for TV & Phone
Hearing protection - Home visits
Salt Pie Lane, Kirkby Lonsdale, LA6 2BH. Tel: 015242 73589
www.irenetaylorhearing.co.uk



- Bathrooms
- Kitchens
- Bedrooms
- Tiling
- Plastering

Your home the way you want it ...
Phone: 07769779936
Email: rowseellectrical@gmail.com
Facebook: [@rowseelluxuryinteriors](https://www.facebook.com/rowseelluxuryinteriors)

**BODY CONTROL
PILATES®**
Cindy Clarke **015242 73974**
Classes and individual lessons
e-mail: cindy@lakelandpilates.co.uk
www.lakelandpilates.co.uk

Hutton Roof Village Hall

- ◆ Rent only £7/hour from 1/1/18
- ◆ Up to 85 people
- ◆ New, well equipped kitchen
- ◆ Accessible toilet & parking
- ◆ Large playing field
- ◆ Good sized car park
- ◆ Sports Equipment available

Bookings: Eve Simpson 01539 567605

 Find us on Facebook www.huttonroof.org.uk
committee@huttonroof.org.uk

GR & RD Taylor
13-15 Market Street,
Kirkby Lonsdale, LA6 2AU
UK passport photos for worldwide travel,
also for visa applications.
Army surplus, outdoor clothing and accessories for
camping & walking.
Wide range of small white goods and electrical
goods including Roberts radios, telephones,
domestic irons and batteries
Open seven days a week
Tel: 015242 71170
Email: grrdtaylor@gmail.com
Web: grrdtaylorlimited.com

**Anthony Baines
Building Contractor**
BUILDING, PLASTERING & ROOFING
FREE ESTIMATES
MINI-DIGGER & DUMPER HIRE
1 Dodgson Court, Tram Lane,
Kirkby Lonsdale LA6 2RS
015242 73116 07798 627175



LS DECORATING
Bring new life to your home
All aspects of
painting and decorating
interior and exterior painting
wallpaper hanging
install drywall, repairs 15 Years
spraying experience
wooden window repairs
laminare flooring
Residential | Commercial | Industrial
Please contact Lucas
07894 581 602 - 07922 304 182
lucas@lsdecorating.co.uk
lsdecorating.co.uk



The Zero Pantry
www.thezeropantry.co.uk

OPENING HOURS
Monday 9am - 5pm
Tuesday 9am - 5pm
Wednesday 9am - 5pm
Thursday 9am - 5pm
Friday 9am - 5pm
Saturday 9am - 5pm
Sunday 10am - 4pm (Kirkby only)
Sunday - CLOSED (Sedbergh)

join the refill revolution and
reduce plastic in your home today

10 MAIN STREET KIRBY LONSDALE, LA6 2AU TEL: 015242 73848
6 FINBLE STREET, SEDBERGH, LA5 5EE TEL: 015242 36233



Valerie Hinde
Chartered architect and designer
New build and extensions
Refurbishments
Listed buildings
Planning applications
Building regulations
Community
Commercial
49 Robin Lane, Bentham, LA2 7AG
Tel **07503 731818 015242 61407**
valeriehinde@gmail.com
www.valerie-hinde.co.uk

A HELPING HAND FOR OLDER PEOPLE
A friendly and reliable service for older people in Kirkby Lonsdale, Sedbergh and surrounding areas.
Do you need help with:

- Weekly shopping trips?
- Transport/companionship for your interests and hobbies?
- Transport for hospital/doctor appointments?
- Home help, sorting paperwork, ironing, etc?

If so, call Linda Greensmith on 07919 152526 or email lindagreensmith1@aol.com and I will be happy to help.
Current DBS check, references available, competitive rates.



LUNE VALLEY WEDDING CARS



'Traditional Values & Service'
Contact us to book a viewing and discuss your requirements
015242 36294
info@lvvc.co.uk
lunevalleyvintageandclassic.co.uk

next125
authentic kitchens
Next125 Kitchens
Lane House Business Park
Kendal Road, Kirkby Lonsdale
Cumbria, LA6 2HH
015242 37747
www.butlerinteriors.co.uk



davis & bowring

The Lune Valley's property & land professionals.

SINCE 1942

davis-bowring.co.uk

Experienced, Qualified, TES Award Winning English Teacher

Available for 1-1 English Language/ Literature tuition

Enhanced DBS check

Excellent success rate GCSE and A Level

GCSE/A Level Exam moderator

Mrs Alison Brookes
Tel: 015242 80096
Tel/Text: 07515708617

High-quality day-care for children aged 3 mths—11 yrs

Rated 'Outstanding in all areas' by Ofsted

- Free 15 & 30 hour nursery entitlement for 2-5 year-olds
- Flexible daily sessions offered
- Holiday club for school-aged children

Lancaster Guardian Nursery of the Year winners 2016/2018

Smile Day Nursery, The Old Dairy, High Biggins, Kirkby Lonsdale
Tel: 015242 73700

Web: www.smiledaynursery.co.uk
Email: info@smiledaynursery.co.uk



THE MEDITATION CENTRE
be still - be inspired - be free

November at The Meditation Centre
Sun 7th 10am-5pm

Tai Chi Qigong Meditation in Movement for Health and Wellbeing-£65 (max 8 places)

Fri 19th 7pm-8.30pm

Monthly Yoga and Gong Meditation-£15

Sat 20th 10am-5pm

Learn to Meditate day-£55 (suggested donation)

meditationcentreteam@gmail.com
07775 920 079
The Meditation Centre, Dent, Cumbria LA10 5QR
www.meditationcentre.co.uk



THE FAIRBANK SOCIETY
The Gables and Travers House
Fairbank, Kirkby Lonsdale, LA6 2BD
Supported Housing for Independent People

For a monthly rent, we provide en-suite accommodation with all services including 2 cooked meals a day, heating, laundry and maintenance.

manager@fairbanksociety.com TEL: 015242 71077

PHOTOCOPIING SERVICES

Photocopying, Printing, Scanning, Laminating – A4 & A3
Colour or Black & White
Print from email/USB

The Book Lounge, 12 Main Street
015242 72319
photocopying@lunesdalebooks.uk

Kirkby Lonsdale Golf Club

Visitors welcome. There are always daily offers on green fees.

Become a member

There are a variety of membership options that start at just £17 per month

All details are on the website

www.kirkbylonsdalegolfclub.com
015242 76365/6

Scaleber Lane. Barbon. LA6 2LJ

LUNESDALE DECORATORS
High Class Interior & Exterior Decorators

Painters & Decorators

Powered-access Platform Hire

6 New Road, Kirkby Lonsdale, LA6 2AD
015242 72907 — 07836 789 670

DALTON
WOODLAND BURIAL GROUND
Natural Woodland Burial Ground

'Return to the Earth, naturally'

www.daltonwoodlandburial.co.uk
Burton-in-Kendal 01524 782442

CHIROPODIST
HPC Registered
Kay Whittle

BSc PhD MSSCh DipPodMed MBChA
Pedi-Care House, Howgill Lane, Sedburgh, LA10 5AD
015396 22122
(Closed on Mondays)

WASP & BEE CONTROL



RAPID RESPONSE
COMPETITIVELY PRICED
EFFECTIVE REMOVAL

CALL MARK
01539 821910
07476965432 / 07890565223



Powerplumb Ltd.

015242 72738
07710 477 436

Quality bathroom suites supplied, fitted, tiled.
Repairs, leaks, blockages repaired

All general plumbing

Insurance work; public liability.
Free quotations no obligation.

44 Fairgarth Drive, Kirkby Lonsdale.

B&W Funerals Ltd
James G Macdonald & Tara Wilson

24 Hour Service — Private Chapel of Rest
Ingleton, Burton, Bentham, Austwick, Clapham, Settle, Wray, Hornby, Caton, Kirkby Lonsdale & all surrounding areas.

We offer our own Funeral Plans on request.
6 Chapel Lane, Ingleton, Carnforth, LA6 3FX
015242 41293 or 07758 002 260
jmfunerals@gmail.com

WEALTH SOLUTIONS

Making the right impression on your financial future

Independent Financial Advice
Local, Friendly & Professional Service

Wealth Solutions Ltd is authorised and regulated by the Financial Conduct Authority

T: 015242 71017 F: 015242 71017
E: gary@wealthsolutions.co.uk
Office 8, Bessemer Suite, Ironworks House
Warton Road, CARNFORTH, LA5 9EX

ATLANTIS

The biggest local fitted Kitchen and Bedroom Specialist. Massive choice of affordable, top quality furniture and appliances!

For free, no obligation design and quotation service, contact us or visit our massive showroom.

Station Yard, Kendal, Cumbria, LA9 6BT,
(01539) 724053



Friends Of St Mary's

Bric-A-Brac Stall

Over the Christmas Fair weekend of Fri 3 Dec to Sun 5 Dec we will be holding our usual wonderful bric-a-brac stall in St Mary's Church. We didn't do this last year, and so have been collecting goodies to sell over the last two years. Please come along and support us: we really need it this year!

As well as the bric-a-brac, we will serve our lovely home-made cakes with tea and coffee.

I really look forward to seeing you all there!

Pat France

Chairman of The Friends of St Mary's



Community Cupboard Update

As the darker evenings are creeping up on us and the leaves on the ground remind us that we are well and truly in the Autumn months, it is heartening to know that the Community Cupboard is feeling quietly confident about its readiness for the months ahead.

Following several Harvest collections at local churches and our own Primary School at St Marys, our cupboard shelves are filled and ready for those who call on the Cupboard. We are so grateful for their kind-hearted generosity towards their community.

Financial donations have also been received from individuals along with touching messages of kindness and support.

Our most recent donation has been from The Kirkby Lonsdale Rugby Club with President, Liz Burke, very generously nominating The Community Cupboard for a share of their fundraising total. We are very heartened and grateful to have Liz's support and continue to be grateful for the ongoing support from the Club in housing the Community Cupboard and all its activities.

Community Lunches are now in full Winter warmer mode with beef stew and dumplings appearing on the menu for November and an enticing Christmas menu promised for December.

Each week, on a Monday, between 30-40 hot meals go out from the Rugby Club kitchen, some to homes around town and others to The Lunesdale Hall where a regular crowd of residents come along to enjoy each other's company and make new friends, a lovely and growing luncheon club.

Why not come along and give it a try; pre booking is required by Thursday of the previous week, just call the Hub on 015242 36404. Lunch is served at 12:30 each Monday.

Please help us to reach all the community by letting neighbours know about the lunches if you feel they may enjoy them, mention the Community Cupboard to neighbours, friends, relatives if you feel they could financially use a helping hand with food items klcommunity.co.uk, email enquiry@klcommunity.co.uk or call The Hub 015242 36404 10am-1pm for advice on how to request help or if you need physical help with shopping or prescription collection.

Finally THANK YOU to everyone who is supporting The Community Cupboard by donating through Churchmouse at Barbon, Cowan Bridge Stores and St Marys church porch and to the team of volunteers who just keep on giving of their time with patience, kindness and the loveliest of smiles, you are all STARS.

Janet Bradshaw

Kirkby Lonsdale and District Civic Society



We held our AGM on Monday 12th October. It was well attended with members being treated to wine and nibbles whilst the AGM business was underway. All the committee members were re-elected for another year. The accounts were duly signed as correct.

We then had an interesting talk by Kevin Lancaster about the Washingtons of Sedbergh and Kirkby Lonsdale. Tracing the family was helped by the generations alternating just two names in the male line, Simon and Henry.

The Next Talk for the society will be on **Monday 8th November 2021** when Dr Jean Turnbull will be speaking about Morecambe Bay

Jean has spent the last 12 years researching the history and impact of motor transport in Westmorland, looking at the changes that took place in the years 1820 to 1970. This talk makes the journey 'Round Morecambe Bay', from Morecambe to Lindale, looking specifically at improvements undertaken to the road system as well as the roadside businesses that grew up over the period.

The presentation is well illustrated with photographs and other images – many from the early 20th century.

The talk starts at 7.30 pm and is held in the Lunesdale Hall. COVID precautions in place. Entrance is £2.50 and refreshments included.

From the Registry

Baptisms

Reuban Eric Dawson, son of Oliver and Anna Dawson, St Bartholomew's, Barbon, 20th June, 2021

Arthur Burnett, son of Ian and Hannah Burnett, St. Mary's, Kirkby Lonsdale, 22nd August, 2021

Sophie Mary Metcalfe, daughter of Stuart and Nicola Metcalfe, St. Patrick's Church, Preston Patrick, 29th August, 2021

Weddings

James Hodgson and Georgina Cartmell, St. Mary's Church, Kirkby Lonsdale, 26th August, 2021

Darren Rose and Michelle Hall St. Mary's Church, Kirkby Lonsdale, 28th August, 2021

Wesley Brewer and Isobel Woodhouse, St. Mary's Church, Kirkby Lonsdale, 25th September, 2021

Funerals

Shelia Atkinson, aged 86 years, All Saints, Lupton, 28th June, 2021

Cynthia Penwarden, aged 85 years, St. Mary's Church, Kirkby Lonsdale 29th June 2021

Jean Baines, aged 79 years, Holy Trinity, Casterton, 30th July, 2021

Marjorie Mellor, aged 90 years, St. Mary's Church, Kirkby Lonsdale, 5th August, 2021

John Makinson, aged 71 years, Holy Trinity, Casterton, 19th August, 2021

Dorothy Penny, aged 88 years, Beetham Crematorium, 3rd September, 2021

The Church in and around Kirkby Lonsdale

Eleven churches comprising Anglican, Methodist and Roman Catholic congregations, committed to growing as disciples and serving our communities together.

Unless there are changes to the plan for easing restrictions these are the services during November.

Please continue to follow all the social distancing and hygiene guidance. (The type of service may change after AKL goes to print. Please check church notice boards and kl.church website for up to date information)

November

		St. Joseph's RC	9am Mass
4 Thu Kirkby Lonsdale	10.30am Holy Communion	KL Methodist Church	10.30am Remembrance Service with St Mary's
7 Sun 3 BEFORE ADVENT			
Kirkby Lonsdale	11.00am Holy Communion	18 Thu Kirkby Lonsdale	10.30am Holy Communion
Preston Patrick	9.30am Holy Communion	21 Sunday CHRIST THE KING	
Lupton	9.30am Morning Service with Remembrance	Kirkby Lonsdale	11.00am Morning Service
Barbon	10.30am Morning Service	Preston Patrick	9.30am Morning Service
St Joseph's RC	9am Mass	Lupton	9.30am Holy Communion
KL Methodist Church	10.30am Morning Service	Barbon	10.30am Holy Communion
		St Joseph's	9am Mass
11 Thu Kirkby Lonsdale	10.30am Holy Communion	KL Methodist Church	tbc, check kl.church
14 Sun REMEMBRANCE SUNDAY			
Kirkby Lonsdale	10.30am Remembrance Service in the Churchyard	25 Thu Kirkby Lonsdale	10.30am Holy Communion
Preston Patrick	9.30am Morning Service with Remembrance	28 Sun ADVENT SUNDAY	
Barbon	10.50am Remembrance Service	Kirkby Lonsdale	11.00am Holy Communion 6.30pm Advent Lights with QES
Casterton	10.50am Remembrance Service	Preston Patrick	9.30am Morning Service
Hutton Roof	10.45am Remembrance Service	Casterton	10.30am Holy Communion
Mansergh	11.00am Holy Communion with Remembrance	Hutton Roof	10.30am Morning Service
		St Joseph's RC	9am Mass
		KL Methodist Church	10.30am tbc, check kl.church

Compline in the Kingdom Season

As last year, I will be saying Compline by Zoom during the Fridays of the Kingdom Season, that is the Fridays of November 5th, 12th, 19th and 26th. The zoom link will be made available by email and on the weekly church notice sheets.

Please call or email me if you have any questions on sueoloughlin.so@gmail.com and telephone 01539 324483 or 07900 530849

Sue O'Loughlin, Deacon

Cowan Bridge Methodist Chapel

Unfortunately, due to lack of heating we will be unable to hold services in the Chapel during the winter period after 7th November. Arrangements for worship are currently being discussed and we will notify people once a decision is made. If anyone has any questions, please contact me.

Rev Wendy Thornton

Christmas Fair

Friday 3rd – Sunday 5th
December 2021

PREVIEW



Kirkby Lonsdale



Lighting up the community differently this year

We are delighted to be staging the Christmas Fair in Kirkby Lonsdale this year from Friday 3rd – Sunday 5th December. We have taken the decision to make it a community-focused event with a slightly different programme than usual. You can look forward to: a smaller, well-spaced chalet village, indoor market and late-night shopping; a community-focused Christmas light switch-on, lantern procession and carol singing; a community play called Peter's Promise; and guided lantern walks over the Christmas Fair weekend.

We are placing an emphasis on #shoplocal #belocal #staylocal and we hope that by Christmas 2022 we will be able to put on a fully fledged Christmas extravaganza.

Chalet Village and Indoor Market

When? Friday 3rd - Sunday 5th December

Where? Market Square and Lunesdale Hall

How much? Free to enter

Discover the Chalet Village in Market Square this year where you can shop the chalets and browse the festive goodies on Friday 4pm-8pm, Saturday 10am – 7pm, and Sunday 10am – 5pm. Lunesdale Hall will host an indoor Christmas market on Saturday and Sunday 10am – 5pm where you can warm up and browse country produce and crafts. There will be a reduced number of chalets on the square and stalls in the hall to allow for spaciousness and air flow, so that everyone can celebrate the festive season at ease.



Christmas Light Switch-on and Lantern Procession

When? Friday 3rd December, from 4pm

Where? Market Square

How much? Free to enter

Peter Pan and Hook will lead the Christmas light switch-on at 4pm on Friday 3rd December, where locals will gather in the Market Square to see the magic of Christmas fill the streets! Tinkerbell and Santa's helpers will hand out sweets to the best-dressed fairies, lost boys and pirates while willow lanterns are handed out and the lantern procession commences. Peter will lead you through the town and St Mary's Churchyard where you will be welcomed by lantern-lit carol singing.

Kirkby Lonsdale Christmas Fair 2021



Can you help light the way for Peter?

Can you help make 300 willow lanterns? We need lanterns for a Lantern Parade at the Christmas fair on the weekend of 3rd, 4th and 5th of December.

Kirkby Lonsdale Community Interest Company has received a grant to make willow lanterns for the 3rd December Friday Night Christmas Lights Switch On.

This whole project is volunteer led. We have 9,000 sheets of tissue paper, 50 rolls of sticky tape and 3,000 willow canes! With some help we can turn these into 300 Lanterns.

Jayne Davies, a local and very talented creative producer, has written a play called 'Peter Promise'.

The play has been written specifically for Kirkby Lonsdale. Jayne has recruited some very well-known local personalities to take the leading roles. We have a fabulous duo playing Captain Hook and Peter Pan but shhh – it's a secret!

Captain Hook and Peter Pan will appear in the Square, above the Christmas chalets, to switch on the festive lights. They will call for the people below to help light the way, with our handmade lanterns, to the Glebe field where carol singers will be waiting for us in a beautifully decorated marquee.

We really want this Christmas Fair to be our community event of the year!

Are you a group of friends, neighbours, a bridge or book club, a church group or any group that would like to be involved?

We have run a couple of workshops already with great success, our helpers include Janet, Izzy and Rosie from the Community Cupboard, Lol from Messy Church and Laura from the Cubs and Scouts. We have also contacted Brant Howe and St Marys School. However, 300 is a lot of lanterns to make and we need more people to help.

So, if you can help, please get in touch with Janet Nuttall by emailing janetmistle@yahoo.co.uk or leave a message at the Information and Gift Shop on 24 Main Street. Janet will show you how to make the lanterns and give you everything you need.

All material and workshops are FREE.

Look out for updates on the town website www.kirkbyonsdale.info and <https://www.facebook.com/KirkbyLonsdaleTown>

Thank you for all your help and support!

Lantern-making Workshops

When? Throughout October and November

Where? Various Locations

How much? Free or buy a pack from the Information & Gift Shop on Main Street.

We are encouraging members of the community, individuals and groups, to join us in making eco-friendly lanterns out of willow and bamboo so that we can fill the streets of Kirkby Lonsdale with magical light as we process through the streets after the Christmas light switch-on. We need over 300 lanterns to boost the Christmas magic and bring the festive community spirit alive! If you are interested in taking part or leading a lantern-making workshop, please contact Janet Nuttall by email: janetmistle@yahoo.co.uk. A DIY option is also available from the Information & Gift Shop on Main Street.



Kirkby Lonsdale Christmas Fair 2021



Peter's Promise

When? Sat 4th and Sun 5th December, 4pm and 7pm

Where? St Mary's Churchyard, meet at the main gates.

How much? Free, but book tickets in advance.

An 'awfully big adventure' is coming to Kirkby Lonsdale this Christmas as Peter Pan searches for the last of the Lost Boys and tries to keep a Christmas Promise. A sequel to J.M Barries' Peter Pan, Peter's Promise is a magical piece of outdoor winter theatre created especially for Kirkby Lonsdale by creative producer Jayne Davies and a cast of community performers. Performed outside at various locations in St Mary's Churchyard and concluding in a magical marquee on the Glebe Field. Bring a hot chocolate or mulled wine and join us under the wintry star-lit sky for a truly magical event. Suitable for all ages. Please dress for the weather and wear appropriate footwear. Tickets are free but need to be booked with a refundable deposit in order that numbers can be monitored. Tickets can be booked at the Information & Gift Shop on Main Street (015242 97177) or online at www.kirkbylonsdale.info. Book early!



Lantern Walks

When? Dates TBC – keep an eye out on our Facebook and website (@KirkbyLonsdaleTown, www.kirkbylonsdale.info)

Where? The Monument in the Market Square

How much? £6pp, Under 16s FREE

Join us for a lantern-lit journey through town as the tales of Kirkby Lonsdale are brought to life! Our local guides are leading lantern walks during the Christmas Fair weekend so you can learn about our rich cultural history before joining the festive activities.

You will meet your guide under the Christmas tree in Market Square where you will be greeted with mulled wine and mince pies. Tours last 50 minutes and everyone will have their own lantern to light their way.

Make sure to book in advance by contacting the Information & Gift Shop on 015242 97177 or booking online at www.kirkbylonsdale.info



Late Night Shopping

When? Friday 3rd and Saturday 4th December, till 7pm

Where? Kirkby Lonsdale shops

How much? Free to enter

Our wonderful independent shops will be staying open late over the Christmas Fair weekend so that locals can get all their Christmas shopping done in time. Shops will be open until 7pm on Friday 3rd and Saturday 4th December. Expect Christmas carols in the street, mince pies and mulled wine and maybe even a magical dusting of snow!

Peter Pan and Kirkby Lonsdale

What's The Story?

J M Barrie, the author of Peter Pan, may never have visited Kirkby Lonsdale but the boy who inspired his most famous creation certainly did. George Llewelyn Davies and his brothers (Jack, Peter, Michael and Nico), the original Lost Boys and the inspiration for the Peter Pan, often came to visit their grandparents at the vicarage in Kirkby Lonsdale. In 1906, twelve-year-old George even wrote a poem about the town to his Aunt Margaret when he was unable to visit for the holidays:

(Extract taken from <https://jmbarrie.co.uk/> a database curated for over 40 years by Andrew Birkin about the life and work of J M Barrie and the Llewelyn Davies family, who inspired him to write Peter Pan).

The boys' nurse and guardian, Mary Hodgson, was born on Mitchelgate in Kirkby Lonsdale and was only 12 years old when she first went to work for the Lewellyn Davies family as an under-nursemaid. J M Barrie drew on Mary Hodgson and his Newfoundland dog Luatha to create the character of Nana in Peter Pan!

Neverland magic will be sprinkled across town this year when Peter's Promise, a sequel to the Peter Pan story is performed as part of the Christmas Fair celebrations!

Dear Aunt Margaret,

The fatal word is spoke, and mother says

I may not see the walls of Kirkby town,

I may not see Miss Davenport, and Joan,

And Mrs. Tatham, and young Eddie too.

No bike rides with Miss Harris shall I go,

No walks with Peter and his mistress fair;

I shall not look for birds' nests in the woods,

Nor walk upon the moors with thee, fair aunt.

Alas! 'tis finished, and at Ramsgate I

Must pine away, and pipe my little eye.

Say Cheese

Kirkby Lonsdale WI invites you to our forthcoming meeting on 3rd November at which John Natlacen, of The Churchmouse at Barbon, will delight us with his Cheesy Journey from when he first visited Kirkby Lonsdale on his honeymoon in 2002 before embarking on establishing the Churchmouse Cheeses. Since that time, he has been awarded various accolades, including UK Family Business of the Year. The evening will include samples of cheeses, many of which will be available to purchase

Visitors, non-members and gentlemen are all welcome. If you do join us, please bring some loose change for the raffle, refreshments and to buy some cheese. A sale of Christmas cards in support of Derian House has also been organised by Joyce Clark who has volunteered at the children's hospice for over twenty years.

It was with great sadness we learnt of the passing of June Peckston, one of our much-valued and special members. Dearest June will be missed and we wish to express our sincerest condolences to her family.

We would like to thank Karen Hanks, Chair of the Cumbria-Westmorland Federation WI for speaking at our last meeting. Karen entertained us with humorous reminiscences and readings from 'The Five Boxes', her brother's book about growing up in the 60s and 70s.

We are extremely grateful to Karen for stepping in at such short notice as our scheduled guest speaker had to cancel owing to extenuating circumstances.

And if you're feeling 'crafty'... the 'Craftivism Competition' article on page 22 of the current edition of WI Life magazine invites members to make something which represents the WI's worthy ovarian cancer campaign. Submissions will be exhibited online and the judges' favourite will be featured in the Spring 2022 edition of WI Life.

Please follow us on social media and don't hesitate to get in touch if you would like further information about our meetings or want to join; it's always a pleasure to hear from you. **Patsy**

Email: kirkbylonsdalewi@gmail.com Tel: 015242 98587 or 0776548094. Web: www.klwi.co.uk

Bereavement Support Group

We continue to meet on the second Tuesday of each month at 10.30am in St Mary's Church. We are open to anyone who has experienced bereavement and we share our experiences and support each other. In December we will meet in the Methodist School Room in Kirkby Lonsdale. Any questions or for other information please email me on sueoloughlin.so@gmail.com or call telephone 01539 324483 or 07900 530849.

Sue O'Loughlin

Casterton WI

The well-attended October meeting opened with a reminder that the Annual Meeting is coming up next month and volunteers for the committee would be very welcome. The Parish Council have been in touch regarding the planting of a tree to commemorate the Queen's Platinum Jubilee next year, and it was suggested that a crab apple tree be planted on the Village Green.

The speaker, historian Jean Turnbull, formerly of Lancaster University, took members on a journey through time, from Stainmore, near Kirkby Stephen, to Morecambe, via Sedbergh, Casterton and Kirkby Lonsdale. She explained how the development of roads and railways led to the expansion of tourism. Better roads meant more traffic, often in the form of coaches or charabancs, very popular in the summer for trips to the seaside. Casterton has two reminders of those early days. Toll Bar Cottage dates from the eighteenth century when roads began to be turnpiked, while the garage was formerly a smithy, important in the days when horses, rather than the combustion engine provided the motive power for travel. Jean also spoke about the popularity of Morecambe as a resort with its Winter Gardens, Theatre and the Midland Hotel, a reminder of the importance of the railway network in bringing in tourists.

More information on the programme of talks can be found on our website www.castertonwi.co.uk.

1st KL Scout AGM and review of the year

AGMs are a great time for both glancing back and looking forward. I never cease to be amazed at the range of experiences and learning opportunities provided to our young people. Also, the adaptability and invention of our leaders who continued through lockdown #SkillsForLife.

What we did miss was days away and camping. Normally this is where we do most of our scouting and the greatest adventures occur. Fortunately, these are now back with suitable precautions and everyone will get a chance for a night away this term. Looking forward, Mel Schofield, our excellent Executive Committee Chair for the last 10 years, stood down and Tess Pike, local blue-badge guide, took over. The Executive Committee does all the behind the scenes work and we're grateful for all their support. Tess joins as our adult and young people numbers increase and we have exciting plans for a new scout hut as soon as we find a site: ideas welcome. Boys and Girls aged 6 to 106 very welcome to join us as young members, helpers, skills instructors or leaders. We're not just for Kirkby Lonsdale but cover a wide area and have members from 5 miles and more away.

Contact Lol or Tom alunaesu@gmail.com for Explorers, or Skip (Nigel) Kirkby_Lonsdale_Scouts@live.co.uk for the younger sections.

View from the Bridge

This week, we had the very sad news that June Peckston had passed away. She hadn't been in the best of health for some time. She will be sadly missed by the Chamber of Trade and by the Lunesdale Hall committee and many more folk in and around town. She was the mainstay behind the British Legion and, up till very recently, was the organiser of the local poppy collection and the Remembrance Day parade. RIP, June.

Who said a week in politics is a very long time? (Answer at the end of this column). Well, writing an article two weeks before publication is even longer and how things can change.

Some bad news: the sudden closure of the brow by Cumbria C.C. due to the onset of adverse weather conditions. It is hoped to find an alternative way of seeing Ruskin's view while the path is closed. Some good news: the kiddies play park has reopened but was delayed due to a shortage of materials for resurfacing. The entrance from Tram Lane has also been tidied up with the cutting back of the bushes by the gate.

The first Lunesdale Hall AGM in nearly two years was held on 4th October. Mike Burchnall stood down as chair to take up the role of secretary and Robin Ree has now taken over as chair. The monthly meeting of the Town Council was put back to 22nd October to allow time for the council to consider the draft 'Local Plan Review' published by SLDC.

There was an exhibition of the proposals held in the Lunesdale Hall on 12th October, giving people the opportunity to express their views on the future of the town. The Town Council will give its formal response after its meeting. November's meeting will be held on 3rd, not 17th of the month in the Bective Room. All correspondence and questions should in the first instance be addressed to the Clerk at kevtherev7@hotmail.com.

The two planned CCTV cameras, which are made to order, are waiting for parts from abroad and we have no date when they will be installed. Work is still ongoing repairing the roof and cleaning the stonework on the monument in the square and should shortly be handed back to the town. It would be even better if we could get the square back.

My grandson is making very good progress and hopefully could be going home very soon. All that remains is to make my usual thanks to my fellow councillors and to Diane for her help.

For the younger generation the answer to the question is Harold Wilson (PM 1974-76).

Stay safe and best wishes

Cllr. Geoffrey Buswell

DOWNHAMS LTD
 CARPENTRY, MANUFACTURED JOINERY & BUILDING PROJECTS

**Qualified Carpenters,
 Joiners & Builders**

Established 1979

Free Quotations:

The workshop at the rear of
 Deewood, Cowan Bridge.
07776294111 – 015242 72695
 chrisdown1984@hotmail.co.uk

DALES
traditional butchers

FREE LOCAL DELIVERY

2 Market Street, Kirkby Lonsdale
Tel: 015242 71278

DALESBUTCHERS.CO.UK

HART & WILLOW
 Hornby, Kirkby Lonsdale
 Traditional and
 Modern Upholstery
 and Furnishings
07889 950746
 emily@hartandwillow.co.uk



Hart & Willow

CASTERTON VILLAGE HALL
 Attractive, modern hall. Ideal for celebrations,
 children's parties, meetings.
 Seats up to 75.
 Fully equipped kitchen including commercial
 dishwasher and all tableware.
 High speed broadband. Competitive rates.
 Call 015242 71056, or
 email enid.hastings@gmail.com.

PARKIN & JACKSON
 MONUMENTAL SCULPTORS
 EST. 1885

14 APPLEBY ROAD, KENDAL, LA9 6ES
Tel. 01539 722838

e-mail info@parkinandjackson.co.uk
 www.parkinandjackson.co.uk

- New memorials
- Additional inscriptions
- Repairs & renovations
- Home visits available
- Home & business signs

Contact: Craig Benson or James Yates-Bell

HOMEMAIDS
 THE FRIENDLY, HELPFUL & PROFESSIONAL
 CLEANING COMPANY

Whether it's domestic or business, a one
 off clean or every week, HOMEMAIDS
 offers an efficient, discreet and
 trustworthy service.
07921 950 863 - 07539 169 651
 wendyathomemaids@aol.com

PURE STONE

IMPORTERS OF STONE AND
 PORCELAIN TILES FROM
 AROUND THE WORLD

LIMESTONE, MARBLE, SLATE,
 PORCELAIN TILES AND
 WOOD FLOORING

015395 61307 / 07884384358
www.pure-stone.co.uk
 PRIZET COURT, KENDAL, LA8 8AA



**OGLETHORPE
 STURTON &
 GILLIBRAND**

Friendly, professional legal advice
 Individuals | business | agriculture
 Call us today: 01524 846 846

LANCASTER | KIRKBY LONSDALE
 www.osg.co.uk

SPRING CHICKENS
Complete cleaning service

Residential housework
 Landlord cleans | Holiday home
 Retail & Office

07581 282666
springchickens@mail.com

**Kidz Day
 Nursery**
 Flexible childcare
 Funded places available

Collections from local schools
015242 41903
 www.kidzdaynursery.co.uk

SMART SIGNAL

Aerial & Satellite Installation and Repair
 Wi-Fi & Home Network

Ben Fawcett
 01524262017 - 07950028622
 smartsignal@outlook.com

Flower Bank Florist

FRESH FLOWERS EVERYDAY
 LOCAL DELIVERY
 Weddings, Funerals. All occasions
 INFO@FLOWERBANK.CO.UK
 FLOWERBANK.CO.UK
 015242 73668

ALAN DALE
JOINERY CONTRACTOR

For all internal and external joinery
 work. Free estimates, no VAT.
 Douglas House, Tram Lane,
 Kirkby Lonsdale
Tel: 07971 637880

The William H Jones
Studio

Original oil paintings Dairy Cottage
 Local prints Fellside Farm
 Greetings cards Kirkby Lonsdale

www.williamhjones.co.uk
 015242 71124

Parties, Meetings, Education, Social
FRASER HALL
 Village Hall on A65 at COWAN BRIDGE
 Seat up to 80 - Buffet, Bar, Disco
 Car park, Broadband, Crockery, Glasses
 Rosemary Rimmer: 07900 927 819
 rosemary.anne.rimmer@gmail.com

Brant Howe Residential Home
Kirkby Lonsdale

24 Hour friendly Care
 Day Care
 Nutritional Food
 Entertainment Programme
 Family Run Business
 Prop: Mr & Mrs P.M. Jackson
 Tel: 015242 71832

THOMAS REDHEAD
 STONEYCROFT, INGLETON LA6 3HF
 (Diploma Coal & Bottled Gas Merchants)
 REGULAR DELIVERIES TO KIRKBY FOR 30 yrs.
5 grades, 5 sizes of coal;
26 different smokeless fuels
 New bottled gas delivery service
 Kiln dried hardwood logs & kindling
 Unbeatable choice, Quality & competitive rates
 Please ring anytime **015242 41626/41212**

**PETER ALLEN
 FLOOR COVERINGS LTD**

- CARPETS
- VINYL
- AMTICO SPECIALISTS
- RUGS
- BLINDS
- ENGINEERED WOOD
- BEDS & MATTRESSES

SETTLE 01729 825122
 www.peterallenflooring.co.uk

the
pc
doc.co.uk

On call, for **ALL** your tech issues

**Based in
Kirkby
Lonsdale**

30 years' computing, IT and home-tech experience, plus plenty of patience, good humour and a friendly, common-sense approach. All in the comfort of your own home at a time to suit you!



I can offer a dial-in solution over the internet to fix your tech issues or offer advice.

Call Mark - 0759 702 4329
thedoc@thepcdoc.co.uk

PC - Mac - Smartphone - Tablet - Home tech



All aspects of dog grooming, bathing, clipping, handstripping, nailclipping, ear cleaning.

Located only 8 mins from Kirkby Lonsdale in the stunning quiet facilities of Rest Harrow Equestrian on Woodman Lane. (Just up from The Highwayman, Burrow)

**Dawn Butterworth
07399802483/015242 73715**

J.J. MARTIN

FUNERAL DIRECTORS

JJ Martin are your local, independent funeral directors based in Kirkby Lonsdale and covering the surrounding areas.

We pride ourselves in offering a personal, caring and professional service where the needs of your family come first.

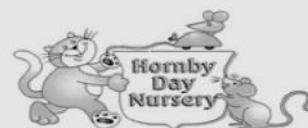
We provide free advice, pre-paid funeral plans and a 24 hour service.

EDWARD WALLER: 07779025745 or 015242 72431

www.jjmartinfunerals.co.uk info@jjmartinfunerals.co.uk

The Old Police Station, 1 Long Lane, Sedbergh Cumbria, LA10 5AL. Telephone: 015396 20130

4 Harling Bank, Kirkby Lonsdale, Carnforth, Lancashire, LA6 2DJ. Telephone: 015242 72431



Ofsted rated us Outstanding in all areas
Open 7.30am - 6.30pm

- 30 hours free childcare for eligible 3 & 4 year olds
- 15 hours free childcare for eligible 2 year olds also offered
- Holiday club available during all school holidays

1 Station Road, HORNBY
015242 22288

info@hornbydaynursery.co.uk

Call or email the nursery to discuss your individual needs or to arrange a visit.

Tiggywinkles Laundry

5 New Road,
Kirkby Lonsdale, LA6 2AB
015242 71550



Washing, drying, ironing,
dry-cleaning, duvets
Weekly specials
Dry and fold £6

H & M
CRAFTSMEN



Ingleton, North Yorkshire, LA6 3NU
015242 41535
kitchensandbedrooms.co.uk

**JR & Son Electrical
Plumbing & Home Repairs**
NO JOB TOO SMALL
COMPETITIVE PRICES
015242 76252
07919 818646



**ART, HOME
& GIFT**

10 MARKET STREET
KIRKBY LONSDALE

015242 98220

www.bumblebeegallery.co.uk

COUNTY BORDERS

Local garden services

Grass and hedge cutting
Clearing, patio/decking cleans
and much more...



Call for a site survey

07939 050218
015242 98037

Joules

Weird Fish

**White
STUFF**

SEASALT

fransa

BRAKEBURN

rieker

bugatti

edge
OF THE WORLD

CASUAL FASHIONWEAR

Market Square
Kirkby Lonsdale
015242 71390

edgeoftheworld.com

Out of Africa—and into Barbon!

Out of Africa – the first in a series of six dinners to raise funds for Simon and Pauline Kaye's proposed ascent of Mt Kilimanjaro, supporting the charity of Children of Hope, Uganda. From the description of these events in the St Mary's church weekly online news, I thought this would be a companionable evening and at the same time support this splendid initiative. I was not in the least disappointed.

Comfortably settled in the relaxing surroundings of the home of Margaret and Peter Boggis in Barbon, we were soon anticipating the meal with a glass of champagne and smoked salmon nibbles. The first course was a colourful platter of tropical fruits, mango, pineapple, melon and more, all at a perfect state of ripeness; apparently not an uncommon starter in East Africa.

The main course – a delicious base ingredient of marinated, slow-cooked goat's meat – was a curry introduced by the Indians to Africa in the 19th century and served at a banquet. This was accompanied by a myriad of side dishes: plain and spiced rice, Indian breads, sambals, chutneys etc. The dessert - a Dutch pastry (Melttert) reflecting the presence of those settlers in South Africa – lighter in texture but not dissimilar to our custard tart, made a mouth-watering end to our banquet. Kilimanjaro coffee, grown on the slopes of the mountain, teas and luxury chocolates still to come!

During the evening a DVD explaining the origin and development of the work in Uganda was shown.

Next up 'The Great European Tour' on Saturday, 13 November, 2021 (details below). Come alone or persuade your friends to join you for a most enjoyable and worthwhile occasion!

Children of Hope, Uganda

Eating Around the World in 180 Days

Join us for a captivating series of evening dinners themed around 6 continents to raise funds for CRMI Children of Hope in support of Simon and Pauline Kaye's planned ascent of Kilimanjaro.

Six guests will have the opportunity to join Peter and Margaret Boggis at their home in Barbon to enjoy an authentic culinary journey reflecting the varied cuisine of each continent.

Sat 13 Nov 2021, The Great European Tour; Sat 11 Dec 2021, Going North – North America; Sat 8 Jan 2022, Going South – South America; Sat 12 Feb 2022, Down East – South-East Asia; Sat 12 Mar 2022, Down Under – Australasia.

Cost £25 per person, bring your own drinks. All proceeds donated to the fund. Limited places – please email to book crmifundraising@gmail.com.

Kirkby Lonsdale Fireworks Display

5th November

Our annual fireworks display will, once again, be on 5th November. Drive-in tickets are available to purchase online via our website shop.klrufc.co.uk. We are currently working on our plans (in light of the closure to Ruskin's View) to enable the return of pedestrians who would like to come up on foot. Details will be released shortly. Please check our website or Facebook for further details.

Gentle Exercise and Contemplation

As I mentioned in last month's AKL, I teach t'ai chi and also qi gong (you might pronounce it something like 'chee kong'), which underpins t'ai chi and aims to promote health, flexibility and general effectiveness.

'Movement and Stillness' is a class I particularly enjoy doing. It lasts an hour, and we use some very simple-to-learn qi gong warm-ups and exercises and some guided contemplation to settle down, gently energise and put our worries to one side a bit. It's going well but there is still space; we meet on a Friday morning from 9 to 10 am upstairs at the Lunesdale Hall (Bective Road entrance). I ask £5 a time. For more details, my email is andichapple@gmail.com, my number is 07891 908025, there is a small website at www.freakout.biz/taiji and you can look for Elephant Mountain Taichi on Facebook.

Best wishes,

Andi Chapple

Preston Patrick

Soil that was ordered for immediate use was not used as intended. The sand and chippings were bought trade, delivered to the Old School and taken up to church by Eddie Galbraith. The wall at the top has been taken down and part rebuilt. Part of the car park, which has been taken over by turf, is being cleared and used to fill in depressions.

The Memorial Garden is progressing, and Alan Gardner has worked hard to bring this to completion. Unable to source locally, Alan had to go to Preston to pick up the greenery.

Frank

Mansergh Church

Thank you to everyone who supported the jumble sale by donating or buying at our recent sale. Thanks also to all who helped on the day. We made £434 for church funds.

Brenda

The Zero Pantry: A New Chapter

Hopefully, by the time you read this The Zero Pantry will be starting to pack up and move to their new premises on 55 Main Street (in between Avanti and Natwest Bank). We are super excited as the move will mean a larger shop which, in turn, means more exciting products for you. We will be increasing our selection both within the food section as well as the home/personal section. The planned move is 15th November, so fingers crossed we manage to do all that needs to be done before then! If we are missing in action for a few days, please be patient - we will be with you shortly.

This new chapter ties in nicely with what we have managed to achieve over the past 16 months of trading. On 1st August 2020 The Zero Pantry opened its doors for the first time and it was more than we ever expected. The community of Kirkby Lonsdale and surrounding areas welcomed the concept of plastic-free shopping, so much so that just a few months later we opened a further store in Sedbergh on 1st December. Together we have refilled over 3,670 plastic bottles, eaten over 900kg of rolled oats, washed our clothes with 1,020 litres of eco-friendly laundry liquid and composted over 250 bamboo toothbrushes. Well done everyone!

As you all know, not only am I passionate about reducing plastic in our homes but I am also a keen advocate of supporting local businesses. Within our stores we sell products from over 20 local suppliers; ranging from locally made soaps and candles to our very own local honey; toasted muesli to locally roasted coffee. Each and every time you buy one of these locally made products you are not only supporting myself and the staff I employ, but also those small independent businesses that supply me. The chain of happiness with every sale made runs long.

With Christmas just around the corner it would be lovely to see our townsfolk support local shops, whether that be in Kirkby Lonsdale, Sedbergh, Ingleton etc. Spend some time looking around the amazing selection that is on offer and make a promise to yourself that you will buy at least one Christmas present this year locally - gosh, why not buy them all!! And remember 'when you buy from a small business an actual person does a little happy dance'. So spread those warm fuzzy feelings this year - support local, shop local, eat local, spend local.

Kim Bradshaw

The Zero Pantry - for all your daily needs, plastic free Kirkby Lonsdale & Sedbergh

Lunesdale Probus Club

Lunesdale Probus Club continues their monthly programmes with another round of wonderfully entertaining speakers and wide-ranging subjects.

On Monday 4th October Sue Bull gave us a fascinating comprehensive history of Hornby Castle, the site, various structures and owners, from Norman times right up to the present day.

In contrast on Monday 17th Andy Crossley talked about being a crew member on a large luxury yacht being delivered from Rhode Island to Cuba via Bermuda. Many good salty tales involved!

In November we have two more interesting talks lined up as follows. On Monday November 1st there will be a presentation on Climate change – The Past, Present and Future. This very topical subject will be covered by our speaker Robin Mcilveen.

On Monday November 15th, one of our members and noted historian, Christopher Robson takes us back to Medieval Lancashire, with an emphasis on the life and times of Lune Valley residents.

Lunesdale Probus Club meet in the Hornby Village Institute on the first and third Monday of each month.

For further information please contact Roger Carter, Hon.Secretary, Hornby Lunesdale Probus Club 015242 22283

Lunesdale Swimming Pool

The Trustees are pleased to announce that we have a new Pool Manager. Kieran Smith joined the team on Monday 27th September and was able to spend time with Chris for a short handover period.

Kieran has experience at both public and private leisure and swimming pools in the area. The Trustees feel he will be a great addition to the team as we continue to move the pool towards sustainably serving the local communities. Kieran would be pleased to meet you at the pool and around the area as he settles into his new role within the community. We have also recruited additional poolside teaching staff and lifeguards to meet increased demand.

Please check our Facebook pages for further details of all our courses and family fun sessions. We'd love to see you.

Website: www.lunevalleypool.com; 805666 Email: poolmanager@lunevalleypool.com (01524) .



MyKL LOYALTY CARD OFFERS FOR NOVEMBER 2021

www.kirkbylonsdale.co.uk/mykl

Don't forget to take your MyKL card every time you shop....

If you don't have a MyKL card yet then come into the Information & Gift shop to purchase your card and start enjoying a whole range of discounts; the more people that buy cards, the more retailers will get involved providing more offers for you to sample.

Kirkby Lonsdale Information & Gift Shop, The Old Bank, 29 Main Street, Kirkby Lonsdale. 015242 97177

A Touch of Artisan

10% OFF
when you spend over £25

13 Market Square, Kirkby Lonsdale
07738 773328

The Zero Pantry

The Zero Pantry is moving and to help celebrate we are giving away a free bamboo straw to all MyKL cardholders when they spend over £30 in our new store. Come and check out all our new products - bigger shop, bigger selection.

From 15th November
located at 55 Main Street, Kirkby Lonsdale

The Zero Pantry - for all your daily needs, plastic free

18 Main Street, Kirkby Lonsdale
Tel: 015242 73848

Piries' Soul Food

10% AKL Discount on Classes

All abilities welcome - No experience needed

ESSENTIAL OILS & TOXIC FREE PRODUCTS

SHIATSU/ACUPRESSURE MASSAGE

SOCIALLY DISTANCED YOGA - BARBON

Online Memberships
ON DEMAND MINDFUL YOGA
MOVEMENT & MEDITATION
Enjoy whenever & wherever you wish!
FREE TRIAL WEEK!

8 week Online
MINDFULNESS BASED LIVING COURSE

Keep looking after yourselves & each other

Zoë & Oliver Pirie
07483 214210

FREE TASTER CLASSES!
www.piriessoulfood.com
admin@piriessoulfood.com

Sew What

10% OFF
Personalised Gifts

Orders taken by Messenger, email or calling mobile.

2 Chapel Close, Kirkby Lonsdale
Tel: 07766711288

Kirkby Lonsdale Tourist Information & Gift Shop

HALF PRICE

Personalised Kirkby Lonsdale Keyring
This is your chance to get a personalised Kirkby Lonsdale Keyring at 1/2 price!

Opening Hours:

Monday - Saturday 10am - 4.30pm
Sunday 11am - 4pm

29 Main Street, Kirkby Lonsdale
015242 97177

Jasmine Cottage Kirkby Lonsdale

5% OFF
on all bookings

We are delighted to be open again for bookings.

Just visit

www.lakeholidaycottages.co.uk

or you can still buy a voucher if you prefer
<https://lakeholidaycottages.regalo.gifts>

Chocolat

FREE
Chocolate Goodie Bag

RRP £4.95 when you spend £20+

AND

1/2 price on all take-away hot drinks
choose from a coffee made with our new house blend beans roasted by Kirkby Lonsdale Roasters, a freshly brewed loose leaf tea or a gorgeous hot chocolate.

3 New Road, Kirkby Lonsdale
015242 72830

The Book Lounge

10% Discount

with a MyKL card on sales of £15 or more on new books or gifts

New and Used Books

Book Ordering Service

National Book Tokens

Photocopying

Email:

thebooklounge@lunesdalebooks.uk

12 Main Street, Kirkby Lonsdale
Tel: 015242 72319

Lunesdale Home & Garden Ltd

We Are Open

5% OFF

Garden Fertilisers over £10

Monday	9am - 5pm
Tuesday	9am - 5pm
Wednesday	9am - 1pm ½ day
Thursday	9am - 5pm
Friday	9am - 5pm
Saturday	9am - 5pm
Sunday	Closed

54/6 Main Street, Kirkby Lonsdale
Tel: 015242 72751

DottyandV

10% OFF

on purchases over
£30

3 Chapel Lane, Kirkby Lonsdale
015242 73122

Little Walkers

FREE SHOE LABELS

20 Market Street, Kirkby Lonsdale
Tel: 07843 284198
Tel: 015242 72726

Kirkby Lonsdale Chamber of Trade Members Directory

Please consider joining. You can't be part of the new MyKL scheme unless you're a CoT member.

Shops

Abrahams Store

015242 72299

A Touch of Artisan (craft beers, food and gifts)

07738 773328

The Bath House (Fragrance, skincare & bathing)

015242 73189

The Book Lounge (Independent bookshop)

015242 72319

Booths Supermarket

015242 73443

Bumblebee Gallery (Homeware gifts)

015242 98220

Carr & Bleasdale (Home furnishings & fabrics)

015242 71261

Chocolat (Speciality chocolates, home of the Enchanted Chocolate Mine)

015242 72830

Dales Butchers

015242 71278

Dotty and V (children's clothing)

015242 73122

Edge Of The World (Outdoor clothing, footwear & lifestyle fashion)

015242 71390

Flower Bank

015242 73668

Just N So (home and lifestyle)

015242 71464

Kirkby Lonsdale Visitor Information & Gift Shop

015242 97177

La Maison (Lifestyle emporium)

015242 71223

Little Walkers (Children's shoes)

015242 72726

Lunesdale Bakery

015242 71296

Lunesdale Home, Garden & Hardware

015242 72751

Lux Boutique

015242 73014

Parma Violet (Gift & homewares)

015242 72585

Post Office

015242 71233

Sienna Jewellery

015242 72121

Zero Pantry (Wholesale food store)

07745 945503

Food, Drink & Accommodation

The Barbon Inn

015242 76233

Botanica (café)

015242 80087

The Copper Kettle (Restaurant & guest house)

015242 71714

The Crossing Point Café

015242 98050

Devil's Bridge Snacks

Tel not available

Lunesdale Arms, Tunstall (restaurant & pub)

015242 36191

Mill Brow House (B & B & self-catering accommodation)

015242 71615

Number Forty Four (Café)

015242 72160

Plato's (Restaurant & bar)

015242 74180

The Orange Tree

015242 71716

The Sun Inn

015242 71965

Self Catering Accommodation

Absoluxe Suites

07944 414565

Jasmine Cottage

0191 478 3456

New House Caravan Park

015242 71590

Woodclose Caravan Park

015242 71597

Specialist Services

Around Kirkby Lonsdale

015242 73636

Checkpoint Safety (Wheel Nut Safety Products)

015242 71200

The Fairbank Society (Supported Independent Living)

015242 71077

Hackney & Leigh (estate agents)

015242 72111

Lunesdale Hall (Community facility)

015242 71618

Mindful Yoga & Shiatsu

07483 214210

Northern Print Distribution

015242 73907

Oglethorpe, Sturton & Gillibrand

015242 71388

QESstudio (Studio School)

015242 71275

Sew What? (Sewing & embroidery)

07766 711288

Stuart Brown Graphic Design

07887 958103

Toubas (Unisex Hair Salon)

015242 74333

Whittington Actuarial Services

015242 73507

Wright Design (Architects)

015242 71697

Sports Clubs

Kirkby Lonsdale Golf Club

07779 71570

get
great
rewards
with **MyKL**
Your local loyalty card



MyKL is for you if you live or work in Kirkby Lonsdale.

For just £7 per year card holders are entitled to a range of offers at local businesses in or around Kirkby Lonsdale.

You can purchase your MyKL at the Visitor Information & Gift Shop on Main Street. You will need to bring a form of ID to show that you are a resident of LA6 or work in LA6.

Reach thousands of customers from just £3 per week!



www.kirkbylonsdale.co.uk/advertise

Advertising on the Kirkby Lonsdale website is very easy, and great value for money as well. There is one simple quarterly price of £90 and each advert is shown on every page throughout the website. Kirkby Lonsdale Chamber of Trade members' enjoy a discount of 50%.

The website receives thousands of visitors every month, ranks highly in Google and is the premier source for local visitor information as well as news and events.

Book 12 months up front and you'll receive an extra 3 months of advertising for free!

Tony Higham

CARPETS | VINYL
LAMINATE | SOLID WOOD
CERAMIC AND PORCELAIN TILES
Supplied and Fitted
07547 421 162
015242 76129



HAIR BY GEMMA & JAMES
COLOUR & HAIR DESIGN STUDIO
EST 2006

Shop 1 Old Market Hall
Market Street
Kirkby Lonsdale, LA6 2BJ
Telephone: 015242 71000

Collinge Opticians

Private & NHS Eye Examination
Retinal photography, Contact lenses
Coloured overlays/colorimetry
Frames for all budgets
12 Market St, Kirkby Lonsdale
Tel: 015242 72944

BENTHAM PHYSIOTHERAPY CLINIC

For Professional, effective, Chartered
Physiotherapy, for sports injuries, backs,
necks, acupuncture. Also see website.
AXA, AVIVA, BUPA authorised clinic.
Phone 015242 62216
www.benthamphysio.co.uk

Hackney & Leigh

Property Sales, Lettings & Conveyancing

Friendly, knowledgeable local staff
with many years experience are
here to help you sell or let your
property.

015242 72111

kirkbysales@hackney-leigh.co.uk

Ambleside | Arnside | Carnforth | Grange
Kendal | Kirkby Lonsdale | Windermere

www.hackney-leigh.co.uk

F.W. HUDDLESTON LTD

Drainage, groundwork & landscape specialist
Driveways, tarmac, block paving, flagging,
Fencing, turfing, decking, water features

Plant & Machinery for hire
07831 389474/01524 736205
www.fwhuddleston.co.uk

The Hair & Beauty Emporium

For all your hair & skin care needs
Including relaxing aromatherapy
treatments & superfast tanning
systems, vertical sunbeds
Wedding hair & air brush make-up
Shellac Manicure & pedicures
Waxing, Electrolysis
Heaven Royal Bee Sting facials
Top quality products & services
Phone 015242 72600
Market Square, Kirkby Lonsdale

LUNE VALLEY BUILDERS LTD

Established building contractors,
experienced in quality new build and
refurbishment.
Newbiggin, Kirkby Lonsdale
Tel: 01539 567461 or 07909 551337
lunevalleybuilders@yahoo.co.uk

LAWN MAN

Fertilisation, Moss and Weed Control
Beautiful, Greener, Weed Free Lawns
Scarification
FOR A FREE QUOTE, CALL
John Gilmore - The Lawn Man
015395 38949

ROWSELL ELECTRICAL

Design - Installation - Testing & Inspection

- Electrical Installation & Maintenance
- Inspection & Testing
- Part P Approved
- LED Lighting
- Landlord Certificates
- Electric Car Charger Installations
- Smart Home Installations
- Consumer Unit (Fuseboard) Changes
- Napit Reg # 29925
- New Builds & Rewires

07769779936

rowsellelectrical@gmail.com



Cumbria Stove Centre

Supply and installation of multifuel,
wood and gas stoves
Flue and chimney lining services
Inglenook specialists
Fully qualified and experienced
Hetas engineers
01539 821061 (day)
015396 25227 (evening)
SHOWROOM: 34a Main Street,
Staveley, nr Kendal



**Katy
Harrison
Architects**

*Specialising in residential
architecture from new-build
projects, through to smaller
extensions, renovation and
refurbishment.*

katy@kharrisonarchitects.co.uk
telephone:- 07920 048012

ABLE MEMORIALS Ltd

Monumental & Architectural Masons
Office and Showroom
1 Wildman Street, Kendal, LA9 6EN
01539 735583
Workshop: 01524 784920
New Memorials, additional inscriptions &
renovations
Home visits & Brochures on request
www.ableworldofstone.co.uk

Klean & Bright Cleaning Services

Cleaning is our business. It's what we
do, and we do a lot of it.
Insured, Professional, Family-owned Local
Company
Call 07776 058 765 or contact us on our
www.kleanbright.com

groves architects

ltd RIBA
01756 748648

design@groves-architects.co.uk
www.groves-architects.co.uk

PREMIUM PROPERTY MANAGEMENT

Agent for Residential Rental
properties and ongoing
management.
Offering a professional, personal
and friendly service with
competitive rates.
Jannett Forrest
07783 800450—07828 199851
service@premiumpropertymanagement.co.uk
www.premiumpropertymanagement.co.uk

SEW WHAT?

2 CHAPEL CLOSE. KL
07766 711288

Clothing alterations & soft furnishings made to
your specific requirements. Now working with
HGW SPORTS to supply, embroider & print
workwear, sportswear & teamwear.

kay.porteous@yahoo.co.uk



Lonsdale Farmhouse
Hutton Roof, Carnforth,
Lancs, LA6 2PG

Septic tanks, general binding rules surveys and drain jetting

- General binding rules surveys. undertaken for house sales/purchases.
- Septic tanks and treatment plants emptied and installed.
- Efficient drain unblocking service provided.
- CCTV investigation work undertaken.
- Emergency call out facility available.
- Established local family run business.
- Registered Waste Carrier.
- Domestic and Commercial tanks.

Landline: 015242 72842
Philip: 07836 651 940
Richard: 07595 880 576

info@pgparkseptictanks.co.uk - www.pgparkseptictanks.co.uk

BIGGINSWOOD PHYSIO

WELCOME TO
BIGGINSWOOD PHYSIO
TIM PATTERSON BSC (PHYSIO) HONS. MCSP

MOVE WELL. MOVE OFTEN
PAIN REHABILITATION
RUNNING ANALYSIS
MOVEMENT SCREENING

+44 7908 053 881 www.fissio.co.uk
BIGGINSWOOD, HIGH BIGGINS, KIRKBY LONSDALE LA6 2NP

smart
Design and Print

- Leaflets & Flyers • Posters & Banners
- Business Cards • Stationery
- Postcards & Greeting Cards
- Invitations • Brochures
- Service Sheets • Branding

Call us today: **01539 620788**
Email: **office@smartdesignprint.co.uk**

Settle Chimney Sweep Services

Providing a clean and professional service
Stoves, Liners, Bird Guard, Cows and Carbon Monoxide Alarms supplied and fitted

01729 823683
07815285321
settlechimneysweeps@outlook.com

Rathbones
Look forward

One of the UK's leading providers of investment management.

For further information, please contact:

Tomas Owen-Jones on
015395 61457 or email
tomas.owen-jones@rathbones.com

Rathbone Investment Management
The Stables, Levens Hall,
Kendal LA8 0BP

The value of investments and income arising from them may fall as well as rise and you might get back less than you originally invested.

Rathbone Investment Management Limited is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority.

SIENNA JEWELLERY

65, Main Street, Kirkby Lonsdale,
015242 72121
www.sienna-jewellery.com

GIFTS FOR ALL OCCASIONS

Carol Croft Bsc
Looking for an Auto Driving Instructor?
LOOK NO FURTHER
Beginners, Refresher, Confidence building
Not getting on with a manual?
Contact Carol 07966 11 97 99
carolcroft2811@gmail.com

Carpet Inn. Est 1972

**8 Market Street
Kirkby Lonsdale
015242 73609**

All aspects of flooring. Low prices for over 40 years.
Guaranteed to beat any like for like quote.
Excellent Quality, Excellent Prices, Excellent Service

CLEAN19
DOMESTIC & COMMERCIAL CLEANING CO

If you're looking for a reliable cleaning company with excellent rates and an ongoing commitment to quality then look no further.

We take pride in our work, are vaccinated against C-19, undergo daily lateral flow tests and have enhanced DBS checks in place for your peace of mind.

Call today to discuss your requirements
T. 07852 791 998 // ContactClean19@gmail.com

Dotty and

childrenswear

tel: 015242 73122
3 Chapel Lane
Kirkby Lonsdale
LA6 2AL

www.dottyandv.com

@dottyandv | #bigernclothing

UPHOLSTERY SERVICE

Reupholstery, restoration and repairs
Modern, vintage and antique furniture

Call 07809 430 123
Email: **clare@fairthwaite.co.uk**

DALESWAY THERAPIES
Reiki with Craniosacral Therapy
Somato Emotional Release
Fritz - **07817 665662**
Myofascial Bodywork & Movement, ScarWork
Yvonne - **07795 063107**
Sedbergh - **015396 21303**



Pic by Frank Barron

Christmas Fair

Friday 3rd - Sunday 5th December 2021

Light up the community differently this year...

Christmas Light Switch-on

and Lantern Procession
FRIDAY from 4pm in Market Square

Santa's Grotto

Lantern-making, crafts and real reindeer!
SATURDAY AND SUNDAY 10am - 3pm in St Mary's Churchyard

Peter's Promise

Outdoor Winter Theatre
SATURDAY AND SUNDAY 4pm and 7pm, book tickets in advance

Chalet Village

FRIDAY, SATURDAY, SUNDAY
4-8pm, 10am - 7pm, 10am - 5pm in Market Square

Indoor Market

SATURDAY AND SUNDAY 10am - 5pm in Lunsdale Hall



Kirkby Lonsdale



For full details go to our website:
www.kirkbylonsdale.info/christmas-fair-2021

@KirkbyLonsdaleTown



@KirkbyLonsdale.info

COLLECTION ARCHIVING

Downsizing &
House Moves

Home Office &
Room Repurposing



WARDROBE MAKEOVERS

Lofts, Garages &
Cellars Cleared

Restoring Beauty
Through
Organisation

DECLUTTERING & ORGANISING



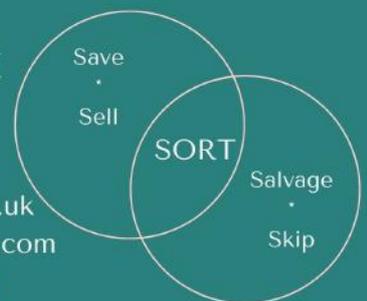
BEVAN RESTORATION

WORKING WITH
YOU TO TAKE CARE
OF YOUR
BELONGINGS

www.bevanrestoration.co.uk
bevanrestoration@outlook.com



07980312040



2 Years Free Servicing

for any AKL readers



RAYRIGG MOTORS



2 YEARS FREE SERVICING

For any AKL readers when you buy a new Kia from Rayrigg Motors Windermere or Morecambe



www.rayriggmotors.co.uk

Rayrigg Road, Windermere LA23 3DN 015394 42451

White Lund, Morecambe, LA3 3AY 01524 382222

RAYMOND JAMES | Kendal WEALTH MANAGEMENT



Personal relationship



Sophisticated strategies



Tailored advice

To find out more, visit our website:
www.raymondjameskendal.co.uk

Alternatively, you can contact Nick Levens or Michelle Tallon on 01539 678420.

LIFE WELL PLANNED.

Risk Warning: With Investments, your capital is at risk



Mitchells

SINCE 1873
ANTIQUES & FINE ART AUCTIONEERS & VALUERS



Cumbria's Leading Auctioneers

COMPREHENSIVE SERVICES FROM FINE ART TO HOUSE CLEARANCE:



- Quarterly three-day Antiques & Fine Art Sales
- Regular Specialist Auctions including Sporting & Toy sales
- Fortnightly Decorative Interiors Auctions
- Monthly Household Sales
- Full House Clearance Service
- Entries Always Invited
- Friendly & Efficient

For a Preferential Rate Please Quote AKL 1

Free home visits available every Tuesday across South Lakeland and the Dales with our Head of Department Michael Roberts B.A. (Hons)

The Saleroom, 47 Station Road, Cockermouth CA13 9PZ

We Collect & Deliver too!



Telephone: 01900 827800 Email: info@mitchellsantiques.co.uk

www.mitchellsantiques.co.uk

Butterworth Cleaning Services Ltd

CARPET - FLOORS - ALGAE CLEANING



CALL MARK:

015242 71348 - 07989 402 333

CARPET - FLOORS - ALGAE CLEANING

REVOLUTIONARY, JET-WASH-FREE,
FAST & EFFECTIVE EXTERIOR CLEANING
SERVICES AND SOLUTIONS

100% BIODEGRADABLE



BEFORE



AFTER

TURN SLIPPY...



BEFORE

...TO GRIPPY!



AFTER

CARPET CLEANING

HEAT CLEANS
DEODORISE
STAIN PROTECTS

WE'LL MOVE YOUR FURNITURE

**DRY IN
30 MINS**



We Transform Exterior Hard Surfaces

- DRIVEWAYS
- NATURAL STONE
- RENDER
- PATIOS
- PAINTED WALLS
- CANOPIES & MUCH MORE!
- TARMAC
- CONCRETE



**FREE SAMPLES
AND ESTIMATES
CALL MARK**

SEE OUR WEBSITE FOR OUR LATEST OFFERS
www.algaecleaning.co.uk • www.carpetandfloorcare.co.uk