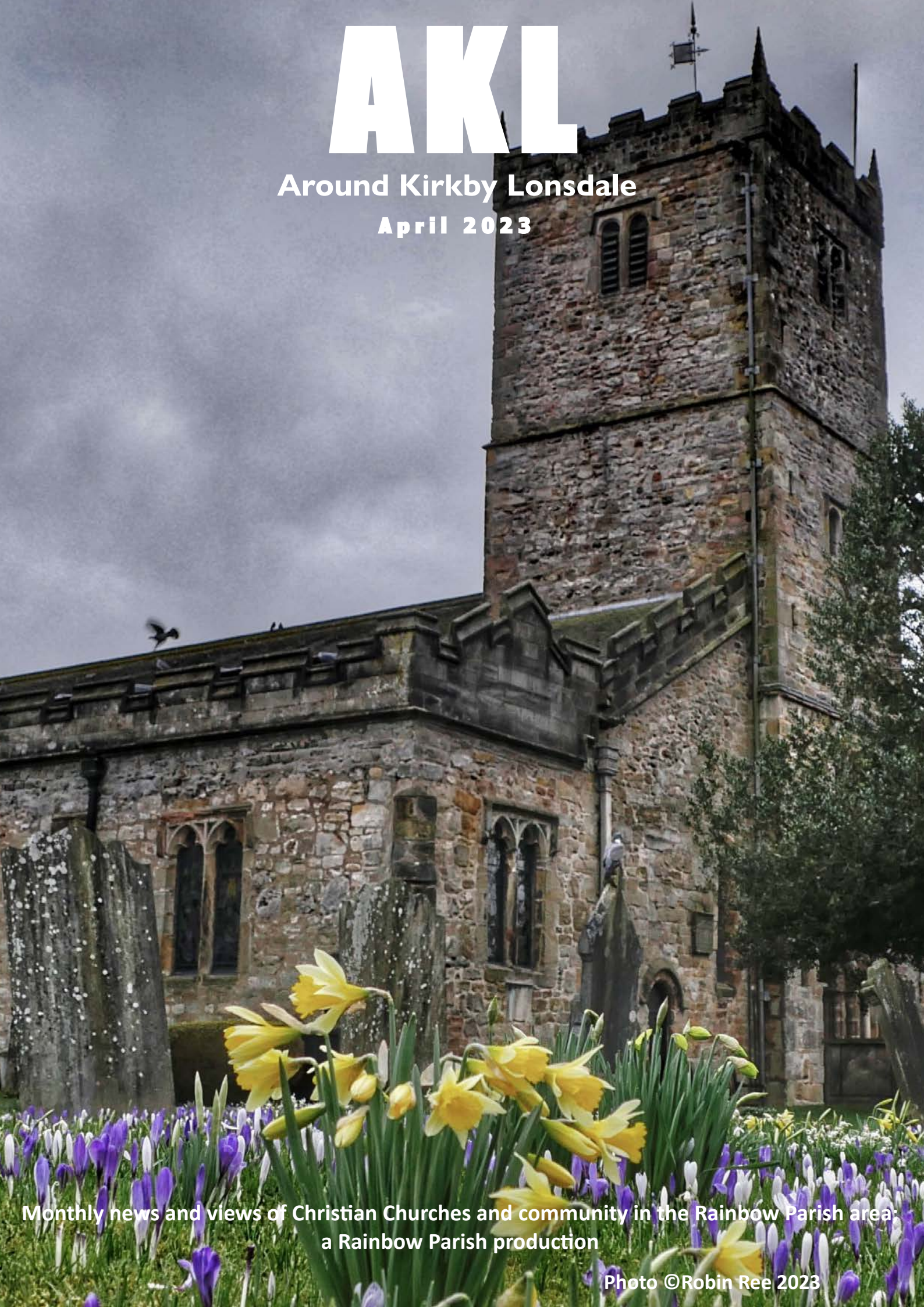


# AKL

**Around Kirkby Lonsdale**

**April 2023**



Monthly news and views of Christian Churches and community in the Rainbow Parish area  
a Rainbow Parish production

Photo ©Robin Ree 2023



A close-up photograph of several bright pink flowers with yellow centers, likely cherry blossoms, set against a blurred background of more pink flowers and green leaves. The image has a soft, dreamy quality with a slight vignette effect.

# Failure, forgiveness, reconciliation and restoration

*Do you ever feel as though you are out of sync with the world around you?*

*Other people seem full of beans, and cheeriness, whilst you feel like staying under the duvet with a large bar of chocolate, and a hot water bottle!*

If we're feeling the pressures of life, or when things don't go according to plan it's easy to imagine that everyone else is doing fine when actually you don't have to scratch far beneath the surface to learn that behind the cheery smile is a huge bag of worries!

I regularly go into primary schools to lead assemblies, and sometimes I have used a book called 'The Huge bag of worries', by Virginia Ironside. The story is about a little girl called Jenny who was worried about lots of things. Eventually she wakes one morning to find a huge bag of worries, which follows her everywhere. The more she worries the larger the worrisome bag gets; 'it was like a horrible shadow she couldn't get rid of'.

Finally, a kindly older neighbour spots the bag and the lady suggests they have a look inside the bag together. Jenny is obviously nervous, but the lady says, 'There's nothing a worry hates more than being seen...the secret is to let them out slowly one by one and show them to someone else, they'll soon go away'. The story goes on to say Jenny was astonished how small the worries looked when they were out in the open: 'half the worries disappeared because lots of worries hate the light of day; some she sent packing because they belonged to other people; and some were worries everybody had'!

It feels like there is currently so much to worry about, as individuals, community, society and globally. There seems to be such a lot to contend with!

During our Lent course this year we have been exploring the issue of failure. Living with the effects of all kinds of

failure causes us anxiety. We discussed the broad effects of sin and failure on ourselves, others, and society. The material highlighted historic failures, and also the unjust societal systems we are all a part of. We have considered the fact that generally society is obsessed with success, and in the world's eyes, those who fail are unworthy of love and acceptance. We have acknowledged that we all fail; that failure is universal. However, we have also been encouraged to see failure as an opportunity for learning and growth. Sometimes failure is necessary to progress, taking risks and allowing for the possibility of failure rather than being fearful, and resisting change. We approached the answer to failure through the biblical principles of forgiveness, reconciliation, and restoration.

Really that is what Easter is all about, The Cross is itself a symbol of failure, abandonment, and shame, but it is where God, in some amazing way, takes the failures and mistakes upon himself – and offers, in exchange, life in all its fullness, a new beginning. We fail, but that doesn't mean we are 'a failure'. No-one is beyond redemption: 'For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life', (John 3:16).

So instead of worry, we are offered hope, as in Jesus own words 'Therefore I tell you, do not worry about your life.....but seek first his kingdom and his righteousness, and all these things will be given to you as well.' I wish you Easter Hope and Joy.

**Rev Wendy**

## THE CHURCH OF ENGLAND

**Rainbow Team:** Rector: Revd Richard Snow, The Rectory, Vicarage Lane, Kirkby Lonsdale, LA6 2BA, 015242 72044, rector@therainbowparish.org. Team Vicar: Revd Wendy Thornton, The Vicarage, Vicarage Lane, Kirkby Lonsdale LA6 2BA, 015242 73570, wendy.thornton@methodist.org.uk. Team Vicar: Revd Anne Pettifor, Stonebeck, Fairbank, Kirkby Lonsdale LA6 2DU 015242 71904, anne@therainbowparish.org. Distinctive Deacon: Revd Sue O'Loughlin, 60 Paddock Drive, Stonecross Meadows, Kendal, LA9 5FH 07900 530849 sueoloughlin.so@gmail.com.

Lay Readers: Mrs Liz Dew, 9 Burton Park, Burton in Kendal, LA6 1JB, 01524 781645, mrs.lizdew42@outlook.com; Mr Alan Cox, Stedman House, 3 Hunter St, Carnforth LA5 9BP, 01524 735188, stedmanhse@gmail.com. Parish Manager: Rachael Pelham, Tel 07951 618514, Rachael@kl.church. Parish Administrator: Mrs Vicky Hazlett, Parish Office, 1 Bective Road, Kirkby Lonsdale, LA6 2BG, 015242 71320, office@therainbowparish.org. PCC Lay Chair: Mr Merlin Hibbs, Low Fell House, Barbon, LA6 2LJ, 015242 76410, merlin@hibbs.org.uk. PCC Treasurer: Mr Robert Cass, 17 Mitchelgate, Kirkby Lonsdale, Carnforth, LA6 2BE, 015242 71218, treasurer@cassworks.net.

**Barbon:** DCC Secretary: Janine Trinder, janinetrinder@outlook.com. DCC Treasurer: Mr Roger Groves, Kemps Hill, Moorthwaite Lane, Barbon, LA6 2LP, 015242 76322, jrogergroves@gmail.com.

**Casterton:** DCC Secretary: Mrs Gill Sykes, Old Manor, High Casterton, LA6 2SD, 015242 72143, gillsykes.casterton@outlook.com. DCC Treasurer: vacancy—contact PCC treasurer, above. Churchwarden: Stephen Evans, The Old Vicarage, Casterton, LA6 2SA, 07973 173546, stephen@evanshart.co.uk.

**Kirkby Lonsdale:** DCC Secretary: Ms Diane Nowell, 57 Fairgarth Drive, Kirkby Lonsdale LA6 2FB, 015242 73636, diane@copywritten.co.uk. DCC Treasurer: vacant. Churchwardens: Mrs Anne Foulerton, Gatelands, High Biggins, LA6 2NP, 015242 71281, afoulerton@hotmail.com; Mrs Maggie Venys, 8 Bective Road, Kirkby Lonsdale, LA6 2BG, 07980 009162, t\_mvenys@icloud.com.

**Lupton:** DCC Secretary: Jayne Wilson, 07437 443164, jayneboulterwilson@yahoo.co.uk. DCC Treasurer: Mr Arthur Oakden, Tarnside House, Lupton, LA6 2PP, 07561 605582 lindseyoakden@hotmail.co.uk. Churchwardens: Mrs Margaret Lambert, Brow Head, Cow Brow, Lupton, LA6 1PJ, 015395 67478; Mrs Grace Lewis, 9 Eaveslea, Kirkby Lonsdale, LA6 2AB, 015242 74306.

**Middleton:** DCC Secretary and Treasurer: Mrs Anne Dehany, Smailthorn, Middleton, LA6 2LY, 015242 76075, anne.dehany@gmail.com.

**Hutton Roof:** DCC Treasurer: Mrs Paula Hall, Kilnerfoot, Hutton Roof LA6 2PQ, 015242 71268, phall355@btinternet.com

**Mansergh:** DCC Secretary: Mrs Sue Harrison, Belle Vue Farmhouse, Mansergh, LA6 2EJ, 015242 72448, harrison.bellevue@btinternet.com. DCC Treasurer: Mrs Ann Humphries, The Gate House, Old Stable Yard, Rigmaden, Mansergh, LA6 2ET, 015242 76526, ahumphries500@gmail.com. Churchwardens: To be appointed.

**Preston Patrick:** DCC Secretary: Mrs Tina Allen, 4 Grayrigge Croft, Kents Bank Road, Grange over Sands LA11 7HD tina.allen812@gmail.com 015395 34684. DCC Treasurer: Mr Andrew Hardwick, 12 Mowbray Drive, Burton in Kendal LA6 1NF ajhardwick@waitrose.com 01524 782913. Churchwardens: Mr Anthony Mason, Mount Pleasant, Gatebeck, LA8 0HS, 03301135289, masonsmp@btinternet.com; Mrs Sue Sanderson, The Old School, Knott Edge, Crooklands, LA7 7NR, 015395 66967, susansanderson@live.co.uk.

**C. OF E. SCHOOLS:** St Mary's Primary, Kendal Rd, Kirkby Lonsdale, LA6 2DN, 015242 71334. St Patrick's, Endmoor, Kendal, LA8 0HH, 015395 67388.

**CHURCHES IN LUNESDALE FAMILY PROJECT:** Project Leader Miss Lol Wood, 07413 689311, lol@clfamilyproject.org.

**THE METHODIST CHURCH:** Rev Wendy Thornton, Kendal Methodist Circuit, 015242 73570 or mobile 07788 653 000, wendy.thornton@methodist.org.uk.

**ST JOSEPH'S RC CHURCH:** Back Lane, Kirkby Lonsdale. Sunday Mass, 9am. During the week, as announced. Parish Priest Very Rev. Fr. Michael Docherty, The Presbytery, St Mary's RC Church, Hornby. Tel. 015242 21246.

**FRIENDS' MEETING HOUSE:** Preston Patrick Sundays 10.30, Warden 015395 61163. Brigflatts Sundays 10.30am, Warden 015396 20005.

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**Key:** **KLLH**, Kirkby Lonsdale Lunesdale Hall; **BVH**, Barbon Village Hall; **CVH**, Casterton Village Hall; **AVH**, Arkholme Village Hall; **KLMH/C**, Kirkby Lonsdale Methodist Hall/Church; **MVH**, Mansergh Village Hall; **WVH**, Whittington Village Hall; **HRVH**, Hutton Roof Village Hall; **PPMH**, Preston Patrick Memorial Hall; **HI**, Hornby Institute

## Diary

### Apr

- Wed 5 Kids cinema, KLLH, 2-4pm
- Thu 6 Passover Feast, St Mary's Church, 6-9pm
- Sat 8 Repair Café, KLLH, 10am-12noon
- Wed 12 Kids cinema, KLLH, 2-4pm
- Thu 13 Easter crafts, St Mary's Church, 11am-4pm
- Sat 15 Daffodil Day, Whelprigg, 2-4pm
- Wed 19 KL Gardening Association talk, KLLH, 7.30pm
- Sat 22 Magic Bus, KLLH, 7.30pm
- May
- Sun 7 Quiz, St Mary's Church
- Sun 14 Open Garden Day, Whelprigg, 11am-3pm
- Thu 18 Jazz Evening, CVH, 7.30pm
- 19 & 20 The WI Blues, Memorial Hall, B-in-K, 7.30pm
- Sat 20 KL Gardening Association Plant Sale, KLLH, 10-12
- Wed 24 KL Singers & Sing Joyfully!, St Mary's, 7.30pm

## Deadline for May AKL: Sat 15 Apr

We have changed our contact details—please note our new email addresses:

Editorial matters: Please email queries, articles, photos and other submissions to the editorial team at **akl@kirkbylonsdale.org**

Advertising: **akladvertising@kirkbylonsdale.org**

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## Easter Holidays

From my childhood I always remember loving my Easter break. Longer than a week but not too long plus the weather was often beginning to get better; less rain and more moments of sun. As a family we were always on the lookout for things to do, try and see. This Easter we are having an Easter Craft Day from 11am-4pm on Thursday 13 April at St. Mary's Church in Kirkby Lonsdale. There will be crafts, refreshments, a chance to get your face painted and an opportunity to try out our updated children's corner which we are refurbishing. All totally free. We want St. Mary's to be a place for our local community to come and explore, at any time, but particularly a place for children to play on the wet days when the park may not quite work for them.

There will also be an opportunity to have a go at our Easter Trails this Easter Holiday. They will be outside in the graveyards of St Mary's Church in Kirkby Lonsdale and St Bartholomew's in Barbon from 5 April. Follow the trail to explore the themes of Hope, Broken, Love, Valued and being/working Together. Designed for all ages we hope this provides some fun during an Easter walk.

I hope that whatever you do this year during Easter, you find it refreshing and re-energising. Do let me know on social media or email ([lol@cilfamilyproject.org](mailto:lol@cilfamilyproject.org)) if you take part in our trails. Happy Easter!

*Lol*

## Kirkby Lonsdale Singers And Sing Joyfully!

Kirkby Lonsdale Singers and Sing Joyfully! are delighted to present their Summer Concert on Wednesday 24 May at 7.30pm in St Mary's Church.

Programme includes beautiful folk song arrangements from across the British Isles, well-loved favourites by British composers and a few treats from across the globe! We will be led by our musical director Anastasia Micklethwaite and accompanied by Ian Honeyman and local band 'Ruskin's View'.

Please come and support your local choirs.

## North West Cancer Research

Barbon and Middleton branch of NWCR welcome you to DAFFODIL DAY At Whelprigg, Barbon, by kind permission of Mr Henry Bowring.

Come and see a huge variety of blooms on Sat 15 April from 2pm to 4pm. Tea/ Coffee cake or a scone £4, children free

Tombola, bric-a-brac, cake, book and more stalls.

# Easter Trail

5th April-30th April at  
St Mary's Churchyard,  
Kirkby Lonsdale  
& St. Bartholomew's  
Churchyard, Barbon

# Easter Crafts

Free craft activities,  
warm drinks and a play  
area at St. Mary's  
Church, Kirkby Lonsdale.

Thursday 13th April  
11am-4pm. All welcome



## Kirkby Lonsdale Town Council

After our April meeting all councillors stand down and nominations are invited from anyone who would like to be a councillor for the next four years. You must live within the town, or within three miles of a boundary of the town. We have nine councillors and if there are more than nine nominations an election will be held on 4 May.

Why be a Town Councillor?...a very good question!

This is why I am a town councillor (and would like to remain one). I joined the Council as I felt I could make a difference and because there were a number of issues I wanted to get involved in. I believe we now have a Council which is proactive rather than reactive, has a well-developed work programme and has a better gender and age balance. We have some very difficult issues to deal with, including: funding and resources; the Brow/Ruskin's View; a new local government structure; and opportunities for further delegation of functions to the Council. There is an overriding need for the Town Council (TC), the Community Interest Company (CIC) and the Chamber of Trade (CoT) to work together to develop a shared strategy for growing the town economically and protecting those elements which we hold dear.

Kirkby has a wealth of talent and people with the right skills to help drive the Town forward, why not become a councillor and help us? Nominations close on 4 April, but there will have been notices around the town well before you read this.

## Ingleborough Archaeology Group

Talks 7.30pm Mondays Ingleton Community Centre

Raffle and Refreshments

April 17: Jean Robinson New research at Raikes Road burial ground, Skipton.

September 18: Fraser Brown (or colleague), Oxford Archaeology North Recent Excavations at Poulton-le-Fylde, Lancashire.

October 16: Dr David Johnson The Rich Historical Source: a drystone wall survey in Asby Parish, Westmorland.

November 20: Prof Emeritus Charlotte Roberts From the Anglo-Saxon Cemetery at Bamburgh Castle to 17th Century Scottish Soldiers: a study of bones.

December 18: Yvonne Luke Further Research at Sleights Pasture – putting the Prehistoric Monument Complex in a wider context.

One councillor of long standing and age (sorry Allan) is Allan Muirhead and he has announced that he will not be standing again. Allan has been a councillor for over 20 years. He was Chairman from 2011 to 2016 and Deputy Chairman from 2019-2023. Alan was instrumental in establishing the Community Interest Company and forging strong relationships with the District and County Councils. However, as an ex-journalist, he is perhaps best known as being 'the voice of the town'. The town owes him a huge debt of gratitude and we all wish him, Liz and the family all the best for the future. However, I fear we may not have heard the last from him on Town Council matters!!

We are close to resolving one important issue for the town. If you search online for Kirkby Lonsdale you come up with three main sites – the CIC, CoT and TC sites. None of the sites are as up to date as they should be and create confusion. All three organisations agree that there should be one web site for the town and discussions are taking place to ensure that there is a new high quality web site which 'sells' the town.

We have had two Town Council meetings since the last AKL...we agreed a new two-year town maintenance contract with Craig Bradshaw, were updated on the Ram sculpture and improvements to the Play Park and agreed £1,000 towards the Coronation celebrations.

**Mike Burchnall, Chair,**

**Kirkby Lonsdale Town Council**

### Walks & Tours Summer 2023

Saturday May 20: Roman Road walk in the vicinity of Burrow Roman fort and Overtown. Led by Clare Leigh and Phil Robinson.

Saturday June 17 11.30am and 12noon: Guided tour of Kirby Lonsdale. The cost is £5 per head.

Wednesday July 6: Summer evening walk in the Neolithic woodlands of Weyesdale. Led by Yvonne Luke.

Wednesday 16 August: Day outing to visit Neolithic and Bronze Age sites in Cumbria: Moor Divock and the Penrith Henges Led by Yvonne Luke. Car sharing from Ingleton, with donations for petrol to drivers.

Saturday 16 September: Tour of Raikes Road Burial Ground, Skipton. Led by Jean Robinson.

For further details, see: [ingleborougharchaeologygroup.org.uk](http://ingleborougharchaeologygroup.org.uk) or email:

[ingleborougharchaeologygroup@gmail.com](mailto:ingleborougharchaeologygroup@gmail.com).





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At the Lunesdale Hall:

Monday

Community Lunches - hot, nutritious meals delivered or eaten together from 12.30 pm. Call the Hub to book on.

Household Budgeting - Join our trained budget coach to put together your own budget at our drop-in (11 - 1 pm)

Knit and Natter - Pop in with your crafts! (1 till 3 pm)

Tuesday

Soups - After Age UK's exercise class. Lunesdale Hall, 12 noon.  
Cinema to return in winter!

Thursday

Food Club - providing bags of surplus food bimonthly.  
Sign up on our website.

Saturday

Community Cafe -  
Lunesdale Hall 10 - 12 noon  
(Not running 15th April)

Mon- Fri

Community Hub -

10 am to 12 noon

Call to ask for prescription  
pick up, shopping, etc

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Community Cupboard -

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## KL Gardening Association

Spring is in the air and our new programme of events and visits is now being distributed to members when subscriptions will be collected.

Our first event is on Wednesday 19 April at 7.30pm in the Lunesdale Hall. A presentation by owner Brian Smith on 'Thomas Mawson and a forgotten garden in Sil-verdale'. Restoration work started more than eight years ago in this severely overgrown and historically significant garden – one of the last designed by Mawson. Brian will describe how the garden is gradually being painstakingly uncovered and restored by him with the help of many volunteers.

Next month our plant sale will be held on Saturday 20 May from 10am-12 noon in the Lunesdale Hall. Our coach trip this year is on Sunday 11 June when we visit Dalemain when they are holding their annual plant fair and Chapelside, a garden in Mungrisdale. Our second garden visit is on Sunday 11 July to two private gardens near Crook and Windermere. The Annual Flower and Vegetable Show will take place in the Lunesdale Hall on Saturday 19 August and show schedules will be sent out at the beginning of July.

Our meetings are open to all and new members are always welcome to join our group: £3 for a single person and £5 for a couple. For further information please contact Membership Secretary, Maureen Dwyer, tel 015242 72594.

If you would like to receive notifications about the Gardening Association by email, please register your interest via [kirkbylonsdalega@gmail.com](mailto:kirkbylonsdalega@gmail.com)

Wishing you all an enjoyable and sunny gardening year!

Margaret Clarke, Events Secretary, 015242 72045

## Repair Café

The Repair Café runs on the Second Saturday of every month (8 April this month), alongside the Community Café from 10 a.m. to 12 noon at the Lunesdale Hall. We have repairers who can: mend clothing, fix electronics, help with computer software issues or changes to the hard disk and repair antiques or small furnishings – come find out what we can't do! We have hot drinks and cakes – and all we ask for in return is a pay-as-you-can donation.

We are also putting a call out for volunteers to help run the repair café, either through offering your own repair skills, or to help with media promotion, photography, admin or providing drinks.

Please email me with any questions or offerings of help at [issybradshaw@outlook.com](mailto:issybradshaw@outlook.com)

## #PeatFreeApril

Leave peat where it belongs!

94% of our UK peatlands are in a decimated state, an environmental catastrophe resulting from more than 70 years of inappropriate farming policy and ongoing commercial extraction for the amateur and professional horticulture sector.

The encouraging news is that peat for the amateur gardening sector will be banned in England from 2024 with several retailers already selling good quality, peat-free composts. Yet, concerningly, there is no date when peat use in the professional sector will be banned. The RHS has pledged that all its gardens, show displays and plant sales will be peat free by 2025 (its bagged compost already is), yet your consumer pressure is needed to encourage other show gardens and garden centres to do the right thing and follow suit.

Top tips for going peat free this April:

Visit: [www.wildlifetrusts.org/actions/how-go-peat-free](http://www.wildlifetrusts.org/actions/how-go-peat-free) for a list of which retailers are – and aren't – peat free!

Check labels on potted plants, pellets, plugs and composts and only buy those that state they are peat free. 'Environmentally friendly' does not mean peat free.

Stand up for peatlands: If they don't stock what you want in a peat-free option – ask for it and explain why.

Experiment with ways of improving your soils naturally and organically. [www.gardenorganic](http://www.gardenorganic.com) and [www.rhs.org.uk](http://www.rhs.org.uk) have guidance for creating healthy soils. They also have information about how to develop your own compost, one of the most environmentally friendly ways to go peat free.

Share the #PeatFreeApril campaign message with friends and family.

Visit [www.friendsofthedales.org.uk](http://www.friendsofthedales.org.uk) for further information about our Peatlands Policy and Peatlands campaign.

## Settle Orchestral Society

Our Summer concerts will take place in Settle and Skipton as follows:

Sat 17 June at 7.30 pm, Settle Parish Church; Sat 24 June at 7.30 pm, Christ Church, Skipton. We will be playing: Beethoven: Fidelio Overture; Dvořák Violin Concerto (soloist Anna Tulchinskaya); Schubert - Unfinished Symphony; Dvořák - Slavonic Dances Op.72 Nos. 1,2,6,7.

Why not come along to one of them, to enjoy an exhilarating evening, support local musicians and help keep live music alive? Full details of future concerts and contacts are on our website [www.settleorchestra.org.uk](http://www.settleorchestra.org.uk). We look forward to seeing you soon!



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**MEET ANNE**

**WHY I LOVE RUSKIN'S VIEW**  
I've lived near Kirkby for twenty years, and mostly known Ruskin's View and The Brow as interesting, historic, and beautiful places to show to visitors.

**WHY I VOLUNTEER**  
It was discovering how much they mean to so many people as a place of exercise, of contemplation, of memories - that inspired me to become an Save Ruskin's View volunteer.

**MEET MARIE**

**WHY I LOVE RUSKIN'S VIEW**  
It is so much more than just a view and we need to protect it so it can be enjoyed by future generations.

**WHY I VOLUNTEER**  
Being part of a community; it's so important to pull together for a campaign that benefits us all.

Visit our website for more details:  
[www.saveruskinsview.co.uk](http://www.saveruskinsview.co.uk)  
or email us: [volunteer@saveruskinsview.co.uk](mailto:volunteer@saveruskinsview.co.uk)

## Save Ruskin's View

Fundraising events & activities to 'Save Ruskin's View' continue both behind the scenes and for the whole community to participate in. Many more activities are planned for the year ahead.

Live Music – Magic Bus, Sat 22 April, 7.15pm Lunesdale Hall.

Quiz – Sun 7 May, St Mary's Church.

Whelprigg Open Garden Day – Sunday 14 May, 11-3pm, Whelprigg Manor, Barbon.

Zoom Sessions (Inc Geology, Photography etc) First session with Carolina Goodship - W/C 15/05.

Church Concert – 22 June, St Mary's Church.

Cross Bay Walk – 15 July, Grange Over Sands.

Summer Ball – 22 July, 7.30pm till late, KL Rugby Club.

Thank you to all who have supported community-led fundraising events so far, including the Wellbeing Yoga, with Zoe Pirie from Pirie's Soul Food, which raised over £300. Sincere thanks also to Kath & Bob Turner who raised £350 through Bob's birthday celebrations and to Sabine who has been busy making dishcloths as a fundraiser too. Many thanks also to our local business who are collecting at their till points – all donations are gratefully received.

We are also thankful for those who have donated anonymously, or directly to our bank account; we can't

always track who these are from, but we are extremely grateful for all donations, and for the support and enthusiasm for the campaign from across our community.

We are currently waiting for more details and clarification on costs for the project. KL Town Council are working closely with St Mary's Church to discuss various options and issues. We are committed to continuing fundraising efforts and remain determined to 'Save Ruskin's View'. So far we have raised approximately £97k in donations, grants and pledges.

Please keep an eye on our social media pages—Instagram - [ruskinsviewkirkbylonsdale](https://www.instagram.com/ruskinsviewkirkbylonsdale); Facebook - Ruskin's View—and continue to share any pictures you have of Ruskin's View over the years – these are wonderful for everyone see. Our website will be ready to be launched in April.

How to Give to the 'Save Ruskin's View' campaign.  
Donations can be made in the following ways:

ONLINE: Via our online Just Giving page. BY CARD: At the Visitor Information Centre. BY CHEQUE: Made payable to 'KLTC Ruskin's View' and posted to: The Friends of Ruskin's View, Visitor Information Centre, The Old Bank, 29 Main Street, Kirkby Lonsdale, LA6 2AH. BY BACS: KLTC Ruskin's View. Sort code: 01.04.81. Account Number: 34680829. Or contact us directly ([admin@saveruskinsview.co.uk](mailto:admin@saveruskinsview.co.uk)) to talk to us about making a larger donation or other ways you can help. With thanks for all your support and generosity

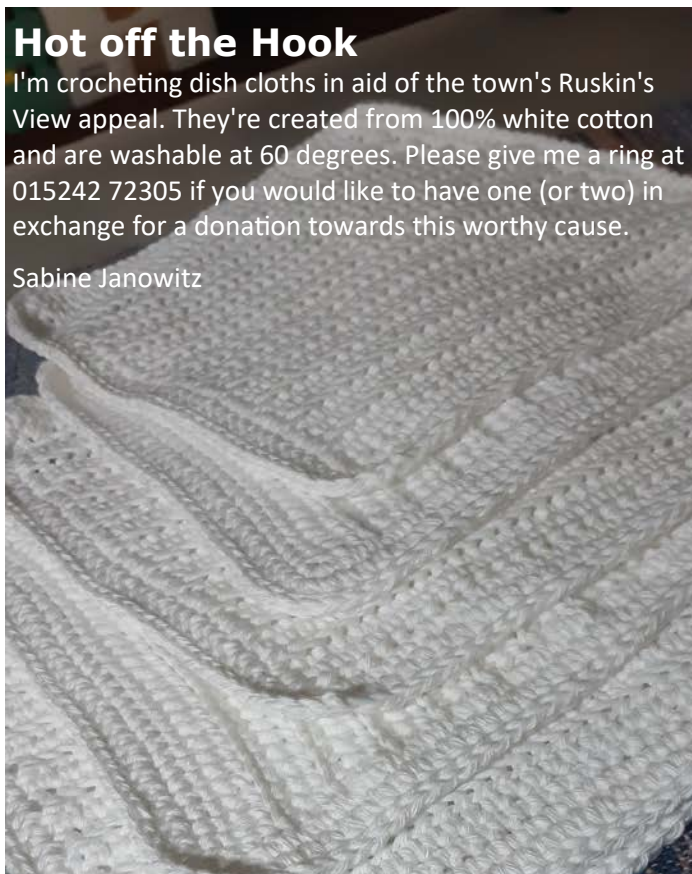
***The Friends of Ruskin's View***



## Hot off the Hook

I'm crocheting dish cloths in aid of the town's Ruskin's View appeal. They're created from 100% white cotton and are washable at 60 degrees. Please give me a ring at 015242 72305 if you would like to have one (or two) in exchange for a donation towards this worthy cause.

Sabine Janowitz



## The Rotary Club of Lunesdale

It is good to have started holding meetings regularly again at The Highwayman in Burrow (as we did before the Covid pandemic) where Club members can enjoy a drink, a meal and catch-up with fellow Rotarians.

I can report once again that we have enjoyed some really good talks in the past month. Ron Nelson gave an excellent talk about the Barrow-in-Furness shipyard. Some of the most notable vessels built there include the Royal Navy flagship HMS Albion and the former flagships HMS Bulwark and HMS Invincible sometimes referred to as the Pride of Barrow.

On 23 February Mike Willets, of the Rotary Club of Carnforth, gave a talk about the school which he founded in Kitale, Uganda in 2005. Great things have been achieved with this project of his since then with some of the students aiming for, and achieving, university entrance. Duncan Hamlett and myself visited the school in 2014 and were most impressed with the opportunities and achievements we saw.

On 2 March Dr Simon Kaye and his wife Pauline gave a joint presentation about the charity they support 'Children of Hope'. Money raised for this charity is used to establish an education fund for young Ugandans to obtain qualifications in healthcare which ultimately will benefit their own communities. On 9 March our meeting was cancelled because of freezing weather and dangerous road conditions. That was a first! Thankfully Spring is here.

Keep well, keep safe.

**Lilian**

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Do not cut the grass between May and August (inclusive) to allow plants to flower and set seed.

If cutting can't be avoided, consider mowing paths or narrow edge strips but leave some areas uncut as a wildlife refuge. This can also help to address concerns about untidiness and safety.

Remove invasive weeds (nettles, thistles, docks) by chopping down/uprooting, not spraying.

Do a second cut in September – clearing all cuttings.

In other words, Cut Less, Cut Later, Takeaway!

Visit [Friends of the Dales website](#) to access: Village Guide; Monthly Planner; Link to a campaign video and a 'No Mow' sign you can print off to let your neighbours know that you are managing verges for nature.

Do let us know if we inspire a change of approach – and please send any photos of any botanically rich verges and grassland you encourage!

For all questions, comments and feedback email: [victoria.benn@friendsofthedales.org.uk](mailto:victoria.benn@friendsofthedales.org.uk)



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## What a Champ!

Kirkby Lonsdale WI invite you to our next meeting on Weds 5th April at 7.30pm in the Lunesdale Hall, when our guest speaker is Irini Tzortzoglou, winner of MasterChef 2019. Since winning MasterChef, Irini is now an olive oil sommelier and is often invited to cook for private functions in hotels and restaurants and private dining. New this year are her culinary retreats in her home island of Crete. Her cookbook 'Under the Olive Tree' will be on sale at the meeting.

The competition for this meeting is a hand-drawn label for a bottle of extra virgin olive oil. Please note that competitions are for members only and are limited to one entry per person. Please come along and join in what promises to be an excellent evening. Our meetings are open to all with entry for non-members at £5. You may also wish to bring some change for the raffle.

At last month's meeting, which followed our AGM, Mary Smith, CEO of Growing Well, the mental health charity and organic farm based at Low Sizergh Farm, nr Kendal and now gave at Tebay, explained how the charity aids mental health recovery through activity on their organic farm with trained staff on hand. 80% of volunteers attending are NHS referrals with average age being 40 – 50 years old.

Subscriptions: please don't forget to renew your WI subscription. 2023 membership fees of £46 (dual £22.60) are due 1 April. Renewal payments by cash or cheque will be taken in person at April meeting. Payments can also be made before this date by either hand delivering to Sienna Jewellery in KL or posting to KLWI, 54 Fairgarth Drive, Kirkby Lonsdale LA6 2FB. Please make cheques payable to: Kirkby Lonsdale WI. It is also possible to pay online: Bank: Nat West Account Name: Kirkby Lonsdale WI Account Number: 34663975 Sort Code: 01 04 81. NB: Please remember to add your name as a reference.

The overall winners for competitions held over the past year are: Shirley Boyd, Julie Callaghan and Penny Norris. Thank you to all those who have participated in these competitions, your entries have not only demonstrated your wonderful creativity.

Please follow us on social media and don't hesitate to get in touch if you would like further information about our meetings or want to join; it's always a pleasure to hear from you.

Rosalind and all on the Committee.

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## Casterton Swimming Club for over 50s

You are invited to join the weekly swimming sessions held in Sedbergh/Casterton School swimming pool each Tuesday from 10 -11am in term time. The first session of the summer term starts on Tuesday 25 April and ends on Tuesday 27 June.

Cost is £5.00 per session, and we have an approved life-guard in attendance.

If you are interested in joining, or wish to have more information please contact Enid Hastings, mob 07789 568252, email: [enid.hastings@gmail.com](mailto:enid.hastings@gmail.com).

## Casterton WI

For the March meeting, Fiona Dodd, a local caterer, came to demonstrate 'Easy Entertaining' ideas for our group. During the highly entertaining talk, she managed to prepare spicy potato canapés, a delicious smoked fish starter, a tasty chicken ballotine and finally created a yummy fruit brûlée for us all to taste. This was accompanied by her secret recipe for cinnamon snaps which she handed around the audience and which everyone loved.

Throughout the excellent talk, she gave us many tips about buying helpful ingredients and useful equipment, preparing and freezing food and using culinary short cuts whilst regaling us with some of her more interesting experiences in mass catering.

Amazingly, she managed to simultaneously make a caramel, frost blueberries and continue her presentation without any mistakes. The evening was an absolute treat and we would all thoroughly recommend her food, having polished it off at the end of the demonstration! A total of 22 ladies attended the meeting, including several visitors and we finished the event with tea and biscuits.

Fiona's company is [Three County Catering](http://ThreeCountyCatering.com). Our next meeting will be on Wednesday 5 April, in Casterton Village Hall at 7.30pm, when Kim Bradshaw from the Zero Pantry will be talking to us on the theme of 'Zero waste - What, Why and How?'

All are welcome; please contact Gill Sykes on 015242 72143 for more details.

## Cooking at Casterton

Fiona Dodd from Three County Catering is recommending her popular cookery classes. Available for one-to-one or groups of six. Full or half-day classes include morning coffee and homemade treats followed by lunch. Afternoon tea is included on the full day.

Contact Fiona for availability and upcoming dates – [fiona@threecountycatering.co.uk](mailto:fiona@threecountycatering.co.uk)



## Magic Bus comes to Kirkby Lonsdale

Enjoy an evening of live music and Help Save Ruskin's View

Magic Bus: The Defenders of 60s Music will be stopping in KL on Saturday 22 April to deliver an evening of live 1960s music in Lunesdale Hall. Magic Bus is a six-piece band who specialise in delivering 60s Classics in a fun 'groovy' way!

The evening will kick-off at 7.30pm. Tickets are on sale at the Tourist Information Shop on Main Street, priced at £12. Alternatively, tickets can be reserved by contacting Dave on 015242 71942. Cabaret style seating, a licensed bar and raffle.

Magic Bus.....next stop the 60s Enjoy an evening of LIVE MUSIC and help Save Ruskin's View.

## LVCS Hornby Swimming Pool

Coffee Morning

The re-opening of the pool is great local community success story and we are holding a Coffee Morning on Saturday 22 April at 10.30am in the Hornby Institute. Enjoy cake and coffee, tea and have a chat with the team and join in the inevitable raffle! The Coffee morning will be followed by an AGM at 12.00 which you may also wish to attend – it's optional. There will be an open forum but any specific questions for the Trustees should be submitted prior to the meeting.

We are constantly reviewing the pool timetable to suit demand and would welcome any ideas and suggestions for the future.

Further details are all on our website. For all Hornby Pool general enquiries please contact Georgia or Scott on 01524805666. Email [poolmanager@lunevalleypool.com](mailto:poolmanager@lunevalleypool.com). Tel (01524) 805666.

## Lunesdale Probus Club Hornby

April meetings

Our first guest speaker on 3 April will be Georgina Somerville of Green Rose/LEAP (Local Energy Advice Programme) speaking on taking control of domestic energy and she will also give personal advice and techniques.

The speaker for 17 April is Enrique Llinares on the origins of Morris dancing in England. Enrique is well known as an expert and practitioner of Morris Dances.

Guests, friends and visitors are always welcome to join us at the Hornby Village Institute at 10.30am for coffee and chat before each meeting. For further details or any information on this or other Lunesdale Probus Club matters please contact Roger Carter, Hon. Secretary, Lunesdale Probus Club. Tel 015242 22283.

## The W.I. Blues comes home

In 2005, the Burton Amateur Dramatic Company asked Kirkby Lonsdale resident John Peel to write them a play with an all-female cast. They were short of male actors at the time. He wrote the 'W.I. Blues', a comedy drama about a group of villagers who hold a meeting worried that newcomers will take over their branch. The result is not what they had predicted.

The play was produced in the summer of that year and has become a best seller with a publisher. It has been widely performed, including at a London theatre, in Australia and the USA.

The Burton Amateur Dramatic Society have decided to welcome the play home again on Friday 19 and Saturday 20 May in the Memorial Hall, Burton in Kendal at 7-30 pm. It is being directed by one of the original cast, Fliss Holloway. Tickets and details are available by contacting [fholloway001@gmail.com](mailto:fholloway001@gmail.com) or phone at 07588 154773.



The club that helped develop the talent of Fiona Crackles—2022 Commonwealth Gold & 2021 Olympic Bronze medal winner—are seeking sponsorship.

Started in 2004, KLHC is a growing club of almost 150 members with thriving junior, women's and men's sections, developing grass roots hockey within the national system.

Player membership fees cover most, but not all, club running costs and we need financial support with: pitch fees for matches and training; kit for all teams; kit/equipment maintenance and upgrades; coaching and umpire fees; travel costs; insurance; hospitality.

What exposure can a sponsor get? 3 teams play every week during the season, across Cumbria and Lancashire; over 60 separate matches are played each season, across the teams; parents, partners, family and friends come to watch all those matches; up to 15 people will represent each team and, including the opposition, that's 30 pairs of eyes per match, per team, seeing sponsor's brands

We have 3,500 followers across our social media platforms, receiving regular posts during the season

We're open to discussion on whatever amounts you might be comfortable with but sponsorship packages start from just £100 – please contact Matt Kerslake, KLHC Fundraising [kwakimatt@btinternet.com](mailto:kwakimatt@btinternet.com) / 07879 589623 for more details.

As we approach our 20th anniversary, the potential increased exposure and publicity means that this is an excellent time to consider sponsoring us!



## Update on St Mary's Church

St Mary's Church is currently looking for a suitable contractor to repair the Clock Room and the Belfry floors in the tower. A test bell ring is planned to look at the condition of the bell frame to allow future options to be considered. Whilst the bell ropes are fitted it is hoped to be able to ring in support of the King's Coronation. The state of the tower is such that it is not possible to ring on a more regular basis.

It is hoped that work will continue on opening up the temporary access path through the Rectory Garden that will give access from St Mary's Churchyard to the Glebe Field and the New Churchyard. The new path will also be available for funeral parties and for Churchyard maintenance.

## Passover Feast

Thursday 6 April from 6.00-9.00pm (ish!) in St Mary's Church, Kirkby Lonsdale.

Please join us to celebrate a Messianic Passover feast this Easter in St Mary's. It explains much of the symbolism of the last supper and will help to focus us on our journey to the joy of resurrection on Easter Sunday.

The event takes the form of a 'Haggadah' – telling the story of the Passover, with a feast in the middle. Jewish Passover is a family affair – children and young people are an integral part and are most welcome.

In order to plan the feast we need to know who is coming in advance so please can you let Simon Kaye know on [drsakaye@gmail.com](mailto:drsakaye@gmail.com) if possible by Friday 31 March. We will ask people to share in the catering or, if this is not possible, to contribute £10 per person towards the cost (children eat free). Any excess will be donated to St Mary's church funds.

At Passover we do not eat anything with yeast so please no bread, cakes with flour etc and also no ham / pork. We will coordinate food offered as you let us know who is coming, so that we don't just have one large bowl of hummus and salad!

We look forward to sharing this night with you.

*Simon and Pauline Kaye*

## AKL needs you!

Couples / or friends with transport to deliver AKL bags and boxes to various homes around Kirkby Lonsdale. To be collected from Lower Abbotsgate. The bags and boxes are labelled and a delivery list with addresses and a possible route is given. The deliveries occur ten times over the year and with sufficient helpers it is usually only twice per couple. We do need some volunteers to assist with this. The round takes between 1 – 1 1/2 hours.

Please contact: Marjorie York on 07811 280348.

## Active Cumbria fitness sessions

The area has received Cumbria County Council funding to deliver one-to-one fitness sessions to a number of adults in our area, free of charge. These will be pitched at individuals own pace from gentle to higher intensity and will run over 5 weeks with sessions taking place outdoors on a Monday afternoon or a Tuesday morning.

There are two spaces remaining for any individual who is struggling with inactivity, mild to moderate physical or mental health issues, social isolation or have a low income which stops them from accessing paid fitness classes or memberships.

If you think you are eligible, are available on a Monday afternoon or Tuesday morning and could benefit from these free sessions please email

Jess [jess@motiondanceandfitness.org](mailto:jess@motiondanceandfitness.org) to discuss further.

## Cleaner Required

St Mary's Church is looking to appoint a cleaner. The job is varied and interesting, and is an integral part of presenting the church at its best both for specific events and regular activities. This position is for 6 hours per week, with times flexible and pay negotiable. If you are interested and require further information, please contact either Rev. Richard Snow (015242 72044) or Anne Foulerton (07789601838).

## Jazz at Casterton Village Hall

Thursday 18 May at 7:30pm.

Rose Room will be performing their mix of 1930s standards, original music and Gypsy Jazz favourites with their signature flair. 'Best Band' winners twice at the Scottish Jazz Awards, Glasgow-based Rose Room have become one of Scotland's leading ensembles influenced by the Gypsy Jazz genre.

Sharing a love of swing music and the style of the great Django Reinhardt and Stephane Grappelli, their vigorous and vivacious performances go down a storm with any audience as they serve up their 1930s 'Hot Club' standards, Gypsy Jazz favourites and self-penned originals with virtuosity, verve and panache recreating the excitement of Rive Gauche Paris.

Tickets cost £12 per person and can be bought online from <https://highlightsnorth.co.uk/event/rose-room/> (plus a small booking fee) or by calling Matt on 07531 143762. There will be a cash bar and raffle.

## AKL Classified Advertising Rates

The rates for classified adverts will be increasing slightly from 1 June 2023. The new rates are as follows: single space £48; double £96; triple £144; quad £192.

These rates will be applied to new advertisers and renewals alike from June. Onwards.



## The Church in and around Kirkby Lonsdale

*Eleven churches comprising Anglican, Methodist and Catholic congregations, committed to growing as disciples and serving our communities together.*

Unless there are changes to the plan for easing restrictions these are the services during April. Cowan Bridge Methodist Chapel congregation is currently meeting with St Bartholomew's Barbon. Please continue to follow all the social distancing and hygiene guidance.

### April

#### 2 Sun PALM SUNDAY

Kirkby Lonsdale	11.00am Holy Communion
Preston Patrick	9.30am Morning Service
Lupton	9.30am Morning Service
Barbon	10.30am Morning Service
KL Methodist Church	10.30am Morning Service
	Sunday@7
St Joseph's	9.00am Mass

**HOLY WEEK** reflections with Bishop Robert:

Mon to Wed, 7pm to 8pm in St Mary's Church.

#### 6 MAUNDY THURSDAY

Kirkby Lonsdale	10.30am Holy Communion
	Passover Meal in St Mary's Church
St Joseph's	6.30pm Mass

#### 7 GOOD FRIDAY

Kirkby Lonsdale 11am Good Friday Service  
(Gather in Queen's Square at 10.50am for an informal 'procession' to the Market Square (arriving 11am). 1pm-3pm  
Good Friday Reflection in St Mary's

#### 8 EASTER EVE

Kirkby Lonsdale	9pm Vigil Service
Preston Patrick	7pm Vigil Service

#### 9 EASTER DAY

Kirkby Lonsdale	6.30am Sunrise Service
(Gather by the Gazebo/top of the Radical Steps)	
	11.00am Easter Service
Preston Patrick	9.30am Easter Service
Lupton	9.30am Easter Service
Barbon	10.30am Easter Service
Casterton	10.30am Easter Service
Hutton Roof	11.00am Easter Service
Mansergh	11.00am Easter Service
St Joseph's	9.00am Mass

13 Thu Kirkby Lonsdale	10.30am Holy Communion
St Joseph's	6.30pm Mass

#### 16 Sun EASTER 2

Kirkby Lonsdale	11.00am Morning Service
	6.30pm Evensong
Preston Patrick	9.30am Holy Communion
Lupton	9.30am Morning Service
Barbon	10.30am Morning Service KL
Methodist Church	10.30am Morning Service
St Joseph's	9.00am Mass

20 Thu Kirkby Lonsdale	10.30am Holy Communion
St Joseph's	6.30pm Mass

#### 23 Sun EASTER 3

Kirkby Lonsdale	11.00am Morning Service
Preston Patrick	9.30am Morning Service
Barbon	10.30am Morning Service
Hutton Roof	11.00am Holy Communion
KL Methodist Church	10.30am Morning Service
St Joseph's	9.00am Mass

27 Thu Kirkby Lonsdale	10.30am Holy Communion
St Joseph's	6.30pm Mass

#### 30 Sun EASTER 4

Kirkby Lonsdale	11.00am Café Church
Preston Patrick	9.30am Morning Service
Barbon	10.30am Holy Communion
KL Methodist Church	10.30am Morning Service
St Joseph's	9.00am Mass

(The type of service may have to change after AKL goes to print -

Please check church notice boards and website for up to date information)



Please contact Rev Wendy for information 015242 73570/07788 653000 wendy@kl.church.

### Holy Week

This Year we are delighted to welcome Bishop Rob (Bishop of Penrith) who will lead our Holy Week reflections, from Monday 3 April to Wednesday 5 April in St Mary's 7.00 - 8.00pm

Maundy Thursday 6 April, Passover Meal in St Mary's

Good Friday 7 April Open Air Service 11.00 am in the Market Square with Bishop Rob. Walk of witness sets off from Queens Square 10.50 am

**Easter Sunday United Service** St Mary's 11.00 am with Bishop Rob, preceded by the presentation of the Cross of Flowers at the Methodist Church 10.30 am.



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— Abigail, Care Professional Home Instead South Lakes



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**- Mandy B (Daughter of client)**

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**9.9**

Home Instead South Lakes has a Review Score of 9.9 out of 10 based on client reviews.

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